



NEW MILESTONE IN SATARA

Adhar Satara Project Bhoomi Pujan



Adhar wins awards at Tata Mumbai Marathon 2023

Editorial



Dear Readers,

This is truly a special issue that is in your hands. This issue covers an extremely important milestone in Adhar's journey. I am happy, excited and proud to share with you that the work on the 3rd Adhar campus has started in Satara. The Bhoomi Pujan of the campus was performed on 30th March.

It was a glorious event with quite a large audience. Many were apprehensive of the turnout as it was on 30th March the auspicious day of Ram Navmi and there were multiple religious get togethers organised. It was hence a pleasant surprise and a delight that so many people turned up at the ceremony. This also means that Adhar is moving swiftly towards its goal of providing lifelong care to at least 1000 children thereby benefiting a 1000 families. The Satara campus will provide lifelong care for about 150 specially abled adults. This will take the total number of children under the Adhar umbrella to about 600. The entire construction cost of the campus has been borne by our generous

donors - the ADIT Foundation, Mauritius, and ADNA Foundation, Pune. This ensures that there is no burden on the financials of the parents. More details about the project are enclosed inside the issue.

We continue to work on providing holistic and high quality lifelong care for the specially abled and being mindful of the fact that we cannot put too much burden on the parents and siblings. We are continuously engaging with donors across the spectrum - corporates, rotary clubs, individuals, families, etc. Their support is vital for our success.

One such successful platforms for engaging parents and corporates in the cause of Adhar is the Tata Mumbai Marathon. Adhar got associated with TMM in the year 2019 and every year is another step in going up the ladder in TMM. This issue also covers our continuing success with respect to our participation in the Tata Mumbai Marathon. In fact, this year, **Adhar has been awarded the Tata Citation of Achievement for being the highest fundraising NGO in the Disability cause category at the Tata Mumbai Marathon 2023!** This is a very proud achievement as we have achieved this distinction within a short time of 4 years. The TMM team has worked very hard on this and has achieved spectacular success. The team has been ably led by Mr. Ajay Mehta and we hope for greater participation from parents and well wishers to see that we grow this avenue in the future.

This quarter also marked the inauguration of 3 important projects:

- (1) The solar plant project at Nashik campus - supported by BNP Paribas Bank
- (2) 40KLD STP plant at Badlapur campus - supported by HDFC Ergo General Insurance Company Limited
- (3) The Biogas plant at or Badlapur campus - supported by the Rotary Club of Mumbai Juhu.

This hastens Adhar's transformation into Green Adhar. We are all constantly striving to reduce our carbon footprint and take steps to conserve water, recycle waste water, recycle vegetable waste and move towards full solar electrification.

This quarter we had multiple engagements with the Rotary Clubs of Mumbai District 3141 and it has been a great experience working with them. They all appreciate the work being done by Adhar and have assured continued support to our cause.

In fact, the Rotary Club of Mumbai Juhu had organised a fund raiser in support of Adhar which generated a good response. It is events like these that give us the confidence that Adhar has a glorious future ahead. We look forward to the continued support of Rotary Clubs in the future as well.

As I said this is an issue to be treasured as it marks the celebration of multiple milestones for Adhar. I hope you will have a great time reading this as we have had making it. Happy reading.

- Arun Wadhwa
Editor



Satara Project Bhoomi Pujan

Bhoomi Pujan ceremony of Adhar-III at Satara was nothing short of spectacular! We were overwhelmed by the love and support shown by our community. Thank you for joining us on this auspicious occasion and making it a grand success.

The event was made possible by the generous support of the ADIT Foundation, Mauritius, and ADNA Foundation, Pune. Their contribution has enabled us to expand our direct services to 450 specially-abled adults and make a significant impact in their lives.

More than 100 people attended the program. We are grateful to all attendees who attended the event in such an adverse circumstances. Our special thanks to Dr. Dinesh Chandak & Mrs. Sharmila Chandak from Adit Foundation, Mr. P. K. Sing & Mr. N. S. Gautam Directors Unnatti Construction Pvt. Ltd., Sarpanch Harpalwadi Mrs. Vijaya Sanjay Patil & Shri Sanjay Patil, Shri Deepak Walimbe of Saksham Sanstha Satara, Shri Avinash Barve -Amey Palak Sanghatana, Shri Vinayak Bhise, Reporter and all the members from Akshar, Sanjivan, Samvedana, Apulki institutions of Satara, Wai & Karad.



Dr. Dinesh Chandak & Mrs. Sharmila Chandak



Vishwas Gore & Dr. Dinesh Chandak



Vishwas Gore & Rohit Bagade



Avinash Barve Founder Amey Palak Sanghatana



Adhar continues its successful participation @ Tata Mumbai Marathon

The Tata Mumbai Marathon is an annual international marathon held on the third Sunday of January in Mumbai, India. Over the years, the fundraising platform has gained prominence as the largest sporting platform for philanthropy in India. The Tata Mumbai Marathon provides a platform for many NGOs like Adhar to raise funds. It not only helps in fundraising but is also a good platform to get good visibility. Adhar was happy to participate in the Tata Mumbai Marathon this year after a gap of 2 years of COVID.

