



**ADHAR
NEWS**
आधार वृत्त

**ADHAR'S
SECOND
SYMPOSIUM**



ADHAR is breaking boundaries

ADHAR is going places

ADHAR is spreading awareness



‘Wall Painting’ interesting activity for our special ones

Mr. Shailesh Salvi Professional Artist & Director of ‘Studio Aavishkar’ is training our special residents to do wall painting activity at our vocational training center building. This is extremely interesting activity & very satisfying to see that our jignesh, Vivek, Tushar, Mansi, Abhay, Arpitu, Kshama, Sheetal taking active part with lot of enthusiasm in the activity. We are extremely thankful to Mr. Shailesh Salvi & his team. The same activity will be repeated at our Nashik unit.



Fun & Fitness Workshop

A new activity begins at Badlapur. We have decided to conduct fitness training sessions for our special ones every fortnightly. Mr. Sachin Kanvinde, Professional Trainer, Fitness coach & his team have started this activity from September 2019. Around 40 residents attend the workshop which includes basic activities like jumping Dancing etc.

All participants are enjoying this activity of ‘Fun & Fitness’ which ultimately helps to keep them fit & healthy.

CHAIRMAN'S DESK



Dear Readers,

Greetings!

The past 26 years have been eventful years for Adhar with various new events and activities incorporated for the betterment of the Adhar residents and to reach out to more people.

We have introduced **new and innovative activities** for the residents of Adhar to keep the place young, energetic and vibrant. To make the life of residents happy & meaningful has always been the priority for Adhar. Every year we try to add new different activities in the routine of our residents at Adhar. The activities like Yoga, Morning & Evening walks, Dance, Music, Weekly Picnics to near by places, Interactive Sessions in the Evening, Fortnightly Evening Chat, etc. have been added over the period. This year we added **fun & fitness sessions and wall painting** at Vocational Training Centre.

The success of Adhar is based on continuous development, improving care services with innovative ideas, increasing capacity by upgrading

infrastructure. The Three Dormitories constructed in the year 1994, were reviewed. Structural Engineer assessed the present condition and a detailed plan for the reconstruction of toilet block was suggested. **The drainage system & toilet blocks of all the three dormitories were reconstructed** which will increase the life of the building by at least 10-15 years. The compound wall had collapsed in many places it was repaired & the height of the wall was also increased for safety & security.

We have been following traditional methods of creating awareness & fundraising activities. Since last year, we have adopted ourselves to the **new avenues like Digital Media - Facebook, Twitter, CrowdFunding, Participation in the events like TATA MUMBAI MARATHON, organising Symposium** on related subjects this approach has resulted in improving our presence at various levels in society. We are committed to continuing our efforts to make such events more effective in the future for the benefit of the institution.

We have continuously increased the number of special ones under our care at Badlapur & Nashik. Our goal has always been to reach out to more number of parents & their intellectually disabled children. Today we have 335 residents at our facilities in Badlapur & Nashik. Since last year Adhar has decided to support two Institutions who are working for the betterment of underprivileged children in remote areas. By extending our support to these two institutions we are indirectly reaching out to an additional 50 intellectually disabled from poor families of remote places. Thus in all, **we are supporting 385 intellectually disabled & their 750+ Parents.**

We welcome your active interest and involvement in the progress and

activities of the Adhar residents. As we are growing and reaching out to more people in need, we would like you to join hands with us in this endeavor and help us continue the movement called ADHAR. To support us develop, please **share your experience at ADHAR on our Facebook page in the review section**, this will help us gain more visibility. You can also help us continue the Lifelong Care of Specially Aabled Adults by **creating a pledge page during the next TMM to support ADHAR.**

I express my gratitude to each & every one of them who have supported us throughout these years. We look forward to your continuous support.

- Vishwas Gore
Chairman

Patron of Adhar II [Nashik]

SHRI SUJOY GUPTA



Mr. Sujoy Gupta has been associated with ADHAR II (Nashik) since its inception. He has made major contribution to building funds to start the activities. He introduced the project to his associates, friends & relatives and appealed them to make contribution towards making of Adhar II (Nashik). He introduced ADHAR to Mr. Harish Uttamchandani who has taken responsibility of sponsoring construction cost of 2 more dormitories at the project. Mr. Sujoy Gupta has taken life time responsibility of sponsoring monthly expenses on food requirement of our differently abled children at ADHAR II (Nashik). He has become 'Real Adhar' of ADHAR II (Nashik).

We Trustees, Parents & Whole of ADHAR Parivaar are extremely thankful & grateful to Mr. Sujoy Gupta & Mr. Harish Uttamchandani for their commitment and support to our mission of making difference in the lives of mentally challenged adults & their parents.

- Vishwas Gore, Chairman

EDITORIAL



Dear Readers,

Welcome to the year 2020. A new year and a start of a new decade. As we step into this decade of opportunity, Adhar is filled with new energy, new hopes and new aspirations.

Our work of taking lifelong care of the specially abled is not just being appreciated but also serving as an inspiration to others to walk on the same path. Adhar is ready for taking up the additional responsibility of guiding these new initiatives as well as ensuring that all possible help be extended to these new organisations.

It also ties in neatly with our aspiration to be an organisation which not just aspires to excel at our core functionalities but to also be a thought leader and a role model for others who are looking to start their own initiatives.

As we look ahead to the coming decade, the opportunities seem endless. It also behoves us to spend some time and look at the remarkable journey of the past decade. The past decade has been one of change, transformation, and rejuvenation. All of Adhar's infrastructure has been revamped, and revitalised. The staff benefits have been more structured. Newer activities, newer management structures, new methodologies and

facilities have been added.

. We have to be mindful of the many new challenges that seem to crop up in our care taking activities. Age is one such challenge. Our kids are now no longer small, infact they are now almost senior citizens. The average age of Adhar residents is now about 55 years. Also, increasing staff and parents age are bigger challenges. It means a continuous influx of newer staff, which needs to be trained in the Adhar way of life and also ensure that their objectives align with the Adhar way of simple living and high thinking.

The increasing age of the parents poses a fresh challenge which needs to be met head on. Increasing age also sadly means reduced incomes and higher medical cost. Keeping this challenge of the parents in mind, Adhar is moving ahead with creating a home for the aged for the parents of the specially abled children. I can claim quite honestly that this must be the first instance where an association of parents of specially abled children has covered the entire gamut of care from taking care of the specially abled children going all the way to taking care of the parents of the specially abled as well. Truly a remarkable achievement.

As we look to find solutions to the twin problems of reducing incomes and increasing expenditures, it is imperative that we look at newer ways of generating donations. The last couple of years we have started newer initiatives like the Tata Marathon and the corporate symposium as ways to reach out to the corporates and increase our donor pool. We will have to keep up the drive for these events and also create newer ones for increasing our pool of supporters. We also need to evolve newer strategies and methodologies to provide more support to many more outside Adhar who need our assistance in taking care of the specially abled. It is difficult after a time to keep putting up our own infrastructure and have our own staff to support more number of parents and students. The way

ahead could be to offer our fund raising and managerial experience to help others set up their own small institutions wherein Adhar can be a source of support and learning from them We have already started doing this with 2 institutions: Dnyanprabodhan, Matimand Niwasi Vidyalay, Korti, Solapur & Sahawas Bahuddeshiya Sanstha, Jalgaon.

This model should logically be extended into research and other educational fields as well. The key to solving the problems faced by the specially abled lie in understanding them, their life challenges, their mindsets and their aspirations. Adhar is ideally placed to leverage on these facets and has a treasure trove of experiences with the specially abled. It is time that we devote our energies to tap into these resources and also make an impact on the newer medical and care taking advances for the specially abled. In addition to this, Adhar has almost unmatched skills in the methodologies of providing the best care taking practices for the specially abled. These need to be studied, codified, improved and shared with our newer employees and to those outside Adhar who want to join this field. It is time for us to start thinking of a training centre for providing this skill set.

We have focussed on honesty, transparency and constant efforts to improve the care of the specially abled. We will continue to have this as our core focus and philosophy. We wouldn't have reached here without the support of our parents, our staff and our well wishers and donors.

As we enter the new decade we are filled with optimism for the future. "Apna Time aayega; Adhar zaroor agay badega". Wish you and your families and to the loving Adhar family,

A happy and glorious Decade ahead.

