



## PROSPECTUS

### Adhar Residential Complex

Life time shelter facility for Intellectually Challenged Adults  
At Thane, Nashik & Satara Districts

Managed By the Board of Trustees of  
**ASSOCIATION OF PARENTS OF MENTALLY RETARDED CHILDREN**



**Head Office Address: (APMRC)**

301, Giri Heaven Building, Hariniwas Circle, LBS Marg, Thane (W) 400 602  
Contact: 9987322050 / (022) 2542 6753 / 25341708

# Adhar- Lifetime Home for Specially Abled

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## ADHAR – Special Home for Specially Abled

**ADHAR** is a pioneering non-profit organization committed to providing lifelong care for adults with intellectual disabilities. Since its inception in 1994, ADHAR has grown to become one of India's largest and most respected institutions for this purpose, operating three centers in Maharashtra- Badlapur, Nashik, and the newly inaugurated Satara branch, which opened on April 17, 2024.

Caring for 340 residents aged 18 to 82; ADHAR offers not only a safe and nurturing environment but also fosters significant community impact by creating over 270 jobs in rural areas, including 84 for women. Additionally, ADHAR supports two other institutions in Solapur and Jalgaon, aiding economically disadvantaged families. Each year, ADHAR directly impacts around 2000 lives across 18 states in India.

Recognized for its excellence, ADHAR was awarded the 'Best Institution in Service to the Disabled' by the Government of India in 2014, with the award presented by then-President Shri Pranab Mukherjee. Through its innovative approach and dedicated service, ADHAR continues to be a leading force in enhancing the lives of individuals with intellectual disabilities and setting a benchmark in compassionate care.

### Adhar History:

Founded by the tireless efforts of Late Shri Madhavrao Gore, Adhar is a leading NGO dedicated to supporting individuals with intellectual disabilities throughout their lives, alleviating the concerns of their families. Established in 1990, Adhar is registered as a public trust, with eight out of eleven trustees being parents or guardians of individuals with intellectual disabilities themselves.

From its humble beginnings, Adhar has grown into a beacon of hope, pioneering a holistic care model that ensures dignity, security, and lifelong support for its residents. The organization currently operates centers in Badlapur, Nashik, and Satara, caring for 340 special children with the unwavering commitment of 275+ dedicated staff members. With a focus on therapy, skill development, and community integration, Adhar continues to expand its reach, striving to create a society where individuals with intellectual disabilities are empowered to lead fulfilling lives.

### More Than Just a Facility:

Adhar is not just a shelter; it is a home filled with care, dignity, and opportunity. All Adhar centers are thoughtfully designed to provide a safe, nurturing, and empowering environment for individuals with intellectual disabilities. The facilities include comfortable residential spaces, specialized medical care, vocational training programs, a well-equipped kitchen and dining hall, and ample recreational areas to encourage social interaction and personal growth.

More importantly, Adhar goes beyond providing basic care—it prioritizes fostering independence, self-confidence, and skill development, enabling residents to lead meaningful lives. Through structured activities, therapy sessions, and an inclusive atmosphere, Adhar ensures that every individual receives the support they need to thrive and reach their fullest potential.

### A Beacon of Hope:

"Adhar is the largest such NGO in India, managing two centers and supporting two additional organizations in Solapur and Jalgaon, reaching out to underprivileged children in remote areas," says Shri Vishwas Gore, Chairman of Adhar. "We are the only parent-led association providing solace to over 400 families across five districts. The unwavering support of our donors, well-wishers, parents, and staff is invaluable, and we are eternally grateful for their contributions."

