

Adhar wishes you a

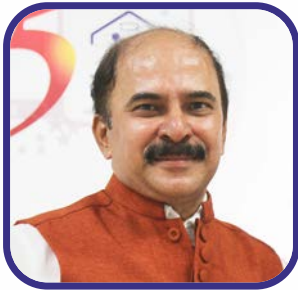
*Happy*  
**Diwali**

&

*Prosperous New Year*



## Chairman's Desk



Dear Readers,

Happy Days are here again!!!

I am delighted to inform you that Adhar has started functioning fully without much restrictions after a span of 2 years of Covid 19 pandemic.

Our special ones are now freely participating in all their daily activities. We celebrated all the festivals like Dahi

Handi, Ashadhi Ekadashi, Ganapati, Navratri Garba etc. Ganpati festival was celebrated for 5 days at both the locations. Parents have begun visiting their wards as usual without any restriction. Overall, Adhar's all activities are back in action. Now once again our special friends are happy & enjoying their stay at Adhar as it was before the pandemic. In nutshell now life at Adhar has become normal, encouraging & cheerful as before.

### Adhar Spreading its wings -

We are committed to our vision of reaching out to more and more parents of intellectually disabled adults and extend them complete relief from their worry of "After me what? Who will take care of my special child?"

I am happy to share very encouraging news with you all. Very soon we wish

to create identical facilities like Nashik for intellectually disabled adults in Satara in the state of Maharashtra. The facility will basically support and help the parents of western Maharashtra. We plan to cater 100 intellectually challenged adults at the new project.

One of the industrialists from Pune / Talegaon has taken the responsibility of funding the upcoming project of Adhar at Satara. I always believed that for genuine and transparent work society come forward and support. This has been proved again.

Wishing all of you very "Happy Diwali & Prosperous New Year".

Thanks & Regards,

- Vishwas Gore  
Chairman

## Editorial



Dear Readers,

Adhar means "support". Support to parents of the intellectually challenged children, care support of our specially abled residents, support for the wonderful staff who take such good care of our residents.

This support was exemplified in the manner in which Adhar did not shut down even for a moment during the Covid-19 pandemic. It shows the commitment Adhar has towards its promise of providing lifetime care for the specially abled. What is also

noteworthy is the support that Adhar gets from its staff, from its parents and from its donor and supporters.

Adhar was working towards the next stage of putting in place a new leadership team under the leadership of Avadhoot Sahasrabudhe. He had taken upon himself the tough task of making Adhar future ready in terms of strategy and systems. He was instrumental in many of Adhar's digital reporting systems which helped Adhar manage the lockdowns effectively.

However the Almighty had other plans. His time on earth was tragically cut short in the prime of his life. He was about 50 years old when he passed away. His passing away was a big setback to Adhar's plan of being ready for future. His work will certainly stay alive for many more years and he will be remembered by all the trustees, parents and staff with love and respect. We will continue the

digitisation of Adhar as per his vision and are confident that with everyone's support we will stay on course to become future ready.

Such planning of future goals is essential to ensure that we deliver on our promise of "lifelong care" of our residents. Adhar now is an entity which is capable of withstanding major challenges and come out triumphantly. It has shown the resilience and strategic clarity needed for achieving long term objectives.

Adhar will continue to look at more opportunities for expansion and helping more number of parents of intellectually challenged children.

As we move into the future, we urge all our donors, well wishers and our parents to continue to support us so that we can achieve our vision for the future

- Arun Wadhwa  
Editor

## Founder's Day Celebration

Founder's day was celebrated on 4<sup>th</sup> October, 2022 on the occasion of the 23<sup>rd</sup> Death Anniversary of our loving Founder/ Chairman Late Shri. Madhavrao Gore. Trustees, Staff, Parents and the special children of Adhar participated in this programme with enthusiasm. Chairman Shri.

Vishwas Gore garlanded the statue of Late. Shri. Madhavrao Gore. All those who were present prayed an offered homage to the well loved Founder of Adhar.