Warm Regards,

- Arun Wadhwa
Editor



Mr. Ajay Mehta

ADHAR @ Tata Mumbai Marathon in 2019 & 2020



The TATA MUMBAI MARATHON (TMM) is an excellent platform for raising awareness about NGOs & our ADHAR has successfully participated in TMM 2019 last January & TMM 2020 that ended recently. Our ADHAR benefited immensely by participating in Tata Mumbai Marathon – which is among the Top 10 Running Events in the world. For ADHAR to further benefit, we need the parents of ADHAR to support us by participating in the marathon and also by creating a Pledge page and generating donation through the page.

Our special ones thoroughly enjoy participating in Mumbai Marathon, so much so that they don't mind getting up early & starting from Adhar Badlapur at 5 am! Our endeavour is to get all the parents to participate in TMM and generate good amount of funds through the pledge pages.

Parents and well wishers should also try and get the support of corporates for Adhar@TMM2021 and ensure that we maximise the revenue generation potential of the event.

We appeal to all Parents & Supporters of our ADHAR to help ADHAR by creating your own Fundraising Pledge Page during Tata Mumbai Marathon every year.

The process is quite simple, we will help you create your Pledge Page. You need not be a Runner, you can support Adhar from outside by spreading your Pledge Page amongst your Social & Family Circles. It's online & has a very simple process of payment of donations. In both the years, TMM2019 & in TMM2020, we

were enthused with the support and donations that were raised by the pledge pages.. The Donor will be given a donation receipt from Adhar and will be able to avail of all the IT benefits. **One of our parents has succeeded in collecting a handsome amount.**

One of the regular participants of the Full Marathon (42 KM), Mr. Chitu Shetty, decided to support Adhar in this years event. He contacted us around the 11th of December 2019, and we helped him create his Pledge Page and look at the amazing response that he got for his page.



Hi, This was my 13th Full Marathon and very special one. I completed the Marathon in 4 hours and 27 minutes. In this Marathon, I raised funds for Mentally challenged persons under ADHAR NGO. I raised total Rs 1,54,491. This was possible only due to your contributions, love and support. Once again Thanks.

Best Rgds, – Chitu Shetty.

Looking forward for more enthusiastic participation by the parents and supporters of Adhar in future marathons.

GOD bless our ADHAR always.

Best regards

– Ajay H. Mehta, Trustee.



NOTE: ADHAR's Chairman Shri Vishwas Gore's Special BIB # 17 01 94

The day on which the first special one was admitted at Adhar, Badlapur



Adhar Second Symposium 2019

The silver jubilee symposium held last year was an effort to enhance and deepen the relationship that Adhar has with its corporate donors not just for financial support but also to engage with them to learn and share ideas. The response to the first symposium was very encouraging. To continue our engagement, this year the symposium was organised on 13th December 2019 at Boundary Hall, MCA, Bandra Kurla complex, Mumbai.

The Subject of this year's Symposium was 'The Role of Governance in Enhancing the Social Impact of Not-for-Profit Organisations'. The topic was selected keeping in mind the current challenges being faced by corporates and NGO's in the field of governance and transparency. The best of ideas and missions often get waylaid during execution by non-transparency and un-ethical practices. Few of these are inbuilt in the DNA of institutions while others gradually creep in causing grave harm to the core focus of the organisation.

It has hence become vital that organisations in general and NGO's in particular have a clear decision- making procedure, and fixed accountability and responsibilities of the management teams along with very high standards of honesty and transparency.

The symposium was anchored by Mr. Milind Sarwate, Founder, Increate Social Value Advisors & Resourcers (ISVAR) and also a long time Adhar supporter. He explained the context of the symposium, the challenges faced by NGO's and the opportunities that get created because of the same.

The Second Adhar Symposium had an interesting mix of speakers who gave different perspectives to the discussion.

Dr. Kiran Kabtta Somvanshi - Business Journalist at Economics times, company Secretary, Management Accountant, who has been working for a long time with the corporate sector in the fields of social work and CSR. She enlightened the gathering about the various standards that donors and companies use to evaluate the many NGO's, that approach them for financial support, before deciding to fund them. She also spoke of challenges in deciphering the various accounting methodologies followed by the various organisations and the random and lumpy spends that happen during the year. She stressed for the need of certification of NGO's based on their transparency and accounting standards followed. She opined that it may be helpful if the NGO's follow a common methodology of reporting their accounts and make sure that all mandatory regulatory filings are complied with.





Ms. Parul Kumtha - an award winning Architect & one of the founding trustees of the support group " Forum for Autism " & mother of Kabir an Autistic young man, spoke about her experiences while helping Kabir start his own entrepreneurial venture " Kabir's Kreations ". She also shared the challenges and gratification that she experiences while running her NGO. Her message to the public was to support with love and understanding and empathy towards the specially abled children. It is important for an atmosphere of trust between the NGO and its supporters to be able to run the NGO. The trust between the two helps in future planning and capital expenditure can be accordingly undertaken.

Adhar Chairman, Mr. Vishwas Gore, who was also on the panel shared with the learned audience the management practices of Adhar. He also highlighted the focus and importance that Adhar puts on honesty and transparency in all its dealings with external people (donors and contractors). In fact, all the parents of the specially abled children oat Adhar have unrestricted

access to check and supervise all the functioning's at the campuses. High priority and single minded focus on providing the highest standards of care for our residents is what drives the board of trustees, the parents and the staff at Adhar.

The discussion was quite interesting and interactive with the audience asking very pertinent and relevant questions as the future roadmap for NGO's, the prospect of rating institutions grading the NGO's, how do you measure the quality of care, etc and many such thought provoking questions. The discussions also touched upon the important facet of how do the corporates support NGO's, particularly their standards of selection, and the things that they look for in an NGO before they decide on support.

The symposium ended with a summary and vote of thanks. We would like to express our heartfelt thanks to Team Me-Hin, Team Social Konnect, Team Envisage & all those who helped make this event a great success. We look forward to the next year's event with renewed optimism.

ADHAR @ Tata Mumbai Marathons in 2019 & 2020



Details	Adhar @ TMM2019	Adhar @ TMM2020
Corporate Supporters	1	4
Runners		
FM - 42 KM	1	1
HM - 21 KM	3	3
10KM	5	42
Dream Run - 6 KM	52	93
Champions with disability	0	10
Total Runners	61	149
Motivation Zone	20	13
Total Supporters	81	162
Donations Collected (Rs.)	16.29Lacs	33.32Lacs



Smt. C. R. Saraswathy

ADHAR for the welfare of all

ADHAR TRUST is not only working for the welfare of all inmates but also for employees and even the parents to some extent

(1) Welfare of residents:- All parents are aware that the functioning of Adhar is transparent and their children are taken care of with utmost devotion. All their needs such as personal hygiene, balanced food, clean clothes, medicine, occupation therapy, outing, picnic, games, music, dance, sports, celebration of all festivals, TV, milk at night, free movements inside complex and mingling with their co-residents are met with.

(2) Welfare of parents:- The parents are allowed to meet their children whenever they feel so. They are allowed to converse with their children through mobile with the help of social workers. Whatsapp messages are also sent to parents on Urgent matters. Quarterly reports of the children are being sent regularly to all parents. If a child is to be hospitalized, the parents are informed immediately. Information about the food intake of their children also given photos taken during festivals, sports, picnic etc, are also being sent to parents.

There are two guest rooms which can be used by outstation Parents for staying for few days. Parents can also meet their children and feed them home made food in the parents room without disturbance from other children.

Adhar has decided to construct Adhar Parents old age home near our Nasik centre. This will give the parents opportunity to be close to their children.

Adhar gives subsidy of Rs. 3000/- per month to each parent considering the

financial burden of retired parents. Adhar is trying to get sponsors who can sponsor the entire staff Salary every month so that the contribution from parents can be reduced.

Adhar has given relief to all parents by removing their anxiety and worry regarding the future of their children.

(3) Welfare of staff :- Most of the employees are from nearby wadi and villages of Badlapur. They had no source of income except the yield from the piece of land where they cultivate paddy. They were in financial difficulties. When Adhar started home for M.R. children it was a boon to most of them for they got work in Adhar.