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## I RULES FOR ADMISSION:

1. Parents or Guardian seeking admission for their ward are requested to submit their application in the prescribed form. It should be supported by the following documents, a, b, c, d, e.
  - a. Certificate from Psychiatrist or Clinical Psychologist about the status of Mental Retardation of the ward. Admission will be granted subject to Adhar Psychiatrist's assessment.
  - b. Attested birth certificate for age proof. Preferable for admission is 18 yr. or above.
  - c. Notarised affidavit of the appointment / nomination of the guardian in place of the first applicant (pro forma enclosed).
  - d. Financial Statement of income (form 16), Will, Pension, Insurance provision if any supported by personal documents (can be kept confidential if so desired)
  - e. Parents / Guardian of the female ward should get the hysterectomy of the ward prior to admission and produce medical certificate to that effect. It is essential to maintain proper hygiene and to prevent unnecessary inconvenience to the ward.
2. The Board of Trustees of the Association reserves the right of admission.
3. Options for payment of maintenance charges are separately enclosed.
4. The responsibility of settling the ward's maintenance charges rest with the parents and payment of the fixed maintenance expenditure before 10<sup>th</sup> of every month is Mandatory.
5. Medical expenses incurred for any medical treatment, Special Diet, hospitalization or investigation will be borne by the parents / guardian.
6. In case of hospitalization Adhar will provide staff only for 3 days. After 3 days Adhar will charge Rs. 1500/- per day to parent for providing care staff at hospital.
7. Subject to vacancy Director or a competent authority of Adhar will grant provisional admission after home visit enquiry. Admission can be revoked on either side within one month if necessary. In such case admission fees and security deposit will be refunded after deducting the ward's maintenance and medical expenses incurred.

## II FACILITIES PROVIDED AT ADHAR:

The following facilities will be provided by the Association at Adhar

1. Personalised Care & hygiene
2. Psychotherapeutic intervention
3. Psychiatric Care and follow up
4. Balanced Diet, Special Diet for therapeutic cases
5. Physio Therapy, Yoga & Meditation
6. Dental Care, periodic check up and follow up
7. Medical intervention and follow up, round the clock nursing care
8. Dance and Cultural activities
9. Special Classes for Special Children
10. Vocational Training & Toy Room facilities
11. Organised games, picnics & outings
12. Centralised Music and Recreation

### III TERMS OF LEAVE AND DISCHARGE:

Parents / Guardian can take children on leave with prior permission from the Director. During leave period maintenance charges will be levied as under:

1. Parents can extend the leave period maximum upto 6 months with prior permission. Parents have to pay full charges during the leave period.
2. Before the expiry of 6<sup>th</sup> month Parents / Guardian will have to give a letter in writing and reason for their ward's continued leave. The matter will be placed before the Board of Trustees for their consent.
3. In the absence of such letter, the name of such ward will be deleted from the roster.
4. Parents / Guardian should settle all outstanding dues till the date of the wards removal of name from Adhar muster.
5. After the wards withdrawal or discharge from Adhar, if Parents / Guardian seek readmission, the same will be considered new admission and the parents / guardian is liable to pay the regular admission & security deposit as prevailing at the time of readmission.
6. Security Deposit will be refunded only on providing original receipt.

### IV GENERAL RULES FOR THE PARENTS / GUARDIANS:

1. In case of illness, accident or emergency situation, Association holds the right to move the ward to appropriate institute without the prior consent of the parents / guardian and if required sign authorization of anesthesia or surgery.
2. While the Association will take every care and precaution for the well being of the ward, following eventualities causing Physical or Mental injuries to the inmate cannot be ruled out
  - a. Accidents inside or outside the premises
  - b. Road Accidents while on picnics or on outings
  - c. Unforeseen accidents. In any such unforeseen events Adhar authorities will not be held responsible.
3. Hospitalisation beyond our jurisdiction (Badlapur to Thane) or (Sakurphata to Nashik) & (Satara to Karad) is Parents Responsibility. It is expected that parents or their representative is present while hospitalisation.
4. Institutional staff help will not be provided for outside trip or escorting etc.
5. Administering medical prescription to our children will be as advised or endorsed by our Medical Officer.
6. Parents are advised not to keep any cash, jewelry or any valuables with their ward.
7. Parents are advised not to give personal gratification or gifts to any member of staff.
8. Association is free to engage wards in educational or vocational training activities as it may deem fit. Parents or guardian cannot claim any remuneration for such activities engaged.
9. It is expected that Parents / Guardian visit their wards on working hours on Saturdays / Sundays at least once in two months.
10. While parents can give light refreshments etc. when they visit their ward, it is suggested that they feed them privately. Parents are requested to refrain from over feeding.
11. In case of demise of a parent / guardian who has signed the documents the surviving guardian will inform Adhar in writing immediately about the alternate guardian in place of the original applicant.

