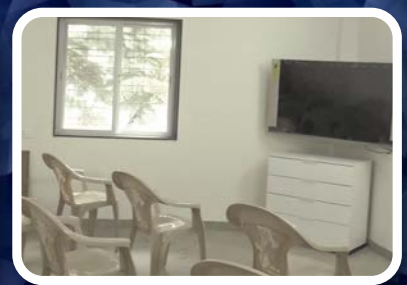




# ADHAR

## Senior Citizens HOME

(Lifelong Care)





# **ADHAR Senior Citizens HOME 'Our Trusted Home'**

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## **Introduction to ADHAR**

ADHAR – Association of Parents of Mentally Retarded Children is Public Charitable Trust Registered under the Mumbai Public Trust Act 1950 and is engaged in providing 24\*7 Life-Long Care & Rehabilitation of Intellectually Challenged Adults for last 27 years.

ADHAR currently takes Life-Long Care of 335 Special Children in its 2 Fully Equipped Residential Units – Badlapur (235) near Mumbai and Nashik (100).

### **OUR VISION**

To reach out to Parents of Intellectually Challenged Children and to provide them relief through a lifetime shelter.

### **OUR MISSION**

To address to the daily needs of Intellectually Challenged Children and to work for their life enrichment, protection and development.

### **Head Office Address: (APMRC)**

301, Giri Heaven Building,  
LBS Marg, Hariniwas Circle,  
Opp. Maharashtra Plywood, Thane (W) 400 602  
Tel. No. 9987322050 / (022) 2542 6753 / 25341708

#### **Badlapur Project: (Adhar I)**

Thakurwadi, Village Mulgaon  
Asnoli Phata, Off Barvi Dam Road,  
Badlapur (West),  
Thane - 421 503  
Tel. No. 8928005272 / 80 / 82

#### **Nashik Project: (Adhar II)**

Gat No. 286, Pimpalgaon (Dukra)  
B/H Indian Oil Petrol Pump.  
Ghoti – Sinner Road,  
Tal. Igatpuri, Dist. Nashik  
Tel. No. 7447476047

## Need for Senior Citizens Home

ADHAR started admitting Specially Abled Adults 27 years back and at that time their Parents were in mid-forties or early fifties. Today the residents admitted in the beginning period are themselves grown old and their parents have now turned Senior Citizens with some of them quite old to be able to take care of themselves.

Since their child is dependent and being taken care by ADHAR for lifetime, they do not have his/her support in the twilight phase of their lives. In case of a lone child or second child migrated to other locations, this dependency is even greater and such parents need an institution to look forward to which will take care of them for lifetime.

Even for elderly people in general, the availability of lifelong care in an institution is very low compared to the number of such Indians today.

So effectively ADHAR can complete the circle of providing relief to parents of intellectually challenged children in a holistic & comprehensive way.







## **RULES & REGULATIONS**

- 1) The Board of Trustees of the Association reserves the right of admission.
- 2) Residents are advised not to keep any cash, jewellery or any valuables with them during their stay at the Senior Citizens Home.
- 3) Residents are advised not to give personal gratification or gifts to any member of staff.
- 4) In case, If the residents want to go out in city / market for their personal work, he/she should inform to authorised officer in advance.
- 5) Institutional staff help will not be provided for outside trip or escorting etc.
- 6) Regular toiletry things like Bath soap, Tooth paste, hand wash will be provided as decided by the institution. If anyone wants to his personalized / specific brand / additional quantity they can purchase at their own expenses.
- 7) In case any change in telephone number, contact address or traveling abroad, of the relatives / nominee, resident is expected to let Adhar know about it well in advance.
- 8) Relatives / nominee wishing to serve Adhar are welcome to do that with prior permission of the management.
- 9) In case of damage to property or fixture by the resident, relatives/ nominee along with resident are liable to pay for the institutional loss.
- 10) In case of demise of a relative / nominee who has signed the documents, the resident will inform Adhar in writing immediately about the alternate nominee in place of the original applicant.