It was a grand event with a good number of participants from Adhar. We also had a stall in the motivation zone. This event again proved that Mumbai has a very big heart. Adhar was able to raise around ₹ 58 lakhs from this year's event. This fundraising was possible due to consistent help from corporates like Pamac, Teamspace, HDFC Ergo, Zeel Infotech, Incorp, MCA&MTS.

The NGO privilege levels help the



participating NGOs to plan their fundraising campaign at the Tata Mumbai Marathon in an effective and structured manner. In order to incentivize the efforts of participating NGOs who make full use of the TMM platform, a list of indicators has been carefully defined to mark success in each category. These indicators, once achieved, are converted into points. Moreover, the points accumulated are converted into additional privileges for the respective NGO.

Adhar has reached the Diamond level in TMM 2023. this year, **Adhar has been awarded the Tata Citation of**

Achievement for being the highest fundraising NGO in the Disability cause category at the Tata Mumbai Marathon 2023! Achieving such an award in a span of 4 years is a great achievement. We plan to make new records in the upcoming TMM 2024 for which work needs to start now. We need more corporates to participate, and also more pledge pages should be created by parents. An excellent example of a parents pledge page is the one created for Karan Dutt by his parents. It helped raise about ₹ 1 lakh this year. Over the past 3 years including the COVID years, Karan Dutt's page has been able to raise almost ₹ 3.3 lakhs.

Over the last three years, Adhar has raised around 69 lacs through pledge pages. We are looking forward to more support for fundraising. We need more Corporate Donors as well as pledge pages created by parents. Let's work together to make TMM 2024 a even bigger success.



Samarpan – A fund raiser by RCMJ for Adhar

Rotary has been a long term supporter of Adhar and various Rotary clubs have supported Adhar through its journey of 30 years. This year **Rotary Club of Mumbai Juhu** organised “Samarpan” a fund raiser for its two flagship projects Sakshi and Adhar. The fund raiser was conducted on 29th January 2023 at Rang Sharda Auditorium, Bandra West.

It was a grand musical evening of Kishore Kumar’s songs dedicated to the iconic singer, aptly named Samarpan. The performers were seasoned and renowned singers from the music industry. RCMJ Club member Mohan Radhakrishnan, honorary member Mona Kamat Prabhugaonkar, the highly-acclaimed Alok Katdare and the youthful Gul Saxena held the audience spellbound with their performances.

It was planned meticulously and executed to perfection by RCMJ President Sridhar, PP Kala, Secretary Arun Wadhwa and a team of volunteers



Felicitating the sponsors, donors and beneficiary NGOs: Rtn. Kala, Smita Bharti of Sakshi, N. Muthuram, Anandakrishnan of KVP Foundation, Vishwas Gore of Adhar, B. Ramakrishna of ICICI Prudential, Anand Sundaram of IDFC First Bank, Lakshman Karki, Shashi Chachia, President Sridhar, Rajesh Menon of Ark Events, and Secretary Arun Wadhwa.

from RCMJ. It was curated by PP Kala Sridhar’s Ark Events, and sponsored by LIC, IDFC First Bank and ICICI Prudential.

The house-full audience enjoyed the music, appreciated the work done by RCMJ and also connected emotionally

with Adhar. Many were introduced to Adhar and its work through this event. We are extremely thankful to the Rotary Club of Mumbai Juhu for their continued support and look forward to working with them again.



RJ Amit and singers Mohan Radhakrishnan, Gul Saxena,



Alok Katdare and Mona Kamat Prabhugaonkar

A view of the engrossed audience.

ADHAR NEWS PULSE - BADLAPUR

Skin Check-up Camp at Adhar, Badlapur

Skin check up camp was organised in collaboration with Dr. Mr and Mrs. Ramnani. Dr. Mr. And Mrs. Ramnani are well-known skin specialist. We usually consult them

at Ashtang Yog Clinic near Rahtoli, Badlapur. Doctors visited the Badlapur campus and appreciated the cleanliness and caring done by Adhar staff. Dr. Ramnani assured

that at least 2 skin check up camps every year will be held at at Badlapur. Adhar trustees and staff members are thankful to Dr. Mr. And Mrs. Ramnani for their support.



'Samavesh' by Rotary Club of District 3141

Rotary Clubs of District 3141 organized an event called "Samavesh" to create an inclusive society. Rotary clubs organized this event with a unique idea of sports, a fashion show and dance performances by special children. This event was organized at Band Stand Bandra. Leading hosts for this event were RC Deonar, RCM Ghatkopar West RCM Mulund East, and RCM Salt City.