Besides a good amount of salary other benefits like P.F and gratuity also given to them. They get medical and earned leave besides one day weekly off. Medical camp is held every year and free medical checkup, blood test and X-ray also taken for both children and staff. If an employee falls sick while doing duty, medical aid is given immediately. Once, when a male employee died of heart attack, his wife was immediately given employment and granted Rs. 50000/- for immediate expenses.

A picnic was organized for staff last year to remove the boredom from the daily routine and to keep their mind and body fresh. Transport, accommodation and food etc; for the picnic was arranged by Adhar for three days. Every year Adhar arranges picnic for the staff in groups.

Last Year Adhar celebrated 25th year Silver Jubilee. The trust organized a Marathi Music Concert by a famous

Singer and a dinner for its employees and their family.

On 8th March Adhar celebrated "Mahila Divas" for female staff and female residents. Navratri Garba and Haldi Kumkum during Sankranti are also arranged. The employees are given tea twice in a day; lunch and breakfast on 15th August and 26th January are also given. Sponsored lunch for staff and children is also given. For the staff working in the night shift (4-12 pm), dinner is provided daily.

The children of staff who passed board exam, University exam or ITI with merit are felicitated. For the staff transport facility to and fro from Adhar is provided.

Thus Adhar shows consideration for all and all are happy to work for Adhar.

Is it not good governance?

- C. R. SARASWATHY
Trustee

GRATITUDE

There is no happiness like knowing that you have made a difference in someone else's LIFE.

This happiness we attribute to all the donors, well wishers and friends who have supported us directly or indirectly over the years. We express our gratitude for their gesture and wish that our association continues in the times to come.

THANK YOU !!

- BOARD OF TRUSTEES



संतोष भडसावळे

मिशन ग्रीन आधार

काम कासवगतीने झाले पण आताच्या भेटीत मी एकदम जोर धरला आहे पण काही प्रोजेक्ट यशस्वी होताना दिसत आहेत.

काजूला फुल आली आहेत, डाळिंबाला फुल व डाळिंब आली आहे. पालेभाज्यांमध्ये



मागच्या लेखात मी "आधार" संस्था "ग्रीन आधार" करण्याचा महोदय सांगितलं. श्री गौरे व श्री अजय मेहता यांच्या सहकाऱ्यांने मी हे करू शकत आहे.

आवड असली कि सवड मिळते त्याच तत्वावर बडोद्याहून मी बदलापूरला आनंदाने येतो. इथे आल्यावर मुबलक जागा, पाणी व मनुष्यबळ असल्याने अनेक नवीन कल्पना प्रत्यक्षात आणण्याचा विचार पक्का होतो.

अतिवृष्टीमुळे थोडासा ग्रीन आधारच



करण्याचा नवीन प्रयोग ह्या भेटीत ठरला तसेच उंदीर व कीटकांच्या त्रासापासून सुटका मिळवण्यासाठी नैसर्गिक कीटकनाशक तयार करण्याचे ठरले.

तसेच रोजचा ओला कचऱ्यासाठी सोमवार ते रविवार आठवड्याचे सात दिवसांकरिता सात खड्डे खोदून वाराप्रमाणे ओला कचरा गोळा करण्याचे ठरवले आहे.

आता येत्या सिझन मध्ये पालक, माठ, कोथिंबीर व मुळा पालेभाजी प्रकल्प जोर धरेल सर्वांच्या मदतीने आधार ग्रीन आधार होईल ह्याची खात्री आहे.

- श्री संतोष भडसावळे



मुळा, लालमाठ फुलून आला आहे. घेवडा १० किलो आला. हे सर्व बघून काम करण्याची (पावसाळ्यानंतर) उभारी मिळाली.

आधारच्याच आवारात उपलब्ध असलेल्या गोष्टी पासून विविध खत तयार

Mr. Vijay Saheta - Strong supporter project "Green Adhar"

Mr. Vijay Saheta, MD of Connect Well, a wellwisher & supporter of Adhar took an initiative of project "Green Adhar" at Badlapur. He requested his friend Mr. Santosh Bhadsavle, Corporate Farmer, Prerna Farms from Baroda to help & guide the project to be implemented & developed at Adhar Badlapur. Initially, due to prolonged rains, it took more time for the project to take off. However, now we have already started getting results of the efforts put in by 'Team Green Adhar'. We are extremely thankful to Mr. Vijay



Saheta & Mr. Santosh Bhadsavle for their support & interest in the project 'Green Adhar'.



Perrigo Laboratories India Pvt. Ltd.

Ms. Deepa Iyer, Mr. Bhaskar Kolte, Mr. Chirag Shah, Mr. Mahesh Dane Mr. Sachin Bobde & Mr. Somnath Sawant , members of CSR Team of Perrigo laboratories visited Adhar Badlapur on 26th December 2019. Perrigo Laboratories India Pvt. Ltd. carry out their research activity at Ambernath Unit. All the visitors were scientists or research scholars. They were impressed with

the work carried out for intellectually disabled at Adhar. In fact, Perrigo Laboratories had supported Adhar in the year 2018-19 as well. This year also they have decided to continue the support by funding the special subsidy extended by Adhar to the economically backward parents. We are grateful to Mrs. Sumedha Nadkar & her team for their continued support.



Support from HDFC ERGO

We are delighted to inform that this is the third consecutive year of support from HDFC ERGO.

This year HDFC ERGO took the responsibility of co-guardianship of 55 residents of Badlapur. We are thankful to Mr. Ankur Bahuray, Mr. Sameer Barve & Dr. Lokesh Bharsakle

for their support. Dr. Lokesh Bharsakle visited Badlapur facility of 1st January 2020.

The Chairman Mr. Vishwas Gore discussed with him about employee's engagement through volunteering opportunity at Adhar Badlapur.



EVENTS & ACTIVITIES (Badlapur & Nashik)

A proud & Special moment for all of us at Adhar



Bombay Chartered Accountant Society & 3 Social organisations felicitated Mr. Vishwas Gore, Chairman Adhar with 'Late Shri Narayan Varma Memorial Award' at the hands of Shri Yezdi Malegam for his 'Selfless Contribution to the Society' at Indian Merchants Chamber, Mumbai on 23rd August 2019.

Mr. Prakash Wadhvani's visit to Dnyanprabodhan, Korti, Solapur



Readers are aware that Adhar has decided to support two institutions who have been working for poor parents from remote backward area.

Dnyanprabodhan started their activity in the year 2001. They planned for two buildings one building for classrooms of school & the other one was supposed to be for the residence of the children. The construction of school building was completed but they could not complete the residence building for the want of finances. We had requested one of our Donors Mr. Prakash

Wadhvani to support Dnyanprabodhan for completing the half completed construction work of the residential building. We are happy to share with you that Mr. Wadhvani accepted the request & decided to fund the construction cost for completing the building.

He also visited the institution along with our Chairman Mr. Vishwas Gore to see the facilities & working of the institution. We are grateful to Mr. Prakash Wadhvani for his kind gesture of extending support to Dnyanprabodhan on our request.

Visit of Mr. Haresh Uttamchandani & Family

The proposal for financial assistance to our new project 'Home for Senior Parents of Intellectually Disabled' at Nashik was sent to Shri Haresh Uttamchandani one of well-wishers & major donors for Nashik Project. We are happy to inform that Shri Uttamchandani has shown keen interest in the project & visited the site along with his family on 16th October 2019. He discussed the project with the Chairman Mr. V. M. Gore

& asked for more details and specifications of the construction work. Trustees Mr. Ajay Mehta & Mr. G. C. Gore were present and took part in the discussions on the new project.

Mrs. Uttamchandani distributed Diwali Sweets to all the residents & Staff Members. We are overwhelmed & thankful to Mr. Haresh Uttamchandani for the keen interest shown in our mission.



'Parents Meet' & 'Bhoomi Poojan of 'Home for Senior Parents of Intellectually Disabled Persons' at Nashik

Annual parents meeting was conducted on 2nd October 2019 at Nashik. Chairman V. M. Gore, Vice Chairman & Secretary Mr. M. L. Talwar Trustees Mr. G. C. Gore & Mr. Ajay Mehta were present at the meeting. As usual our special children performed singing & dancing in front of the parents. Chairman Mr. V. M.



Persons' was performed at the hands of Mr. M. L. Talwar, Vice Chairman & Secretary of Adhar. Sarpanch of Pimpalgaon Dukra, Police Patil, Gramsevak & other dignitaries were present for the function. They assured complete co-operation and support for the upcoming project.