## **RULES RELATED TO ILLNESS & MEDICAL**

- 1) In case of illness, accident or emergency situation, Association holds the right to move the resident to appropriate hospital / institute without the prior consent of the relative / Nominee and if required sign authorization for appropriate medical treatment.
- 2) While the Association will take every care and precaution for the well-being of the resident, following eventualities causing Physical or Mental injuries to the resident cannot be ruled out -
  - a. Accidents inside or outside the premises
  - b. Road Accidents while on picnics or on outings
  - c. Unforeseen accidents. In any such unforeseen events Adhar authorities will not be held responsible.
- 3) Hospitalisation beyond our jurisdiction (Sakur phata to Ghoti / Bhagur) is Relative's Responsibility. It is expected that relatives / nominees or their representative is present while hospitalisation.
- 4) Attendant can be made available during hospitalization in jurisdiction area (Sakur phata, Ghoti, Bhagur).
- 5) Medicines will be administered as per prescriptions endorsed by our Medical Officer.
- 6) Resident / nominee / relatives will be responsible to pay entire medical / hospitalization expenses.
- 7) In case of the death of the Resident, relatives / nominee will be informed by the fastest means available. In case they fail to arrive or cause long delay, with proper medical certificate, Adhar has the right to dispose of the body in a dignified manner.

## **TERMS OF LEAVE AND DISCHARGE**

Resident can take leave with prior permission from the Management.

1. If Resident wants to go out of town for few days he/she shall submit the written leave application consisting the details like name, address, contact details, email of the relative where he/she going to stay during his / her leave period.
2. Please note in this case No assistant or escort will be arranged by the institution.
3. Resident can extend the leave period maximum up to 6 months with prior permission.
4. Before the expiry of 6<sup>th</sup> month Resident will have to give a letter in writing and reason for their continued leave. The matter will be placed before the Board of Trustees for their consent.
5. In the absence of such letter, the admission will be cancelled without notice.
6. Resident should settle all outstanding dues till the date of the cancellation of the admission.
7. After the withdrawal or discharge from Adhar, if he/she seek readmission, the same will be considered as new admission and they are liable to pay the regular admission & security deposit & Corpus deposit as prevailing at the time of readmission.
8. Security Deposit will be refunded only on providing original receipt.

## **FINANCIAL TERMS (Deposits, Monthly Maintenance & Other Charges)**

1. **Senior Citizens wishing to take admission to ADHAR Senior Citizens Home would pay following charges (per person):**

### **Charges for Residents:**

#### **Admission Fees :**

- Rs. 1.00 lac Per Person for Twin Sharing & Couple (*A twin sharing room utilized by two occupants or a couple*)
- Rs. 2.00 lac for Single Occupancy (*A twin sharing room utilized by a single occupant*)

#### **Security Deposit:**

- Rs. 1.00 lac per person

#### **Monthly Fees :**

- Rs. 15000/- for Couple/per person
- Rs. 17000/- for Twin Sharing/per person
- Rs. 25000/- for Single Occupancy

### **Walk-in Residents:**

- Stay Upto 3 Days - Rs. 1500/- per person/24 Hrs. (Incl. Food)
- Stay for 1 Week - Rs. 10000/- per Person/7 days (Incl. Food)
- Stay for 2 weeks - Rs. 20000/- per person/14 days (Incl. Food)



**Long Stay (1 month at a time)**

**Corpus Donation:**

- Rs. 1.00 lac Walk-in for Long Stay / Per Person (***donation is valid for 3 years only***)

**Monthly Charges (Incl. Food) :**

- Rs. 15000/- for Couple (for 1 month) / per person
- Rs. 17000/- for Twin Sharing (for 1 month) / per person
- Rs. 25000/- for Single Occupancy (for 1 month)

**2. Additional Expenses on Actual Basis**

- Washing (for more than 6 Clothes per day)
- Ironing
- Hospitalisation & Personal Medicines
- Arrangement of Vehicle for personal work
- Provision of personal assistant
- Food & Accommodation Expenses for Personal Guests
- Charges for Tata Sky Add on Channels

**Age Eligibility: 60 yrs. & above**

**3. Parents have to pay full maintenance charges during the leave period.**

We agree to abide by the rules and regulations framed as above the clauses mentioned there under. I also understand that the Association reserves the right to revise the guidelines from time to time as found necessary.