The Rotary clubs had arranged Wheelchair Cricket,

Wheelchair Basketball, Wheelchair Badminton, Fashion Show Catwalk, Music Band by Blind Dance Performances etc. for the special children.

Adhar Badlapur participated in this event by putting up a stall of its products. Our dancing star Niles Shivjatak also put a great dance performance. We at Adhar express our heartfelt gratitude towards our Adhar Trustee Shri. Arun Wadhwa for coordinating the same.



VIP visit of The Cause Travellers Social Welfare Organization

We had a special guest visit at Badlapur campus. Mr. Bhal Shekhar Chilana, President of “The Cause Travellers Social Welfare Organization”, Mr. Ravindra Setia is the owner of Melting Hearts, an Ice Cream products company, Mr. Anandkumar Soni, CMD Shiv Parvati Group – Builder and Developers, Mr. Amit Kapoor owner of Autospark batteries corporation.

This visit was coordinated by Mr. Vishnu Mehra, who is our parent. All the guests visited the Adhar campus and appreciated the work done by Adhar uninterruptedly for 28 years at the Badlapur campus. They spent time with our staff and understood the journey of Adhar as it moves ahead in the cause of taking lifelong



care of intellectually disabled adults. They donated generously with the assurance of the same in nearer future too. Adhar trustees and Staff are thankful to Mr. Vishnu Mehra for their extended support to our cause.

CSR visit of Volkart Foundation Indian Trust

The Volkart India Foundation visited the Badlapur campus of Adhar, an organization that provides support and care for special children and the elderly. The visit was to discuss a future collaboration between the two organizations. During the visit, Mr.

Mukund Gorakhshkar, a representative from the foundation, spent time with Adhar's trustees, staff, and residents and observed the facilities, including the dormitory, medical unit, and workshop.

He praised the dedication of the staff

and the cleanliness of the campus and promised to continue supporting Adhar in their mission to provide care for special children and the elderly. Adhar's trustees and staff were grateful for the visit and guidance provided by Mr. Mukund Gorakhshkar.





Triumph Fun 2023

Triumph Fun 2023 Event was organized by the Rotary Club of Thane at Holy Cross High school Ground, Thane. Our 30 residents and 11 staff members participated in this event on 22nd January, 2023. This was fun activity including fun

games, running, etc. Our residents and staff participated in all the gaming activities. We are thankful to Rotary club of Thane for giving this excellent opportunity to spread happiness to our Adhar friends.



Adhar Annual Sports Day

Sports day event was a great success and everyone had a great time participating in the various games and activities. It was a great opportunity for the residents to come together, bond, and have fun while also promoting a healthy lifestyle. The weather shield and turf ground provided a safe and comfortable environment for the children to enjoy the games. The snacks and energy drinks were also a nice touch and helped to keep everyone energized throughout the day.

It was a great community-building experience and we are already looking forward to organizing more sports day events in the future. We are also grateful to Mr. Jagannath Pisekar for providing the turf ground for free, which made it possible for us to organize such a successful event.

In conclusion, the Sports day event was a great opportunity for the residents of Adhar, Badlapur to come together, bond, and have fun while promoting a healthy lifestyle.





Visit of Saket College Student



Saket Gyanpeeth's Saket College of Arts, Science and Commerce NSS unit visited Adhar, Badlapur with 60 students and 2 staff teacher.

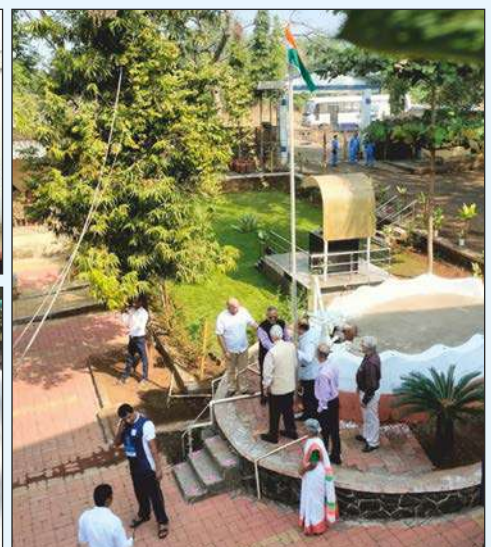
We had sensitized students about the issue of social acceptance and caring of mentally challenged adults. We had also discussed about the role of Adhar to

taking lifelong care of these adults and directly giving a relief to the parent of these adults.

Students visited Dormitory, Workshop, Medical unit and all other facilities at Badlapur campus. They were spontaneously asking for volunteering during their college vacations. They

appreciated the work done by Adhar staff to keep these adults clean and hygienic. Visit concluded with sweet memories. We had appealed to all students to spread awareness about Adhar on social media through liking our Adhar Home page as well.