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12. In case of the death of the ward, parents / guardian will be informed by the fastest means available. In case the parents fail to arrive or long delay, with proper medical certificate Adhar has the right to dispose of the body in a dignified manner.
13. In case any change in telephone number, contact address or traveling abroad, the parents / guardian are expected to let Adhar know about it well in advance.
14. In case of damage to property or fixture by the wards parents / guardian are liable to pay for the institutional loss.
15. ADHAR being managed by Parents Association, suggestions from parents / guardian for the development of Adhar, Fund Raising, Resource Mobilisation etc. according to their capability is expected. Parents wishing to serve Adhar should contact Chairman for details at Thane Office.

I agree to abide by the rules and regulations framed as above I to IV and the clause mentioned there under. I also understand that the Association reserves the right to revise the guidelines from time to time as found necessary.

Signed before me

Director  
Date

Parent / Guardian  
Date

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## MEMBERSHIP APPLICATION FORM

1. Full name of applicant :.....
2. Residential Address :.....  
:.....  
:.....
3. Tel. No. / Mob. No. :.....
4. Email ID & PAN No. :.....
5. Off. Address & Tel. No. :.....  
:.....  
:.....
6. Relationship with MR Child :.....
7. Name of M.R.Child :.....
8. I.Q.of Child :.....
9. No. of Siblings :.....

(Please mention all – please attach separate Sheet if siblings are more than 2)

10. Name of Sibling - 1 :.....  
Address & Tel. No. Email & :.....  
Occupation :.....  
:.....
11. Name of Sibling – 2 :.....  
Address & Tel. No., Email & :.....  
Occupation :.....  
:.....
12. Name / Address & Tel No. :.....  
& Email of Nominee :.....  
:.....  
:.....
11. Relationship of nominee :.....  
with Applicant :.....

I desire to be life member of the Association. Cheque/DD for the membership fees of Rs. 5000/- is enclosed.

Date: \_\_\_\_\_ Signature of Parent \_\_\_\_\_

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## Admission Form

1. Name of Child: \_\_\_\_\_

2. Date of Birth: \_\_\_\_\_

3. Physical Details: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_

4. Defects other than Mental Retardation

- Eye Sight: \_\_\_\_\_

- Hearing ability: \_\_\_\_\_

- Speech defect: \_\_\_\_\_

- Walking: \_\_\_\_\_

5. Daily Routine

- Sleeping Time (Bed Wetting): \_\_\_\_\_

- Meals

Veg./Non Veg.: \_\_\_\_\_

Takes independently /dependent: \_\_\_\_\_

- Bath/Toilet (Dependent/independent): \_\_\_\_\_

- Wearing cloths independently or not: \_\_\_\_\_

- What type of help is needed: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

6. Health

- I.Q.: \_\_\_\_\_

- Epilepsy (Frequency): \_\_\_\_\_

- Treatment: \_\_\_\_\_

- Any other illness: \_\_\_\_\_

- Name & Tel. No. Of Doctor and Psychiatrist: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

7. Occupation (At present what he/she is doing) Give details

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Date: \_\_\_\_\_

Signature: \_\_\_\_\_

## Required Documents:

### IMPORTANT:

1. UDID Certificate & IQ Test Certificate of ward (Govt. Hosp.)
2. Acceptance letter from Nominee with PAN , Aadhar Card & income Proof (Responsible person in the absence of Parent or Guardian) on Rs. 100/- stamp paper with notary.
3. Income Proof of parents - Copy of I.T. Returns of Guardian or Parent.
4. Plan of long term financial provision for continued payment of maintenance expenses of your ward at Adhar (Please provide proof)