Name: \_\_\_\_\_  
(Relative / Nominee) (Resident)

Date: \_\_\_\_\_ (Chairman / Trustee)

## DOCUMENTATION

**Senior Citizens seeking admission to ADHAR Senior Citizens Home are requested to submit application in attached prescribed format accompanied with following documents:**

- Nomination form & undertaking for acceptance (on Stamp Paper of Rs. 100/- with Notarization).
- AADHAAR Card - Self Attested copy with original for verification.
- PAN Card - Self Attested copy with original for verification.
- Passport - Self Attested copy with original for verification.
- Driving License - Self Attested copy with original for verification.
- 3 Photographs
- Medical Fitness Certificate by Reputed Medical Practitioner confirming status of Medical Condition containing all pre-ailments, surgeries, treatments, prescribed medicines and overall physical/ psychological fitness for admission.
- Financial Statements – IT Returns for 3 years.
- An Undertaking about the provision for payment of Monthly Maintenance Charges & specifying long term provision to support financial commitment. (Preferably giving details of movable / immovable properties, Medclaim & Insurance policies, FD's, Funds & Shares etc.) This information will be kept confidential.

## INSTRUCTIONS

- Fill out the Applicant Information page and return to ADHAR Office.
- Complete the Form with all details – incomplete forms will not be accepted.
- Arrange all original documents for verification while submitting self-attested copies of all the official documents required for admission.
- Provide current photographs only.
- Contact Admissions Office to schedule an interview/interaction session with management before admission.

## FACILITIES

- 1) Clean, ventilated & spacious self-contend twin-sharing room
- 2) Room Amenities with Intercom / Free Wi-Fi
- 3) Airy, open & delightful Terrace Garden
- 4) Hygienic Kitchen & Dining
- 5) Recreation Room (Games / Entertainment & Library)
- 6) Elevator
- 7) Security & CCTV
- 8) Ambulance
- 9) RO Water Purifier (Hot/ Cold / Normal) at each floor
- 10) Hotplate & Microwave Facility
- 11) Uninterrupted Water & electricity Supply
- 12) Laundry & Housekeeping



## ADHAR Senior Citizens HOME (Lifelong Care)



Prospectus : December 2021

### SERVICES

- Life-time Care Home
- 24\*7 care services
- 24\*7 Medical Help
- 24\*7 Security arrangement

### Photographs: (Actual Photographs)





**APPLICATION FOR ADMISSION**

Photograph

Name of the Applicant

1. Name of Person Filling this FORM : \_\_\_\_\_
2. Relationship with the Applicant: \_\_\_\_\_
3. Address of the person Filing this Form: \_\_\_\_\_  
\_\_\_\_\_
4. Telephone / Mobile No. : \_\_\_\_\_
5. Email ID: \_\_\_\_\_