Republic Day and Parents Meet



On 26th January, we had the Parents meet and celebration of India's 74th Republic Day at Badlapur Adhar with Trustees, Parents, staff and Adhar

friends. Parents enjoyed the dance performances, singing, playing of the piano by Adhar friends. New parents expressed their happiness after joining

with Adhar. We officially inaugurated Green Gym in the presence of Trustees and parents. Our Adhar friends and parents enjoyed Green Gym a lot.



VIP visit of Dr. Sanjivani Borgaonkar & Family



We had a special family visit of Dr. Sanjivani Borgaonkar with her daughter Ms. Shruti and Mr. Chris from abroad. Dr. Sanjivani Borgaonkar is a daughter of our loving founder chairman Late Shri.

Madhavrao Gore. Our Chairman Shri. Vishwas Gore Mrs. Sharmila Gore and Trustee Smt. C. R. Saraswathy were accompanied with them during this visit. They spent time with Children and Staff. They

visit Badlapur campus and enjoyed dance performances by Adhar friends. Visit concluded with sweet memories of initial stages of Adhar and the dedicated work done by Late Shri. Madhavrao Gore.

Mahashivratri – Shiv Temple Visit



Spreading joy and blessings on this auspicious day of Maha Shivratri. Our

team from Adhar NGO had a wonderful time visiting Shiv Mandir Rahtoli and

sharing the festivities with our Badlapur residents.

UDAAN – Event by Lions Club of Thane



Adhar residents had an exhilarating experience at the Udaan event organized by Lions Club of Thane at

Thane. Our residents enjoyed the outing, food and the overall event. This also helped the students to experience

performances at a venue different from Adhar auditorium. Thank you Lions Club of Thane for a wonderful day.

VIP visit of Venkatesh Charitable Trust

We were delighted to have the visit of Mr. Vinayak Karve and Mr. Madhav Soman today at our Badlapur campus. As dedicated supporters of Adhar, they

spent time with our staff and our trustee Mr. Ajay Mehta and Smt. C. R, Saraswathi. Their visit was a wonderful opportunity to showcase the hard work and dedication of

our team, and we are grateful for their appreciation of our efforts. Thank you for your continued support, Vinayak Karve and Madhav Soman.



VIP visit of MTNL Co-op-Society, Dadar

We were thrilled to welcome the Chairman of MTNL co-op-Credit Soc. Ltd. Mumbai, Mr. Mahesh Dhuri, and his colleagues to our Badlapur campus. They spent quality time with our

Adhar, Badlapur special children, visited our workshop, and toured our facilities, including the Bio Gas project, STP project, and Solar energy plant. Our kids stole the show with their

amazing dance performances, which the visitors thoroughly enjoyed. Thank you, MTNL, for making unforgettable memories with our special ones.



Bio-Gas Plant Inauguration by RCMJ

We had a wonderful time with the **Rotary Club of Mumbai Juhu** during their visit to Adhar. They sponsored the bio gas plant which was inaugurated by Shri Vishwas Gore, President Sridhar, Sr. Rotarian Rakesh, Rtn. Mohan, and Secretary Rtn.

Arun Wadhwa. Their support has been invaluable in helping us provide sustainable energy solutions to our community. The musical performance by Mohan Radhakrishnan, Bhavesh, Priti, and Sourabh was fantastic, and our

residents had a great time singing and dancing along with the kids. We're grateful to our trustees Khened Sir and Saraswathi Madam for participating in the program as well. Thank you all for your generosity and support.





Adhar Annual Picnic

Children from our Badlapur campus enjoyed the one day picnic organised at Monteria Resort, Karjat. Considering the hot climate, we prefer the picnic to be at a water park for more fun with water games and slides. Our children enjoyed even the road trip to the resort and of course rides, games and activities at

Monteria resort. We are thankful to Mr. Kunal Kalbhor, and the management of Monteria resort for arranging the picnic with delicious meals for our special ones at no cost. We are also thankful to Mr. Kailas Wakchoure of N-JOY HOLIDAYS (Navi Mumbai) for nice co-ordination.



Visit of Rotary Club of Mumbai Royals

Today we had a visit of **Rotary Club of Mumbai Royals**. Mr. Arun Wadhwa, Adhar Trustee accompanied them during this visit. They spent time with our staff and children. They were very impressed after seeing the smiling faces of our Adhar special children. This visit was

the start of association of Adhar and Rotary Club of Mumbai Royals. They have sponsored the automatic Chapati making machine for Adhar, Badlapur. We are thankful to members of Rotary Club of Mumbai Royals for their support.





Musical event by UDAAN Foundation

We had an amazing Musical show (Hindi and Marathi songs) performed by Udaan's specially

abled artists. Their performance was outstanding, and our Adhar special children had a wonderful time. We

are grateful to Udaan for bringing such joy and entertainment to our community.