Gore briefed the parents about the upcoming projects of Adhar. He appealed to the parents to come forward & support Adhar to make the project successful. The Bhoomi Poojan of the 'Home for Senior Parents of Intellectually Disabled



Annual Sports at Adhar Badlapur

Various sport competition like Lemon and spoon race, Basket Ball, Musical Chair, Cricket etc. were conducted for

specially abled adults & staff members at Adhar Badlapur. Trustee Smt. Saraswathi & Mr. Ajay Mehta were present at finals



of various games to encourage & Cheer-up our special ones. Children took part with lot of enthusiasm & vigour. Over all it was a great fun & positive atmosphere all over. The prizes will be distributed at parents meet on 26th January 2020.

Annual Medical Check-up Camp at Badlapur

Annual Medical Check-up Camp for residents & staff was arranged on 8th January 2020. Lions Club District 3231 A2 in collaboration with their group clubs sponsored the medical camp at Adhar. Second Vice District Governor Mr. Lunkaran Tawari, Mr. Baburao Pisal – Vision Advisor & Mr. Robert Suaria

– Regional Chairman inaugurated the Medical Camp. Smt. Saraswathi – Senior Trustee of Adhar was present. We are thankful to lions Club District 3231 A2 & all group club members for their generous gesture and look forward to more such visits from them in future.



Approach Road to Nashik Project

We are happy to inform that, much awaited work of our approach road for Nashik Unit was ultimately done by the authorities. Currently, the atmosphere & climate at Nashik is extremely pleasant & our residents are enjoying their morning walk on this newly constructed road.



Major Renovation at Badlapur Adhar

Reconstruction work of Toilet Area of 3 old dormitories constructed in 1994, Compound Wall & Drainage System.



NGO Meet at KC college

Rotary Club of Bay view organized NGO Meet & talent show at KC College on 15th December 2019. Special residents of Adhar



participated in group dance. 7 residents, 4 teachers and house-master attended the program. Mr. Ambekar

briefed the audience about the working and activities at Adhar. It was very successful event. Adhar's name was included for the fund raising drive launched to support various NGO's.



MY ADHAR FRIENDS

My connection with Adhar began when I was only 6 months old. I have visited, played and interacted with all of you for the last 12 years and trust me you are among the best friends that I have.

Your energy and positiveness blows away all my worries and sadness. After every visit to Adhar I am more positive and energetic. **My school friends met you this month and they all have become your fans.** I strongly believe that you guys are special, and are far ahead than us in many aspects of life.

I in fact cannot do so many things that you can. Things like laugh without a care, dance the way you want to, to create your own dance steps, to chill when you want to. You guys are truly extra-ordinarily abled. For those with doubts and concerns as to what you can do, here is my small quote.

"We all are a little broken, but the last time I checked broken crayons can still colour the same."

- Dhiti Wadhwa

Have you ever donated old newspapers or raddi?

If not then do it for a good cause this time! Donate old newspapers to us:

Your newspapers will help us to make more paper bags!

Paper bags made by ADHAR residents are bought by shops in the local market nearby. In addition to that, Mr. Santosh Bhadsavle, 'Prerana Farms' Baroda, (A Corporate Farmer) has given commitment of buying 50000 paper bags for fruit farming made by our Special Residents. We are thankful to Mr. Bhadsavle for his gesture.

You can indirectly help ADHAR by giving us old newspapers. Remember, you are not just giving to a cause, you are strengthening our will! You can contact us on below-mentioned numbers to hand over old newspapers.

Thane Head Office: 022-25426753 and 022-25341708,

Badlapur Unit: +91-8928005285 and +91-9527955376

Nashik Unit: +91-9881153795 and +91-7875850795.

Donate your old newspapers for a cause



For details please contact us :

Nashik : +91 9881153795 / +91 7875850795 Badlapur: +91 8928005285 / +91 9527955376
Thane: 022 25426753 / 022 25341708 Dombivli: +91 9920111455 / +91 9920311455

VISITOR (Badlapur & Nashik)

Swanand Omkar Sadhna Kendra, Kalyan

10 members of Swanand Omkar Sadhna Kendra Kalyan visited Adhar, Badlapur on 17th December 2019. Mr. Ambekar briefed them about the working at Adhar. They went around the campus. They appreciated the good work & services provided by Adhar to intellectually disabled adults. The cash donation collected by the members was handed over to Adhar.



Mr. Avatar Singh Head Administration – CSR of Industrial Steel & wire Products Ltd., Jamshedpur

Mr. Avatar Singh, Head Administration – CSR of Industrial Steel & wire Products Ltd., Jamshedpur visited Adhar Badlapur on 17th Sept. 2019 to see the facilities with an intention to start the residential facilities at Jamshedpur for special children. He was very much impressed by overall cleanliness; activities & the way we are taking care of residents at Adhar.

He had detailed discussions with Mr. V. M. Gore Chairman about the challenges and difficulties of starting and running such institution for intellectually disabled.



ZS Associate, Pune

Mr. Deva Agarwal & Mr. Santosh from Z S Associate Pune visited on 21st Sept. 2019 at Adhar Badlapur. The visit was in

view of the CSR support. They will try to help Adhar in Health Insurance policy for Special residents & staff of Adhar.



Bank of Maharashtra Pensioner Group, Dombivli

A group of 20 pensioners of Bank of Maharashtra from Dombivli visited Adhar Badlapur on 25th October 2019. Mr. Vishwas Gore, Chairman briefed them about the journey of Adhar's success and the challenges & difficulties faced by the institute

during this period of 25 years. The group took a campus round. The members were very happy to see the noble work carried out at Adhar for this neglected area of disability. They donated Rs. 75000/- on the spot and have promised to support in future.



Mr. Shankar Ramkrishnan, Head BNP Paribas India Foundation

Mr. Shankar Ramkrishnan - Head of BNP Paribas India Foundation visited Adhar on 9th November 2019. Mr. V. M. Gore & Mr. Ajay Mehta Trustee attended him. Mr. V. M. Gore Chairman explained him

about the concept, overall need & the challenges of intellectually disabled adults. He also shared with him the 25 years journey of Adhar. Mr. Shankar was very happy with the activities carried out

and the utmost care taken of the residents at the Adhar. Mr. Gore explained him about the future requirements & the need of long term association with the supporting organisation.



IISM Sports Institute

Staff & Students of IISM Sports institute visited Adhar Badlapur on 20th October 2019. Introductory talk was organized for them.

Took a round of the campus. Residents enjoyed sports & dance with them. They donated sports material for our residents.



Sanmitra Jyeshtha Nagrik Sangh, Thane

Shri Suresh Apte - Presidents, Mrs. Aparna Kulkarni - Secretary & Mr. Vijay Dixit - Treasurer of Sanmitra Jeshth Nagrik Sangh, Thane visited Adhar Badlapur on 4th Dec. 2019. They took

campus round & were very happy to see the facilities. They donated food grain items & cash donation collected from members during Diwali festival. Mr. Apte promised to appeal for Adhar's mission to

Jyeshtha Nagrik Madhyavarti Samiti which is a group of around 25 to 30 Jyshtha Nagrik sang from Mumbai. He also promised to publish an artical on Adhar in their magazine named 'Mankari'.



Mr. Ram Shukla, Director R & D of J & J

Mr. Ram Shukla, Director R & D of Johnson & Johnson Company & his family members paid visit to Adhar Badlapur on 26th December 2019.

The children who initially very reluctant to come were really impressed & were enthusiastic to know more & more about Adhar. All family members appreciated the working of Adhar. Mr. Ram Shukla donated handsome amount to Adhar.



Galaxy Surfactants Ltd., Pawne, Navi Mumbai

Mr. Jayesh Volta and Mr. Adarsh Jha visited Adhar Badlapur on 22nd November 2019. They were very happy to see the facilities for intellectually disabled adults at Adhar. The visit was to consider support to Adhar under their CSR initiative.



VISITS

SCHOOLS & COLLAGES (Badlapur & Nashik)

Vivekanand School, Navi Mumbai

Vivekanand School Navi Mumbai visited ADHAR on 20th September 2019. Total 96 Students, 6 teaching staff were Present. A basic orientation session was conducted. A campus visit was arranged for the students & teachers. All students had a great learning about the subject.