**APPLICANT INFORMATION**

6. Name of the Applicant (Full) : \_\_\_\_\_

7. Date of Birth : \_\_\_\_\_ Age : \_\_\_\_\_

8. Gender : MALE / FEMALE (Strike out non applicable) \_\_\_\_\_

9. Address : (Permanent) \_\_\_\_\_

\_\_\_\_\_

10. Address : (Current for Communication)

\_\_\_\_\_

11. Telephone / Mobile No. : \_\_\_\_\_

12. AADHAAR (UIDAI) No. : \_\_\_\_\_

13. PAN No. : \_\_\_\_\_

14. Previous Profession : \_\_\_\_\_

15. Bank Account Details (Please give details of account to be used to pay monthly charges)

a. Name of The Bank : \_\_\_\_\_

b. Branch : \_\_\_\_\_

c. Account No. : \_\_\_\_\_

d. IFSC Code : \_\_\_\_\_

e. MICR Code : \_\_\_\_\_

16. Name of Contact Person for Emergency : \_\_\_\_\_

17. Telephone / Mobile No. of Person for Emergency : \_\_\_\_\_



**APPLICANT INFORMATION**

18. Names of Family Members with contact numbers

- a. Spouse \_\_\_\_\_
- b. Son/s \_\_\_\_\_
- c. Daughter/s \_\_\_\_\_
- d. Dependent (if any) \_\_\_\_\_

19. Plan for Paying Monthly Maintenance Charges (Select applicable)

- a. Self through Interest from Deposits \_\_\_\_\_
- b. One time Donation to ADHAR – Amount \_\_\_\_\_
- c. Son/Daughter/Relative/Guardian Paying \_\_\_\_\_
- d. Any Other Option \_\_\_\_\_

20. Meals Preference (Strike which ever not applicable) : PURE VEG / NON VEG / MIX

21. Medical History – Please provide detailed list of all current ailments / past surgeries / current medicines (This has to be certified by Professional Medical Practitioner consulted recently)

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22. Physical Condition to carry daily hygiene routine & other rituals like bathing / clothing / toilet visits etc. (In case of dependence for routine activities please specify in advance): Dependent / Independent

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23. Any Other Important Information to be Shared

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Date:

Place:

\_\_\_\_\_  
Signature of Resident





**Proforma for Nomination**

(to be typed on Rs.100/- Stamp Paper & Notarized)

I / We Mr. / Mrs. \_\_\_\_\_ (Name of Resident) do hereby, nominate my relative / friend as my nominee & representative in connection with my admission & stay at ADHAR Sr. Citizens Home.

1. Mr. / Mrs. \_\_\_\_\_ **(Name of Nominee)**

2. Mr. / Mrs. \_\_\_\_\_ **(Name of Nominee)**

They are to be contacted during any emergency or urgent work during my stay at ADHAR. They are authorized and responsible to take any important decision on my behalf.

We jointly / solely accept to become nominee for Mr. / Mrs. \_\_\_\_\_  
(Name of Resident) & agree to abide with all the rules and regulations set by institution from time to time.

**Nominee - 1**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Tel. No. / Mobile: \_\_\_\_\_

Email ID: \_\_\_\_\_

Office Address: \_\_\_\_\_

Signature of Nominee \_\_\_\_\_

Photograph  
of  
Nominee

**Nominee - 2**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Tel. No. / Mobile: \_\_\_\_\_

Email ID: \_\_\_\_\_

**ADHAR Senior Citizens HOME  
(Lifelong Care)**



[www.adhar.org](http://www.adhar.org)

**Prospectus : December 2021**

Office Address:

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Signature of Nominee:

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Photograph  
of  
Nominee

**Witness**

Signed in the presence of

Name:

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Address:

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Tel. No. / Mobile:

---

Email ID:

---

Signature of Witness:

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Signed by me in the year \_\_\_\_\_ dated \_\_\_\_\_

\_\_\_\_\_  
Resident's Signature

YOU TRUSTED ADHAR  
WHEN YOU WANTED  
LIFELONG CARE OF  
YOUR SPECIAL CHILD

आधार  
YOU CAN TRUST ADHAR  
TO TAKE CARE OF YOU  
IN YOUR OLD AGE.



[www.adhar.org](http://www.adhar.org)



**ADHAR Senior Citizens Home**

(Lifelong Care)

**'Our Trusted Home'**

(Under the Aegis of Association of Parents of Mentally Retarded Children - ADHAR)

**Prospectus**

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**December 2021**



**Head Office Address: (APMRC)**

301, Giri Heaven Building,  
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Tel. No. 9987322050 / (022) 2542 6753 / 25341708

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