VIP visit of MANN

We had the pleasure of hosting Ms. Dilshad and Ms. Beverly from MANN - Centre of Training for special Children at our Badlapur campus. Adhar Trustee, Mr. Ajay Mehta and Smt. C. R. Saraswathi accompanied the guests during their visit. Mann -

Center for Individuals with Special Needs is a registered charitable trust that believes in "Giving is receiving." Ms. Dilshad and Ms. Beverly appreciated the work done by the Adhar Trustees and staff, and understood the importance of Adhar in the

lives of special children and their families. Thank you, MANN, for taking the time to visit our campus and workshop. We are grateful for your support in our mission to empower special children.



Inauguration of 40KLD STP Plant

We are excited to announce the inauguration of our new 40KLD Sewage Treatment Plant, co-funded by HDFC Ergo General Insurance Company Ltd.

We were honoured to have Ms. Rachana Dogra and Ms. Dhanalakshmi Mudaliar from HDFC Ergo General Insurance Co Ltd - CSR Dept. present to grace this

movement, along with Mr. Llyomesh Takwani, well-wisher of Adhar, Smt. C. R. Saraswathi, Adhar Trustee, and Mr. Ajay Mehta, Adhar Trustee.



Exhibition-cum-sale at BPCL Mahul

We were delighted to participate in an exhibition and sale of Adhar products at BPCL Mahul, Mumbai. Our trustee, Mr. Khandkar Adhar,

coordinated this event, which gave us a great opportunity to spread awareness about our cause of lifelong care for intellectually disabled

adults. We would like to express our gratitude to the BPCL staff committee for giving us this wonderful opportunity.



Visit of Go Dharmic

We had visit of Ms. Ankita Tiwari from "Go Dharmic". IT is a NGO registered under Charity at US, UK and India. They are operating globally based on mission to "LOVE ALL, FEED ALL and SERVE

ALL." Their team visited the Badlapur campus. They organised Magic Show for our Special ones. Our Adhar Children enjoyed this event very much. Ms. Ankita appreciated our cleanliness and

continuous caring schedule for special ones. She further assured us for future association in terms of our grocery needs. We are thankful to Team Go Dharmic for their support.



VIP visit of Professor Sharanabasava Khened

We had a visit of Professor, Sharanabasava Khened, Former, Principal, LVD College of Science, Raichur, Adhar Trustee Mr. Shivprasad Khened was accompanied to him with

family. They visited the facility of Adhar Badlapur. He had inspected this facility 10 years before and he was extremely happy to see so many new facilities and children doing work and enjoying what

they are doing. He was also impressed with the efforts of Adhar to introduce STP, which serves the purpose of water utility, Solar plant, Bio gas each of these facilities help Adhar.



Mrs. Ananthalakshmi Ramesh, Rotary Club of Mumbai Juhu Donation of Rs.50,000/- + One Time Special Lunch for residents

Two received a donation of Rs. 60,000/- from Mrs. Ananthalakshmi Ramesh, member of Rotary Club of Mumbai Juhu. Of this amount Rs. 50,000/- was towards the medical

expenses of a economically weak resident and Rs. 10,000/- was as a donation for the One Time Special Lunch (OTSL) for Adhar Badlapur residents. This was done on 2nd May,

2023 on the occasion of the 60th Birthday of her husband Mr. Ramesh Rajagopal. Thank you for the wonderful gesture and look forward to a long term association with you and your Club.



Annual Health Camp

Adhar was thrilled to have arranged health check-up camp for the inhabitants of Badlapur. We extend our heartfelt appreciation to

Dr. Rajput for contributing their time and expertise to our objective of catering to the lifelong well-being of mentally challenged

grown-ups.

The endeavor was an enormous triumph, and we are grateful for their support.





New Ambulance for Adhar Badlapur

Our staff and children at the Badlapur campus gave a grand welcome to new Ambulance. They were very happy to see new Ambulance for Badlapur Campus. This dedicated

ambulance will be a great help to serve the special ones in terms of medical emergencies. We are thankful to the donors for their noble support.



Spreading Happiness - Rtn. Hemang Jangla, RCMJ

Rotarian Hemang Jangla of Rotary Club of Mumbai Juhu, has been supporting Adhar residents with his donations of Maggi Pasta, noodles, and Cadbury chocolates.

This gives a lot of joy to the residents and they look forward to the next upcoming treat.

Thank you Hemangbhai for your support and donations.



Our youngest donor Master Jay Joshi

Team Adhar extends its heartfelt gratitude to our youngest donor Master Jay Joshi. He is the grandson of our well-wisher Mr. Vijay Paranjape & Son of Mukta & Kaustubha Joshi from New Zealand. He visited our office with his family to share with us all the gifts & cash he had received at his 'Thread Ceremony' at Pune.