Poddar Brio International School, Badlapur

15 students of Poddar Brio International School visited with few teachers Adhar Badlapur on 4th November 2019. They

donate food grain items, tea powder, sugar, Toothpaste etc. collected through donation campaign at the school.



CKT School Panvel visited ADHAR

200 students & 5 teachers from CKT school Panvel visited Adhar Badlapur on 15th November 2019. They donated Rs. 11000/- and daily useable items like soap, toothpaste

brush etc. students enjoyed a lot with our special residents. It was the best Social Tour for them. We hope that they visit again soon.



Rajhans Vidyalaya Andheri visited ADAHR

Rajhans Vidyalaya Andheri visited ADAHR on 11th January, 2020. This visit was to provide them with a view on the Adhar residents and also for our special children to interact with society. There

were 28 students and 2 teachers visited ADHAR facility. Children from Rajhans Vidyalaya were very keen to understand the activities and services of ADHAR for these specially abled adults. Children

spent time with residents, helping them in their work at the workshops and the classes. Both the groups of children put up dance performances for each other. They all had a memorable time.



K. T. H. M. College, Nashik on 23rd August 2019

K. T. H. M. College, Nashik 60 M.S.W students visited along with 3 staff members. All of them were visiting for the first time. They interacted freely with the residents, were

astonished by the cultural programme presented by the residents. Mr. P. B. Fadnis introduced them about the work & activities of Adhar.



D. ED (Mr) College from Jaipur

25 D Ed. CE (MR) students from 'Matra Sneh Sansthan' Jaipur visited Adhar on 30th November 2019. It was purely a study tour.

All students were happy to get knowledge in taking care & providing proper training to intellectually disabled.



ADHAR

FESTIVALS & CELEBRATIONS (Badlapur & Nashik)

Krushna Janmashtami

'Janmashtami' the event marked to celebrate Lord Krishna's birth day & Dahihandi was celebrated by residents with full of energy & enthusiasm on 24th August 2019 at Badlapur & Nashik.

Govinda broke the "matka" and all other children Danced to express their happiness.



Visit of Adhar Residents to Ulhasnagar for Ganapati Festival



34 residents & 8 staff members visited for Ganesh Darshan of D. S. Group, Ulhasnagar a local group on 9th Sept. 2019.

Residents enjoyed the Ganesh Darshan, music & hospitality extended by the D. S. Group. It was a great outing & fun for residents.



Rakshabandhan, Independence Day & Parents Meet at Badlapur:

This year it was special because we celebrated two auspicious festivals at a time on same day. We hoisted the national flag proudly and then tied Rakhi on the wrists of the residents. It was also parents meet Day at Badlapur. The real brothers & sisters got an opportunity to celebrate Rakshabandhan at Adhar. It was such fun to see the happy faces enjoying the festival with each other. The Chairman & Trustees conducted the regular parents meeting of 15th August 2019.



Ganapati Festival

Ganeshotsav is about spirituality, faith & worship. These happy moments of Ganeshotsav are cherished every year at Adhar. Specially abled adults enjoyed the presence of beloved Bappa this year too. We organized bhajan programs &

Satyanarayan mahapooja during the Ganapati Festival.

It is hard to say good bye to vighnaharta but we all know lord Ganesh will return soon so we celebrated this moment too.



Founder's Day

Founder's Day was celebrated on 4th October at Adhar Badlapur & Nashik. Every year this day is celebrated with immense respect to our founder the Visionary Mr. Madhavrao Gore. The Trustees, Staff & residents expressed their respect & paid tribute to the founder.

The day was also celebrated by two organizations which are supported by Adhar.

Sahawas Bahuddeshiya Sanstha, Jalgaon, and Dnyanprabobhan Matimand Niwasi Vidyalay, Solapur celebrated this day with lot of respect. in the honor Mr. Madhavrao Gore and performed a heartfelt tribute. It's wonderful when our feelings is shared and valued by others.



Navratri Utsav

Dussehra festival was celebrated at Adhar. Saraswati Pooja & Instrument Pooja was performed at Vocational

Training center on 7th October 2019. Female residents participated in Garba. Residents enjoyed special lunch.



"Dandia Dhamal", Nashik

At Nashik Nadvan & Harmony events had organized "Dandia Dhamal" on 8th October for Special Children.

Our residents were invited to attend the function. The enjoyed group dance, special dinner & Ice-cream Party.



Diwali Festival

Diwali is all about joy lights & happiness. Residents celebrated Diwali Festival at Badlapur & Nashik on 26th October 2019. At Badlapur our specially abled adults were enthralled by the musical program performed by Swar Sadhana Group. The Fire cracker show was arranged in collaboration with Rrotract club of Dombivli. The children also enjoyed delicious food & sweets during Diwali days.



Diwali Pahat at Thane

The Residents Participated in 'Diwali Pahat' specially organized for disables by 'Thane Gaurav Seva Pratishtan' Group on 27th October 2019 at Thane. It was a good exposure to hidden talents of our residents of Adhar. Their performance was appreciated by the audience.



Makarsankranti

Makar Sankranti marks the termination of the winter season and the beginning of a new harvest season. It is dedicated to Lord Sun. Residents enjoyed Kit Flying and 'Tilgul' sweet.



Exhibition cum Stall organized at different locations during the month

Exhibition cum sale of products made by special residents at vocational training center was organized at various corporate Houses during Dassera & Diwali season.

It gives good exposure to our residents and make them feel proud. A stall was



organized at Indoco Remedies, Rabale on 7th October 2019, Perrigo laboratories, Ambarnath on 15th Oct. 2019, Insync Analytics and Medi Assist, Andheri on 24th Oct. 2019.

Christmas Celebration

Christmas celebration was organized at Badlapur & Nashik centers. Gifts were exchanged & refreshments were served. In the morning some of the residents

visited nearby church. 30 NSS students & 7 teachers from St. Gadge Maharaj College, Mumbai visited Adhar Badlapur to celebrate Christmas with our residents.



Appeal Contribution Towards

“Corpus - Lifetime Food Provision” For inmates of ADHAR Badlapur

- Innovative way to celebrate birthday, anniversary or remembering beloved and making your special day really special...
- The scheme is one time donation of Rs. 100000/- (Rs. One lakh only) to the corpus.
- **Book any specific day** in a calendar year.
- In return “Lunch with Sweet” will be served to 201 specially abled adults on a selected day at ADHAR Badlapur **every year forever**.
- For ADHAR it's a valuable contribution as this will help us to create a fund for food requirements of our children forever.
- The following days are already registered:

Sr. No.	Date of serving Lunch	Donor's name	Purpose of Special Lunch & Dinner to Adhar Residents
1	03-Jan	Vivek Kashinath Gore	Death anniversary of mother "Late Smt. Gauribai Kashinath Gore"
2	04-Jan	Sandeep & Leena Hardikar	Birthday of Mr. Sandeep Hardikar
3	07-Jan	Aarti Dutta	Death anniversary of sister "Late Ela Dutta"
4	09-Jan	Dr. Aruna Subramanian Iyer	In memory of Birthday of Mother 'Late Smt Rajalakshmi Subramanian'
5	10-Jan	Vinod M. Chainani	In memory of aunty "Late Mrs. Mira Thanwardas Chainani"
6	19-Jan	Spectra International & Spectra Investments	Birthday of daughter "Ms. Vidhi Vinit Shah" (Dinner)
7	19-Jan	Vijay Shroff	Birthday (Self)
8	25-Jan	Veenaben Panchal (Stakall)	Anniversary of Parents
9	26-Jan	Amar Hind Mandal (Dadar)	On the occasion of "Anniversary Day Celebration of Amar Hind Mandal"
10	26-Jan	Ashok Himmatlal Shah	Special dinner to all residents, occasion on birthday "Atit Shah"
11	30-Jan	Hansa B. Sheth & Deepa Sohil Sheth	In memory of "Late Shri Bhupendra Sheth"
12	31-Jan	Megha Kulkarni	In memory of birthday of Late Shri Pradeep S. Kulkarni (PSK)
13	1-Feb	Charubala H.Baruah	In memory of death Anniversary of "Late Shri Haresh Chandra Baruah"
14	3-Feb	Smt. Veenaben Panchal & Shri Dharmesh Panchal (Stakall)	In memory of death anniversary of "Late Shri Arvindbhai Panchal"
15	7-Feb	Beena Sanghavi	In memory of birthday of beloved brother "Late Shri Jignesh Bhupendra Sanghvi"
16	8-Feb	Anjani Modi	In memory of birthday of "Late Shri Mahendrabhai K. Modi"
17	9-Feb	Chinmay Dilip Deo	In memory of birthday of "Late Shri Dilip N. Deo"
18	14-Feb	Amol Devasthali	Birthday of "Ms. Ankita Devasthali (Badlapur resident)"
19	15-Feb	Me- Hin Consultants & Advisors	Celebration of Me-Hin Day
20	19-Feb	Gopal Pandurang Gore & Mrs. Geeta Gopal Gore	In memory of beloved parents "Late Smt. Rukmini & Shri Pandurang D. Gore"
21	25-Feb	Vinod M. Chainani	In memory of father "Late Shri Mohan Thanvardas Chainani"
22	26-Feb	Govind Gore	In memory of beloved uncle & aunty "Late Shri Shripad Gangadhar Gore and Mrs. Kamal Shripad Gore"
23	26-Feb	Meena Deshmukh / Gauri Deshmukh & Gautam Deshmukh	Special dinner in memory of "Late Shri Vyanktesh Deshmukh"
24	1-Mar	Vinod Chainani	In memory of parents "Late Mrs. Veena & Mr. Mohan Thanvardas Chainani"
25	5-Mar	Friend Group	In memory of beloved friend "Late Shri Ashish Inamdar"
26	6-Mar	Mr. Ismile Halvadwala / Mr. Aliasgar Halvadwala & Mr. Shabbir Halvadwala	Birthday celebration of 'His Holiness Sayedna Mohammed Burhannudin Saheb'.
27	11-Mar	Shri Bhalchandra K. Khandekar	In memory of beloved wife "Late Mrs. Mangala Bhalchandra Khandekar"