Old staff members and the Trustees shared their experiences with Senior Gore sir which gave a rare insight to his

fantastic personality. The new staff of Adhar and the guests present appreciated his yeoman work for society. The programme concluded with the singing of Bhajans. This programme provided lots of energy to all the staff members to continue their excellent work at Adhar



## ADHAR continues its successful participation @ Tata Mumbai Marathon in 2023

Scheduled on Sunday 15<sup>th</sup> January 2023

like our successful run @ TMM in 2019, 2020 & 2021



Mr. Ajay Mehta

The Tata Mumbai Marathon (TMM) which is one of the most popular marathons in the world & provides one of the best platforms for raising awareness & funds for NGO's, is finally back in January 2023!!!!

Our Adhar has successfully participated in TMM 2019 & TMM 2020 & is now looking forward to TMM 2023 with anticipation and excitement. Our Adhar & most of the NGO's, runners and supporters, really missed the Tata Mumbai Marathon which could not be held in 2021 & 2022 due to the pandemic.

As Adhar provides lifelong shelter and care for our Specially Abled Friends, it maintained its promise by not shutting down even for one minute all through the pandemic.

In such trying times, Adhar appreciated the support extended by the Tata Mumbai Marathon's Philanthropy Platform. Through this platform, Adhar managed to get great financial support through the participation of Corporate Teams, runners running on Adhar's Charity Bib's & most importantly, supporters raising funds through their Pledge Pages as per details given below: **Adhar raised Rs. 16.29 Lakhs in TMM 2019, Rs. 33.32 Lakhs in TMM 2020, Rs. 20 Lakhs in TMM 2021-2022.**

We appeal to one & all to help Adhar raise more funds by supporting the TMM Pledge Pages. We appeal to all the parents & supporters of Adhar to create their individual "Fundraising Pledge Page" during the Tata Mumbai Marathon every year. It's very simple, and we are ready to help in case needed. You need not be a Runner, you can sit at home & help ADHAR by spreading your Pledge Page amongst your social & family circles. It's online & very simple way of donation. The Donor will get ADHAR's Donation Receipt also.

GOD bless our Adhar always.

- Ajay H. Mehta  
(Trustee)

## Fond Rememberance



**Late. Avadhoot Sahasrabudhe**

(12<sup>th</sup> December 1970 – 7<sup>th</sup> September 2022)

His work will stay alive for many years and he will be remembered by all the trustees, parents and staff with love and respect.

## Special Scheme for weekends in “November & December 2022”

Warm greetings from Adhar!

We invite you to spend your weekends At “Adhar: Our Trusted Home”

We're eager and excited to celebrate our special “weekends of togetherness” with every one of you at our Nashik Facility. Our one-of-a-kind project, “Adhar: Our Trusted Home” enabled us to extend our support to the senior parents of specially-abled children.

We would love for you to be the first ones to explore our facility along with our senior parents and spend your valuable time with us.

Adhar's senior citizens home facility in Nashik is surrounded by an abundance of greenery, making the environment serene & peaceful. The beautiful sunset, light breeze, and tranquil environment make the weekend a little extra special.

**Please come and spend your weekends with your family members and enjoy your twilight years peacefully.**

- Every Saturday **Overnight Stay**
- **Twin sharing room** accommodation
- Offer limited till **31<sup>st</sup> December 2022**
- Experience the cool climate and serene environment of Nashik
- Experience Adhar: Our Trusted Home and convey your experience with the needy once.
- **Complementary 5 meals**
- Introductory offer @**₹800/-** per person
- Explore our finest facilities
- Free transportation from **Pune, Nashik, Mumbai, Thane, and Kalyan.**
- Spend the season of **love with Adhar family**

**Join us & spend your weekends at Adhar: Our Trusted Home!**

Adhar: Our Trusted Home invites you all to spend your weekends in Adhar.

For booking SMS **“YES NCS” to 98694 12311/99873 22050**

Regards,

Vishwas Gore (Chairman – ADHAR)

## Solar Power Plant Nashik

Adhar Nashik Unit consists of 4 dormitories, Vocational Training Centre, Medical Unit, Kitchen & Dining Hall and Laundry Unit. All these facilities are consuming a lot of Electricity. We are spending the huge amount of around 75000/- monthly basis. At Nashik there is also a big issue of electrical load shading. This has also make us to spend a big amount on fuel for generator. Hence we were planning to commission Solar Power Plant for our Nashik Unit.