Thank you your generous gift to Adhar – Special Home for Specially Abled. We are thrilled to have your support. Your support truly makes a difference for our cause and we are extremely grateful for the same.



ADHAR NEWS PULSE - NASHIK

Inauguration of the "Solar Project" by the officials of BNP Paribas Bank & CERE on 06th Jan 2023

Adhar-Nashik "Roof Top Solar Power Plant" was sponsored by BNP Paribas Foundation with implementing partner CERE through Avesta Solar Technology as a part of their Corporate Social Responsibility initiative. This project will help Adhar Nashik Unit go green and also ensuring financial savings in operational costs.

The Project was inaugurated on 06th Jan 2023. We are thankful to Ms. Manisha Khosla Sinha - Head of CSR & Brand & Communications - BNPP India, Ms Amisha Dhutia - Head of Foundation - BNPP India, Ms. Lavena Misquitta - Foundation team, Ms Vidyaxmi V., Ms Ritika Jadhav, Ms Ketaki Manikeri, Mr Rahul D. Joshi from B & C Team of BNP and CERE officials Ms. Menita Ranghar for attending the inaugural function.

Chairman Mr. Vishwas Gore gave an introductory presentation to the team



members after a short video film on Adhar. Mr. M. L. Talwar - Vice Chairman & Secretary, Mr. Ajay Mehta - Trustee Adhar, Mr. Ganesh Ambekar - COO, Mrs. Sharayu Samarth - EA to the Chairman & Mr. Sandesh Sawant - Resident Manager (Care Services) were present at the occasion. It was also an Employee

Engagement Program. The team members participated in vocational training activities with our special residents. Enjoyed the cultural program presented by our residents. Took a round of the campus & also visited Adhar Senior Citizen Home. The visit concluded with a vote of thanks to all the guests.

Celebrated Independence Day in Adhar Nashik

Adhar Nashik has celebrated the Republic Day on 26th January 2023 in the presence of our special residents, and the , residents of Senior Citizens Home & staff members. The Flag hoisting was done by our Senior Trustee Shri S. M. Chandawarkar. Selected staff members were felicitated for their outstanding work by Mr. S. M. Chandawarkar - Trustee,

Mr. Anil Mazumdar, Mrs. Aditi Joshi, Mrs. Asha Phadnis and Mrs. Aarti Dutta, the residents of our Adhar Senior Citizen Home. The lady staff members celebrated the day with a Sankranti Haldi Kumkum program. The program was followed by a special lunch for the residents & staff. The entire atmosphere was enthusiastic & happy. Everyone enjoyed the occasion.



Sinnar Mini Marathon - 2023

The 17th Sinnar Mini Marathon was organised by Sinnar Athletics Association & Sinnar Industrial & Manufacturers Association on 5th February 2023. 15 special residents & 7 staff members of Adhar participated in the marathon. Shri Vaje - Local MLA Sinnar, Shri Kishore Rathi of Advance Enzyme, Major D. K. Zarekar of Tulsi Eye Hospital were

also present for the marathon. Our youngest trustee Shri S. M. Chandawarkar – aged 93 years also joined with our residents. Shri Chandawarkar was given the honour of flagging off the marathon of special children. His enthusiasm and energy is most admirable. Hats off to Chandawarkar Sir.



Nashik Run - 2023

The “Nashik Run” was initiated by a select set of corporate houses to help the needy and underprivileged and to promote the awareness of health and fitness in and around the city of Nashik. There are various social service organizations engaged in a myriad of activities pertaining to the under privileged in and around Nashik. Their activities include shelter for the old and destitute, shelter for women, education and training for the mentally challenged, training for the blind, care

for orphans, skill center for the specially abled etc.

The marathon was organised after the gap of 2 years due to COVID pandemic. Around 2500 peoples participated in the “Nashik Run 2023”. 15 special residents of Adhar participated in Nashik Run 2023 held on 18th February 2023. Our Trustee Shri S. M. Chandawarkar & Mr. Katdare resident of Adhar Senior Citizen Home attended the Marathon. Parent Mr. Walke arranged the lunch for residents & staff

who have participated in the marathon. Residents enjoyed the special menu of Pav-Bhaji & Puranpoli.

Our special thanks, to Mr. Arvind Patil, General Manager & Ms. Pallavi Pande - HR Head, Epiroc Mining India Pvt. Ltd., for providing sponsorship to participate in ‘Nashik Run 2023’. We are thankful to Mr. Vijay Mali & Mrs. Poonam Mali, sister of our resident Sandesh Walke, for put in their special efforts to introduce Adhar to Epiroc Mining India Pvt. Ltd.





Gudi Padwa Celebration

The start of the traditional New Year is celebrated all over India. In Maharashtra, we called this festival as Gudi Padwa. The celebration of Gudi Padwa usually involves hoisting a Gudi. The Gudi is a flag-like structure made of bamboo, silk cloth, decorated with flowers, neem leaves, and a copper or silver pot. It is usually hoisted outside homes, on terraces or at the entrance of the house.