Sr. No.	Date of serving Lunch	Donor's name	Purpose of Special Lunch & Dinner to Adhar Residents
28	12-Mar	Shri Narayan Joshi & Family	In memory of "Late Mrs. Shalini Narayan Joshi"
29	17-Mar	Shri Manahar Shah (Sagar Twister)	On the occasion of birthday of beloved daughter "Mahek Manahar Shah"
30	27-Mar	Mrs. Sangita Budhakar	Special dinner in memory of "Late Shri Satish Budhakar"
31	27-Mar	Vatsala S. Pai	In memory of birthday of brother "Late Dr. Ramkrishna Acharya" MD, NY, USA
32	1-Apr	Kanchan Dinesh Mhatre	In remembrance of "Sadguru Shri Dada Maharaj Gondavlekar"
33	3-Apr	Vinod M. Chainani	In memory of brother "Late Shri Sanjeev Mohan Chainani"
34	4-Apr	Narendra Joshi	In memory of "Late Shri Dattatray Sonu Joshi & Late Smt. Vijaya Dattatray Joshi"
35	8-Apr	Arun Ramchandra Sheth	On the occasion of birthday of daughter "Ms. Anuradha"
36	13-Apr	Ajay Mehta	In memory of death anniversary of father "Late Shri Himmatlal D. Mehta"
37	14-Apr	Sanjay Narhar Aphale	In memory of birthday of "Late Rajashree Aphale"
38	18-Apr	Dr. Satishchandra Gore / Mr. Shirish Gore & Mr. Subodh Gore	In memory of birthday of beloved mother "Late Smt. Shobhana Ramakant Gore"
39	20-Apr	Hema Iyer	In memory of beloved father "Late Shri. T. S. Padmanabhan"
40	21-Apr	Amol Devasthali	In memory of "Late Shri Jagannath & Smt. Rukhmini Dixit & "Late Shri Vasudeo Dixit"
41	23-Apr	Mr. Sadanand M. Nayak	On occasion of birthday of "Mrs. Shubhada & Mr. Sadanand Manjunath Nayak"
42	24-Apr	Dr. Vishwanath Bhargav Mulay	In memory of death anniversary of beloved mother "Late Smt. Jankibai Bhargav Mulay"
43	4-May	Ramkrishna Purushottam Kunte	In memory of "Late Shri Gopal Shridhar Gangal"
44	14-May	Me-Hin Tech Edge Solutions	In memory of 'Late Shri Shashank Kshtriya'
45	17-May	Deepak Jayantilal Shah	In memory of "Late Ms. Kalavatiben Shah"
46	20-May	Robert Williams	In memory of "Colin's maternal grandfather's birth anniversary "
47	10-Jun	Shriram Balkrishna Mone	In memory of beloved mother "Late Smt. Saraswati Balkrishna Mone"
48	11-Jun	Anil Joag	On the occasion of birthday of "Mr. Anil Joag" (self)
49	16-Jun	Shubha Thally	On the occasion of birthday of "Ms. Parimal Subhash Thally"
50	19-Jun	Rajendra Bagad	On the occasion of birthday of daughter "Ms. Priyanka Rajendra Bagad"
51	19-Jun	Anjani Modi	Special dinner on the occasion of birthday of "Jignesh Modi"
52	20-Jun	Gokhle & Gadgil Parivaar	In memory of beloved "Late Smt. Achala Gokhale"
53	22-Jun	Hemanshu Padmanabh Bakshi	In memory of beloved mother "Late Smt. Indumati Padmanabh Bakshi"
54	26-Jun	Aloysius D'Mellow	In memory of birthday of "Late Mr. Ignatious D'Mellow"
55	27-Jun	Anil Madhukar Muzumdar	In memory of beloved wife "Late Mrs. Vrinda Anil Muzumdar"
56	2-Jul	Diana Cavas Rastomjee	On the occasion of birthday of "Mr. Hemant Palande"
57	3-Jul	Nita Rajesh Shah	In memory of "Late Shri Shantilal S. Shah"
58	9-Jul	Milind Madhukar Bhate	In memory of mother "Late Mrs. Meenaxi Madhukar Bhate"
59	12-Jul	Sabita Ramchandran	In memory of "Late Shri K. Ramchandran"
60	16-Jul	Lions Club of Bombay, Khar North (Major Contributor - Premanand Kini & Lata Kini)	In memory of death anniversary of "Late Prachur Kini"
61	17-Jul	Aruna Subramanian	In memory of "Late Ms. Chitra Narayanan"
62	22-Jul	Anjani Modi	In memory of death anniversary of "Late Shri Balkrishnabhai B. Shah"
63	23-Jul	Dr. P. P. Bakshi	In memory of birthday of "Late Dr. (Col) Madhukar Bapat"
64	25-Jul	Vinod M. Chainani	In memory of beloved mother "Late Smt. Veena Mohan Chainani"
65	30-Jul	Mohd. Shakeel Ansari	On birthday of 'Ms. Rasha Ansari'