### GENERAL:

1. Membership Form & Admission form duly filled in
2. Acceptance of Rules & Regulations of the Association duly signed by Parents
3. Xerox copy of PAN Card & Aadhar Card of Parent / Guardian
4. Xerox Copy of Ration Card (Parent / Guardian)
5. Xerox Copy of Electric Bill or any other address Proof of Parents or Guardian
5. Birth Certificate (Ward / MR Child)
6. Psychological Report (Ward / MR Child)
7. Aadhar Card (Ward / MR Child)
8. Pass port size Photo -3 (Ward / MR Child)
9. Pass port size Photo -1 (Mother's)
10. Pass port size Photo -1 (Father's)
11. Family Photo -1 (Postcard size / or separate photographs of family members)

## Medical

(Can be submitted at the time of Admission)

1. Medicines (if any) Stock for 1 Month
2. Medical Reports
  - a. Chest X- Ray
  - b. Blood Test (WBC, Sugar, ESR.)
  - c. Urine Test
  - d. Kidney test
  - e. Please describe if any specific disease (attach paper)

**If you have already submitted the above papers please ignore.**

## Requirement of Clothes:

- |                        |         |
|------------------------|---------|
| 1. Clothes             | 4 pairs |
| 2. Towel               | 1       |
| 3. Blanket             | 1       |
| 4. Chaddar             | 1       |
| 5. Inner Wear          | 4 set   |
| 6. Bed sheet           | 2       |
| 7. Tooth Brush         | 1       |
| 8. Pillow Covers       | 2       |
| 9. Sweater             | 1       |
| 10. Woolen Monkey Cap. | 1       |



## FINANCES AND MAINTENANCE CHARGES

1. Parents seeking admission for their ward at Adhar are required to enroll themselves as a life-member of the Association by paying Rs. 5000/- (Rs. Five Thousand Only).
2. Admission fees of Rs. 1,00,000/- (Rs. One Lac Only)
3. A security deposit of Rs. 50000/- (Rs. Fifty Thousand only) (**refundable only on submission of original receipt**)
4. If there is a '**Waiting List**' , Payment Terms for registering the name are as follows -
  - **1<sup>st</sup> installment of Rs. 55000/-** (i.e. Life-membership Fees of Rs. 5000/- + Part Payment of Admission Fees of Rs. 50000/-).
  - **2<sup>nd</sup> installment of Rs. 1,00,000/- to be paid on confirmation of date of admission** (i.e. Rs. 50000/- Balance admission fees + Security Deposit of Rs. 50000/-).
  - Actual admission may take time of 6-12 months.
  - Admissions will be on first come first basis.
5. The monthly maintenance charges for FY 2024-25 (w.e.f April 2024) are Rs. 17000/- (Rs. Seventeen Thousand Only) (Subject to change) + Medical Expenses as per actuals. Out station parents are requested to make payments by demand draft only.
6. Adhar being managed by the Association of Parents of Mentally Retarded Children and parents as members of the Association has a responsibility to get involved in raising funds to enable the Board of Trustees to maintain a fixed amount as maintenance charges and to raise funds for its various development projects.

## **(to be typed on Rs.100/- Stamp Paper with notary signature)** **proforma for nomination**

I Mr. / Mrs. **(Parent Name)** parent / guardian of **(Ward Name)** do hereby solemnly nominate Mr. / Mrs. **(Name of Nominee)** that in my absence the whole responsibility of my son/daughter **(Ward Name)** admitted at Adhar will be with Mr. / Mrs. **(Name of Nominee)** who is authorized to conduct all the dealings including payment of maintenance charges and medical expenses of my son / daughter **(Ward Name)**. The signature of my nominee Mr. / Mrs. **(Name of Nominee)** for accepting the nomination of my Son / daughter **(Ward Name)** as guardian in my absence is given below in my presence.

I do hereby ready to accept the whole responsibility of **(Ward Name)** in the absence of Mr. / Mrs. **(Parent Name)**.

Signature of Nominee

Name / address & Tel. No. /

Email ID Of Nominee

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Office Address & Tel. No.