At Adhar Nashik, the Gudi was hoisted & worshipped by Shri Anil Muzumdar, our parent & resident of Senior Citizen Home.

All residents, staff & residents of Senior Citizen Home were very enthusiastic & the whole atmosphere was very happy. All exchanged New Year wishes with each other. Everyone enjoyed the special lunch of Pav Bhaji & Jalebi.



Visit of Mr. Haresh Uttamchandani & Family

One of our great donors & well-wishers Shri Haresh Uttamchandani (Kakaji) visited Adhar Nashik with family & friends after a long time on 28.11.2022.

They took a round of the campus, and interacted with our special residents. He expressed his happiness on the new additions like solar energy projects, Dairy project etc.

He also visited the Senior Citizen Home for the first time & was so happy to see the facilities provided, specially the sit-out relaxing area.



Visit of Trustee Mr. Ajay Mehta & Family

Adhar - Nashik Trustee Mr. Ajay Mehta & close family members visited Adhar Nashik on 27.11.2022.

They all take a round of the Campus, interacted with residents, and enjoyed cultural program of residents. They also

visited Adhar Senior Citizen Home. All were very happy to see the facility & services of Adhar.





Smt. Nisha Datta Varli Painting Workshop Session

Smt. Nisha Datta, Grandmother of our resident Rohin Mazumdar conducted the Basic Warli painting workshop session for teachers and residents at Adhar Nashik on 26th November 2022.

Warli painting is a form of tribal art mostly created by the tribal community.

It shows various aspects of social life through the pictures of human beings and animals. Warli painting uses a set of basic geometrical shapes such as circle, triangle, and square which represent nature like Sun Moon, Trees etc. Apart from nature, Warli painting covers day-to-day activities of village

people. They paint various activities like dancing, playing and performing puja. The whole session was very interesting & every one enjoyed it a lot. We very much thankful to Smt. Nisha Datta for her initiative to organise such a beautiful & interesting workshop.



Visit of Smt. Aditi Joshi and Her Friends

Our parents Smt. Aditi Joshi and her friends visited both our units and spent time with our special ones and celebrated

staff and children's birthday & enjoyed children dance performances. Also medals were awarded to best employees

of October 2022. Senior trustee Mr. S. M. Chandawarkar was present for the program.



12th 26/11 Shahid Marathon - 2022

This Marathon is held in the memory of the martyred police officers and policemen who sacrificed their lives in

the terrorist attack on Mumbai on 26/11/2010. It is the only Marathon of India which is held in memory of the

martyrs. It is held on 26th November of every year. 15 special residents participated in the Shahid Marathon.





Visit of Mr. Kedar Sohoni from Borderless Access

Adhar - Nashik Mr. Kedar Sohoni from Borderless Access visited Adhar Nashik on 23.11.2022. They have sponsored the cowshed for the Nashik Project.

A formal inauguration of Cowshed was done by

Mr. Kedar Sohoni. He also took a round of Adhar Home & Senior citizen Home and interacted with residents. He was very satisfied to see the facilities and services at Adhar.



Visit of A Musical group 'Karvaan Karaoke Klub' Deolali

Adhar Nashik – 25th February 2023 a Karaoke Musical Concert was organised by 'Karvaan Karaoke Klub' Deolali. Mr. Ridham Shah, a born artist, renowned singer & Tabla player is the founder of this group. He is leading a team of 60 dedicated, hardworking & passionate

singers of the age group 8 to 60 years. We are thankful to Mr. Ridham Shah & his team for singing old & new Hindi / Marathi melodious songs for us. That 2-3 hours are full of enjoyment for our Special Children, residents of senior citizen Home, Guests, and staff

members of Adhar. It was great fun for all of us. Our special thanks to Dr. Puni Bakshi & Mrs. Sanjivani Bakshi for their efforts to make this program successful and for sponsoring the special dinner for our special children, residents of senior citizen home & guests on that day.



ADHAR Senior Citizen's Home (Our Trusted Home)

Gat No. 286, Pimpalgaon Dukra, Sakur Phata, Ghoti-Sinner Road, Tal. Igatpuri, Dist. Nashik

**ADHAR Senior Citizen's Home is fully
functional from on 2nd April 2022**

: Admissions are Open Now :

Charges for Residents:

Admission Fees :

- Rs. 1.00 lac Per Person for Twin Sharing & Couple (A twin sharing room utilized by two occupants or a couple)
- Rs. 2.00 lac for Single Occupancy (A twin sharing room utilized by a single occupant)

Security Deposit:

- Rs. 1.00 lac per person

Monthly Fees :

- Rs. 15000/- for Couple/per person
- Rs. 17000/- for Twin Sharing/per person
- Rs. 25000/- for Single Occupancy

Walk-in Residents:

- **Stay Upto 3 Days -**
Rs. 1500/- per person/24 Hrs. (Incl. Food)
- **Stay for 1 Week -**
Rs. 10000/- per Person/7 days (Incl. Food)
- **Stay for 2 weeks -**
Rs. 20000/- per person/14 days (Incl. Food)

Age Eligibility: 60 yrs. & above

Long Stay (1 month at a time)

Corpus Donation:

- Rs. 1.00 lac Walk-in for Long Stay / Per Person (donation is valid for 3 years only)

Monthly Charges (Incl. Food) :

- Rs. 15000/- for Couple (for 1 month) / per person
- Rs. 17000/- for Twin Sharing (for 1 month) / per person
- Rs. 25000/- for Single Occupancy (for 1 month)

Additional Expenses on Actual Basis

- Washing (for more than 6 Clothes per day)
- Ironing
- Hospitalisation & Personal Medicines
- Arrangement of Vehicle for personal work
- Provision of personal assistant
- Food & Accommodation Expenses for Personal Guests
- Charges for Tata Sky Add on Channels

For Admission & Information please contact :

- **Sharayu Samarth @ 99873 22050**
- **Sandesh Sawant @ 74474 76047**

HOW YOU CAN HELP ADHAR ?

CO-GUARDIANSHIP OF A CHILD

| Sr. No. | No. of Special Children | 1 Month Sponsorship (INR) | Annual Sponsorship (INR) |
|---------|-------------------------|---------------------------|--------------------------|
| 1 | 1 | 4,000/- | 48,000/- |
| 2 | 10 | 40,000/- | 4,80,000/- |
| 3 | 25 | 1,00,000/- | 12,00,000/- |

SPONSORSHIPS

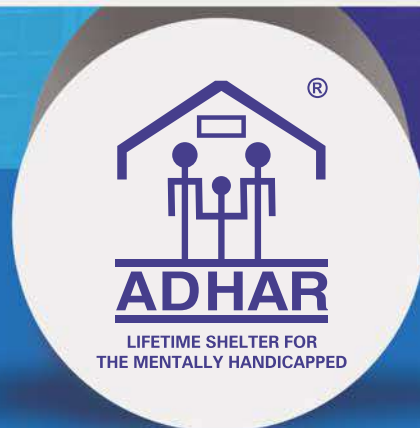
| Sr. No. | Particulars | Donation Amount | |
|---------|---|-------------------------|------------|
| 1 | 1 Month's Deficit of 1 Resident | 4,000/- (In Multiples) | |
| 2 | 1 Month's Entire Expenses of 1 Resident | 21,000/- (In Multiples) | |
| 3 | Annual Picnic of Residents | 2.50 Lakhs | 1.50 Lakhs |
| 4 | 1 Month's Raw Material for Vocational Training Centre | 50,000/- | 25,000/- |
| 5 | 1 Month's Cattle Feed for Dairy Project | 1 Lakhs | 50,000/- |
| 6 | 1 Month's General Medicines Expenses | 75,000/- | 35,000/- |
| 7 | 1 Month's Expenses for Cleaning & Sanitation | 1 Lakhs | 50,000/- |
| 8 | Annual Medical & Dental Camp | 2.50 Lakhs | 1.25 Lakhs |

ADOPTION of ACTIVITIES (Funding Annual Budget)

| Sr. No. | Particulars | Amount (INR - Yearly) | |
|---------|--------------------------------------|-----------------------|----------|
| | | BADLAPUR | NASHIK |
| 1 | Dining & Kitchen | 50 Lakhs | 25 Lakhs |
| 2 | Vocational Training Centre | 40 Lakhs | 20 Lakhs |
| 3 | Medical & Special Care Units | 50 Lakhs | 25 Lakhs |
| 4 | Laundry Unit + Cleaning & Sanitation | 25 Lakhs | 12 Lakhs |
| 5 | Ladies' Dormitory | 60 Lakhs | 30 Lakhs |
| 6 | Gent's Dormitory | 60 Lakhs | 30 Lakhs |
| 7 | Dairy Unit | 15 Lakhs | 7 Lakhs |

YOU TRUSTED ADHAR
WHEN YOU WANTED
LIFELONG CARE OF
YOUR SPECIAL CHILD

YOU CAN TRUST ADHAR
TO TAKE CARE OF YOU
IN YOUR OLD AGE.



ADHAR HOME H.O.: 301, Giri Heaven Building, Hari Niwas Circle,
Lalbahadur Shastri Road, Thane (West) - 400 602.

ADHAR Senior Citizen's Home Site Address: Gat No. 286, Village Pimpalgaon (Dukra), Ghoti - Sinner Road,
Sakur Phata, Behind Indian Oil Petrol Pump, Tal. - Igatpuri, Dist. - Nashik.



contact@adhar.org



022-25426753 / 022-25341708