Sr. No.	Date of serving Lunch	Donor's name	Purpose of Special Lunch & Dinner to Adhar Residents
66	8-Aug	Surbhi & Prasad Gokhale	In memory of beloved father "Late Shri Prabhakar Nilkanth Gokhale"
67	15-Aug	Madhav Deshmukh	In memory of "Late Mrs. Padmavati V. Deshmukh"
68	19-Aug	Shripad Ganesh Sarawate	On the occasion of birthday of wife "Mrs. Meena Shripad Sarawate"
69	22-Aug	Me-Hin Tech Edge Solutions	In memory of birthday of father "Late Shri H. D. Mehta"
70	28-Aug	SJK Global Servises INC (Mrs. Sonia Patel)	On birthdy of "Sarju Patel" & In memory of Parents "Late Shri Madhu Patel & Smt. Rohini Patel"
71	4-Sep	Ashish Kodange	On the occasion of birthday of brother "Shri Amit Kodange"
72	8-Sep	Shanta Purushottam Kunte	In memory of beloved brother "Late Shri Ramchandra Purushottam Kunte"
73	9-Sep	Ritesh Ramesh Joshi	In memory of beloved mother "Late Mrs. Sharmishtha Ramesh Joshi"
74	14-Sep	Smt. Ranjanben Rasiklal Sheth	On the occasion of birthday
75	17-Sep	Wellwisher	On the occasion of birthday
76	25-Sep	Me- Hin Resourcing Solutions	On birthday of mother " Smt. L.H. Mehta"
77	26-Sep	Vinod M. Chainani	On memory of death anniversary of "Late Shri Bhaskar Dhanak"
78	29-Sep	Mr. Prasad S. Joshi	In memory of beloved "Late Smt. Sunanda & Shri Sadanand Joshi"
79	2-Oct	A. Rajyalakshami Rao	In memory of birthday of "Late Ms. K. Sai Surya"
80	4-Oct	Vishwas Gore	In memory of death anniversary of beloved father & Our founder chairman "Late Shri M. G. Gore"
81	5-Oct	Anil Daryani	On the occasion of birthday of father "Shri Kundandas Daryani"
82	11-Oct	Nilesh Gajanan Chintalwar	On the occasion of birthday of sister "Ms. Ruchita Gajanan Chintalwar"
83	13-Oct	Vinay Mohan Puri	In memory of death anniversary of 'Late Mr. Vipul Puri'
84	14-Oct	Dr. Vishwas Kulkarni	In memory of beloved grandmother "Late Mrs. Parvatibai S. Kulkarni"
85	16-Oct	Kumudini Satish Kazi	In memory of son "Late Jai Kazi"
86	17-Oct	Aarti Dutta	In memory of the death anniversary of "Late Parents"
87	21-Oct	Ramraj Sahebram Halwai	In memory of "Late Shri Abhishek Ramraj Halwai"
88	22-Oct	Ramkrishna Purushottam Kunte	In memory of "Late Smt. Usha Gopal Gangal"
89	26-Oct	Salil Sadanand Gore & Sadanand Vasudev Gore	In loving memory of "Late Smt. Radhabai Vasudev Gore"
90	27-Oct	Anjani Modi	In memory of birthday of "Late Mrs. Champaben B. Shah"
91	28-Oct	Ghanshyam Herekar	Birthday of Mr. Shashank Herekar
92	2-Nov	Evelyn Talwar	Not Specific
93	5-Nov	Anjali Mohanty	On the occasion of birthday of daughter "Ms. Tarini"
94	07-Nov	Kundandas S. Daryani	On the Occasion of birthday of Son "Mr. Ghanshyam Daryani"
95	8-Nov	Late Tribhuvandas Desai	On birthday of "Late Mr. Kishore Desai"
96	15-Nov	Late Narain C. Gidwani	On birthday of "Mr. Ashok Gidwani"
97	19-Nov	Alka Agarwal	Sweet dish on birthday of "Mr. Tarun Agarwal"
98	23-Nov	Dr. Sanjivani Borgaonkar	In memory of birthday of father "Late Shri Madhav Gangadhar Gore"
99	29-Nov	Lions Club of Bombay Khar North (Premanand Kini & Lata Kini)	In memory of birth anniversary of "Late Mr. Prachur Premanand Kini"
100	30-Nov	Mr. Jayant S. Nairi	In memory of father "Late Shri Sheena Nairi"
101	1-Dec	Mr. P. G. Vaishampayan & Family	In memory of mother "Late Smt. Kamlabai Gopal Vaishampayan"
102	4-Dec	Mohammed Shakeel Ansari	On the occasion of birthday of beloved daughter "Rida Ansari"
103	08-Dec	Mangala Vyankatesh Daddikar	In memory of "Late Shri Vyankatesh Daddikar"

Sr. No.	Date of serving Lunch	Donor's name	Purpose of Special Lunch & Dinner to Adhar Residents
104	12-Dec	Rajendra Dattatray Patil	In memory of birthday of "Late Mrs. Snehalata Dattatray Patil"
105	22-Dec	Anjani Modi	On the occasion of birthday of grand daughter "Ms. Upasana Pareshbhai Shah"
106	24-Dec	Amol Devasthali	Death anniversary of beloved father "Late Mukund Vinayak Devasthali"
107	25-Dec	Manjulaben Bhailal Shah C/o Mr. Sanjay B. Shah	On the occasion of birthday of "Mr. Chetan Shah" (Adhar Resident)
108	Pitripaksha Dashmi	Arun Wadhwa	In memory of beloved parents "Late Shri Manohar R. Wadhwa & Late Smt. Neeta Manohar Wadhwa"
109	Pitripaksha Pratipada	C. R. Saraswathi	In memory of "Late Shri A. N. Ramchandran"
110	Pitripaksha Ekadashi	Late N. P. Desai	In memory of "Late Ku. Pragati Nilkanth Desai & Late Shri Parshuram Balasaheb Desai"
111	Kartik Pornima	Vinod M. Chainani	In memory of "Grand Parents" & Birthday of "Gurunanak Dev Maharaj"
112	Makar Sankrant	Vinod M. Chainani	Makar Sankranti day

Adhar Nashik: Annadan "One Time Donation Scheme"

Sr. No.	Date of serving Lunch	Donor's name	Purpose of Special Lunch to Adhar Residents [Nashik]
1	3-Jan	Vivek Kashinath Gore	Death anniversary of mother "Late Smt. Gauribai Kashinath Gore"
2	23-Jan	Govind C. Gore	In memory of "Late Mrs. Anuradha Govind Gore"
3	24-Jan	P. G. Vaishampayan	In memory of father "Late Shri Gopal Gajanan Vaishampayan"
4	6-Feb	Shobha Ananth Mallya	In memory of "Late Shri Ananth Vaman Mallya"
5	17-Feb	Aditi Joshi	Death anniversary of "Late Shri Anant Joshi"
6	1-Apr	Narayan Ramchandra Hegde	In memory of birthday of "Late Shri Sitakant Ramchandra Hegde"
7	6-Apr	Pradnya Pradip Bhat	In memory of "Late Smt. Sudha Sadashiv Bhat"
8	15-Apr	Surekha Jadhav	Birthday of "Late Mr. Prasad Patole"
9	21-Apr	Ashok Shanbhag	Not Specific
10	14-May	Me-Hin Tech Edge Solutions	In memory of "Late Shri Shashank Kshtriya"
11	21-May	Dr. Manorama Thakur	Birthday of "Mr. Gautam Thakur"
12	20-Jun	Narayan Mulji Thakkar	Birthday of "Mr. Govind Thakkar"
13	30-Jun	Dr. Kirti Sheth	Donation in memory of "Late Smt. Taramati Shanti Sheth"
14	25-Jul	Rajiv Gupta	Birthday of "Ms. Sonum Gupta"
15	26-Jul	Jayant K. Wagh	In memory of birthday of "Late Mrs. Saily (Varsha) S. Salvankar"
16	28-Jul	Prasad Prabhakar Shintre	Birthday of mother "Late Smt. Vijaya Prabhakar Shintre"
17	22-Aug	Me-Hin Tech Edge Solutions	In memory of father "Late shri H. D. Mehta"
18	20-Sep	Sanjali Manish Prabhu	In memory of father "Late Shri Anand Raghunath Ghotge"
19	22-Sep	Sanjay Dhage	Birthday of "Mr. Harshavardhan Dhage"
20	25-Sep	Me- Hin Resourcing Solutions	Birthday of mother "Smt. L.H. Mehta"
21	04-Oct	Dr. Kirti Sheth	In Memory of "Late Shri Shanti Sheth"
22	13-Oct	Dr. Shirish N. Daftary	Death anniversary of father "Late Shri Nagindas Datary"

Sr. No.	Date of serving Lunch	Donor's name	Purpose of Special Lunch to Adhar Residents [Nashik]
23	15-Oct	Narayan Ramchandra	In memory of "Late Mrs. Hemlata Sitakant Hegde"
24	31-Oct	Sheetal Gajbe	In memory of "Late Master Ankur Gajbe"
25	5-Nov	Deepak Tapkir	Birthday of "Mr. Pratap Tapkir"
26	16-Nov	Aditi Joshi	Birthday of "Ms. Poorva Joshi"
27	19-Nov	Alka Agarwal	Birthday of "Mr. Tarun Agarwal"
28	25-Nov	Asha H. Deore	Birthday of "Mr. Sachin Deore"
29	29-Nov	Lions Club of Bombay Khar North (Premanand Kini & Lata Kini)	Birth anniversary of "Late Mr. Prachur Premanand Kini"
30	9-Dec	Rabhaji R. Sahane	Birthday of "Mr. Mayuresh Sahane"
31	17-Dec	Vivek Kulkarni	In memory of "Late Sadashiv Kulkarni"
32	18-Dec	Arvind Janardan Mahadik	Birthday of "Mr. Mandar Mahadik"
33	22-Dec	Amrutlal Thakurdas Mehta	Birthday of "Sri Sri Ma Sarada Devi"
34	25-Dec	Prasad Prabhakar Shintre	Birthday of father "Late Shri Prabhakar Dattatray Shintre"
35	Makarsankranti	Narayan Ramchandra Hegde	In memory of "Late Smt. Hemlata & /Shri Sitakant Hegade"
36	Bhaubij	Rajashthani Ladies Circle Nashik	Diwali Bhaubij Day

The scheme was announced on 15th August, 2012 and has received good response. If both meals for 365 days are booked for both the units, it will be a great relief to Adhar in the long run. We appeal to the parents, donors, well wishers to come forward and support us in taking lifelong care of specially abled adults at ADHAR.