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Photograph  
of Nominee

Signed in the presence of  
(Name / address & Tel. No. &  
Email)

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Signature of Witness

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Signed by me in the year \_\_\_\_\_ dated \_\_\_\_\_

\_\_\_\_\_  
Signature

## **OUR VISION**

*To Reach Out To Parents of Mentally Retarded Children and To Provide A Life-Time Shelter For Their Children*

## **OUR MISSION**

*To Address To The Daily Needs Of Mentally Retarded Children And Work For Their Life-Enrichment, Protection And Development*

### **Head Office (APMRC, Thane)**

301, Giri Heaven,  
Hari Niwas Circle, LBS Road,  
Near Male Hospital, Thane (W) 400602  
Contact: 25426753 / 25411708

### **Badlapur Project: (Adhar)**

Thakurwadi, Village Mulgaon  
Asnoli Phata, Off Barvi Dam Road,  
Badlapur (W) Thane 421 503  
Contact: 9869412311/8928005282/80

### **Nashik Project: (Adhar II)**

Gat No. 286, Pimpalgaon (Dukra)  
B/H Indian Oil Petrol Pump. Ghoti – Sinner Road,  
Tal. Igatpuri, Dist. Nashik 422502  
Contact: 7447476047

### **Satara Project (Adhar III)**

Gat No. 922, Village Harpalwadi,  
Nagthane Naka, Satara – Karad Highway,  
Tal. Karad, Dist. Satara 415014  
Contact: 8928005273/ 9823551967

**Website:** <https://adhar.org/>

**Facebook:** <https://www.facebook.com/AdharHome>  
**Instagram:** <https://www.instagram.com/adharhome/>  
**Youtube:** <https://www.youtube.com/@Adharhome>  
**LinkedIn:** <https://bit.ly/40PW4Xe>

# What after me?

## Who will take care of my child?

I will look after my mentally handicapped child as long as I can. But what if I am no longer there?



Haunting questions for parents of mentally handicapped children...

Such parents can now handle these vexing concerns much better... "Adhar" is there to help, with a

### Life-time shelter for the mentally handicapped

**Adhar** provides Homes- permanent residential facilities- to mentally handicapped children aged between 18 and 70

**Adhar** is a 31-year old NGO, runs such Homes at Badlapur (225 Special Residents), Nashik (100 Special Residents) and Satara (16 Special Residents)

**Adhar** has to its credit the Best Parents' Association Award given by the National Trust for 2006-07

**Adhar** has been recognized as Best NGO in India across all Disabilities for 2014-15 by President of India

"Adhar" runs life-long "home away from home" for mentally handicapped children

- 100% relief to parents- can rest assured that their mentally handicapped child is being genuinely cared for
- Expert Support to children- 2 Staff members for every 3 Children, medical facilities etc.
- Provides Financial relief through concessions in monthly outgo to deserving cases

Adhar's Badlapur Home was set up in 1994, Nasik Home in 2012, and opened a new unit at Satara District in Maharashtra for 100 intellectually challenged persons from April 2024.

Adhar is run by the parents of intellectually disabled children, for such parents, with society's involvement and support.

It receives no Government aid, runs only on donations, parental contributions and your goodwill

In any case you too can have a role in Adhar. Here is how .....

If you are a parent of a mentally Handicapped child, become an Adhar member; admit your child in the Adhar Homes at Badlapur, Nashik or Satara.

- Donate to Adhar. It qualifies you for a deduction in income tax under section 80G
  - Procure donations for Adhar from your friends and associates
  - Publicize the great work that Adhar is doing and help us to spread the word.
- Personally participate in Adhar's work. Our children will be grateful to you.

**Please do contact Adhar...We value your contribution greatly ...Thanks a lot!**

## Association of Parents of Mentally Retarded Children (Adhar)



**Head Office** - 301, Giri Heaven, Hari Niwas Circle, LBS Road, Near Male Hospital, Thane (W) 400602  
**Telephone:** 2542 6753, 2541 1708 **Email:** [vishwasgore@adhar.org](mailto:vishwasgore@adhar.org) **Website:** <https://www.adhar.org>

**Facebook:** <https://www.facebook.com/AdharHome>