Vishwas Gore - Chairman

Donation for 'Annadan'

Sr. No.	Particulars	Badlapur (200 residents) In Rs.	Nashik (100 residents) In Rs.
1	Sponsor Food Expenses of a Day	25000	12500
2	Sponsor Breakfast / Sweet Dish	5000	2500
3	Sponsor Special Lunch	10000	5000
4	Sponsor Special Lunch & Dinner	20000	10000
5	Sponsor Special Lunch to Resident & Staff	17000	8500
6	Special Lunch & Dinner to Residents & Staff	26000	13000
7	Sponsor Food Expenses of 1 resident for 1 month	4000	
8	Sponsorship for Chatpata Chat Corner (Every Fortnight)	8000	-
9	One time Donation Scheme (Book any Special Day / Date from Calendar year on which the special lunch will be served for that particular reason chosen by you, every year in your name)	1 lac	50000
10	Donation of any Item of Food Grains like Rice, Wheat, Sugar, Jaggery, Dal - Split pulses (any), Pulses (any), Rava, Poha, Sabudana, Ground nuts, Sweet oil, Tea Powder, Biscuits, Farsan, etc.		

HOW CAN ONE SUPPORT ADHAR?

ADHAR is run through Parent's contribution and it does not get any government aid or grant. The trustees managing the organisation are also Parents of Special Children and hence it is the most transparently managed institution with the best facilities for the special children. ADHAR is probably the only Association of Parents which subsidises the Monthly Maintenance Cost for the parents by collecting donations from society.

Current State



Diminishing Financial Capability of Parents coupled with ever increasing care services cost has started disturbing the balance of ADHAR'S Model of Revenues and Expenditure.

● Parent's Contribution ● Donation

Expected Future State



Hence ADHAR needs continuous financial support to deliver on its promise of lifelong care for the specially abled. Donors can help by contributing through various plans that are listed below.

HOW YOU CAN HELP ADHAR ?

CO-GUARDIANSHIP OF A CHILD

Sr. No.	No. of Special Children	1 Month Sponsorship (INR)	Annual Sponsorship (INR)
1	1	3,000/-	36,000/-
2	10	30,000/-	3,60,000/-
3	25	75,000/-	9,00,000/-

SPONSORSHIPS

Sr. No.	Particulars	Donation Amount
1	1 Month's Deficit of 1 Resident	3,000/- (In Multiples)
2	1 Month's Entire Expenses of 1 Resident	16,500/- (In Multiples)
3	Annual Picnic of Residents	45,000/-
4	1 Month's Raw Material for Vocational Training Centre	30,000/-
5	1 Month's Cattle Feed for Dairy Project	50,000/-
6	1 Month's General Medicines Expenses	20,000/-
7	Annual Medical & Dental Camp	2,50,000/-

ADOPTION of ACTIVITIES (Funding Annual Budget)

Sr. No.	Particulars	Amount (INR - Yearly)	
		BADLAPUR	NASHIK
1	Dining & Kitchen	50 Lakhs	25 Lakhs
2	Vocational Training Centre	30 Lakhs	15 Lakhs
3	Medical & Special Care Units	45 Lakhs	22.50 Lakhs
4	Laundry Unit + Cleaning & Sanitation	15 Lakhs	7.50 Lakhs
5	Ladies' Dormitory	50 Lakhs	25 Lakhs
6	Gent's Dormitory	50 Lakhs	25 Lakhs
7	Dairy Unit	8 Lakhs	—

BOARD OF TRUSTEES



Mr. Vishwas Gore
(Chairman)



Mr. M. L. Talwar
(Vice Chairman & Secretary)



Mr. Sunil J. Khandkar
(Treasurer)



Mr. S. M. Chandawarkar
(Trustee)



Mr. K. S. Daryani
(Trustee)



Smt. C. R. Saraswathy
(Trustee)



Mr. Arun Wadhwa
(Editor & Trustee)



Mr. G. C. Gore
(Trustee)



Mr. Ajay H. Mehta
(Trustee)

Mr. Ashwin Mehta
(Representative Trustee)

Donations to Adhar are exempted under 80 (G) of the Income Tax. Adhar can accept Foreign Currency Contribution as per the Registration granted by Government of India vide Reg. No.: 083990108. Cheques/DD to be drawn in favour of "The Association of Parents of Mentally Retarded Children."

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Email: vishwasgore@adhar.org, contact@adhar.org

Badlapur Project : (ADHAR)

Thakurwadi, Village Mulgaon,
Asnoli Phata, Off. Barvi Dam Road,
Badlapur (W.), Thane - 421 503.
Tel. No. 89280 05272 / 80 / 82

Nashik Project : (ADHAR II)

Gat No. 286, Pimpalgaon (Dukra),
B/H Indian Oil Petrol Pump.,
Ghoti-Sinner Road, Tal. Igatpuri,
Dist. Nashik. • Tel. No. 7447 476 047
Mobile No.: 86050 14540

Appeal for Financial Assistance to our ambitious project “Home for Senior Parents of Intellectually Disabled” at Nashik

We are delighted to inform you all that by the time this ‘Newsletter’ reaches to you the construction work of the project must have been started at Nashik.

We have received the necessary permissions from the local authorities. The contractor and the construction cost for the project has been finalized. We aim to complete the project in next 10 month time.



The highlights of the project are as below :

Total Construction Cost - ₹ 3.60 Cr.

Total Capacity of - 30 persons

Facilities - 15 Self contained
Twin Sharing rooms

- Dining Room
- Recreation Room
- Medical Room
- Pathway & Garden

How you can support for the Project :

- | | |
|--|-------------|
| 1. Sponsorship of One Room | Rs. 15 lacs |
| 2. Sponsorship of Dining Hall & Kitchen | Rs. 25 lacs |
| 3. Sponsorship for Medical Room & Office Block | Rs. 25 lacs |
| 4. Sponsorship for Recreation Hall | Rs. 25 lacs |
| 5. Sponsorship for walkway, Landscaping & Security Cabin | Rs. 20 lacs |
| 6. Contribution of any amount for Building, furniture & Fixture fund | |

We Sincerely appeal you all to come forward and support Adhar to complete the project in time for the benefit of the Senior Parents of Intellectually Disabled.

- Board of Trustees

ADHAR

Big Thanks to Smt. C. R. Saraswathi

We are delighted to inform that, the first big donation for the project “Home for Senior Parents of Intellectually Disabled” came from our own senior Trustee Smt. C. R. Saraswathi. She has donated Rs. 25 lacs for the project “Home for Senior Parents of Intellectually Disabled” at Nashik. We salute such large hearted & generous people who have made Adhar what it is. Sincere Thanks to Smt. Saraswathi.





Supporting Adhar
is like helping to

BREAK
the cage
of loneliness
for the Specially Abled adults

- ADHAR – THE LIFELONG HOME FOR THE SPECIALLY ABLED
- INDIA'S LARGEST SPECIAL HOME FOR INTELLECTUALLY CHALLENGED ADULTS
- DEALS WITH A UNIQUE DISABILITY OF HUMANKIND

- INCLUSIVE YET CUSTOMIZED CARE FOR THE SPECIALLY ABLED ADULTS
- CONSISTENT SERVICE OF 25 YEARS: 335 RESIDENTS, 2 LOCATIONS, STAFF OF 250
- RESOURCEFUL, INNOVATIVE AND CAREGIVING EXPERTISE

📍 301, Giri Heaven Building, Hari Niwas Circle,
Lalbahadur Shastri Road, Thane West - 400 602.

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THE ASSOCIATION OF PARENTS OF
MENTALLY RETARDED CHILDREN