We approached one of the Large Foundation who are our Adhar's regular supporter for Solar Power Plant at Nashik through our Trustee Mr. Ajay Mehta.

They considered the appeal positively & agreed to sponsor the 48.1 KWP Roof Top Solar Power Plant for



Adhar Nashik with their implementing partner CERE through Avesta Solar Technology as a part of their corporate Social Responsibility.

The Plant is installed at terrace of 2 dormitories. This will generate the power more than requirement for the entire campus hence we have also approached MSEDG Igatpuri, Nashik for net metering



for the usage of excess power.

The Solar Power Plant was commissioned from 31st March 2022. The plant is still under observation & testing to get maximum benefit in long run on electricity expenses at Adhar Nashik. Adhar is thankful to Donor, CERE & Avesta Solar Technology for their support & co-operation.

## Centralised Water Purifier System at Adhar Nashik

Presently we have 112 intellectually challenged adult residents residing at Adhar Nashik.

We were using well water for cooking & drinking purpose. This water is hard /alkaline. Earlier, we had separate water purifiers at each building. This water purifier system was installed 10 years back & we were spending very high amount on the maintenance & repairing for the same.

Hence we decided to go for a new centralised water purifier plant so that we can get clean & clear potable water

as per the quality standards laid down by the Government. The recurring maintenance cost is also very low for the Centralise Water Purifier Plant. It will reduce repair maintenance cost sizably & also free us from the frequent requirement of manpower to solve the issue for at least the next 10-12 years.

With this in mind, we approached 'Vision 2020 Australia' (who had previously donated an Ambulance for Adhar Nashik) through our Parent & Core Committe Member for Adhar Nashik, Dr. Puni Bakshi.

The daily water requirement at Adhar Nashik is around 2500 to 3000 liters & we needed to install the centralised RO + UV water purifier plant of around 2000 LPH capacity.

Adhar is thankful to Mr Robin Rajan, Mr Krishna Shivrama & Mr Ravi Manian of Vision 2020 Australia for considering our proposal positively & sponsoring the centralised RO+UV Water Purifier System for Adhar Nashik.

The Plant was commissioned on 5<sup>th</sup> June 2022.



## Up-gradation of CCTV Security System (Nashik) ▶

Presently we have 112 intellectually challenged adult residents residing at Adhar Nashik. The residents are from different categories i.e. from borderline to profound level of mental retardation, aged between 18 yrs to 75 yrs.

The safety & security of our children has been of utmost importance to all of us. We always look for continuous improvement in care services with appropriate safety &

security of special children at Adhar. The total area of Adhar Nashik is of 3 acres with fully equipped facilities consisting of 4 residential dormitories, Kitchen & Dining Hall, Medical Unit Vocational Training Centre & Administrative Office & Laundry unit.

Adhar has installed its 1st CCTV system during FY 2015-16. Over a period of time the system has started giving trouble. Some cable wires & cameras were not working properly & many



times the system remained closed due to maintenance work. Adhar was spending very high charges for the maintenance of CCTV. The requirement for the new CCTV system was the need of the hour and was urgent. It will help us secure the safety of the residents and we felt it was time that we upgraded the system due to which we decided to install a new improved CCTV system.

We replaced the old system with NVR based CCTV Security System along with

rodent proof cable casings and protection for longer life and trouble-free operations. The total cost of revamping the CCTV System was around INR 6.00 Lakhs.

We approached Samco Securities Ltd. to sponsor this project through our Trustee Mr. Ajay Mehta. We are thankful to Samco Securities Ltd. for sanctioning the donation of Rs. 6 lacs for the up-gradation of CCTV Security system at Adhar Nashik.

## Cow Shed at Adhar Nashik ▶

We have 112 intellectually adults under our care at Adhar Nashik.

Intellectually Challenged Individuals need to be provided with proper diet and nutritious food in order to maintain their sound health. Milk is one of the most important ingredients of their Daily Diet as recommended by Doctors and Dietitians.

Every Day most of these residents consume 2 glasses (200ml) of milk on an average. The total Milk Requirement of the unit is around 35 to 40 liters of Milk which is currently sourced from outside.



With our previous experience at Badlapur Project, an in-house Dairy (Cow Shed) provides us with a significantly better quality and

consistent milk supply for the residents. It also makes us independent for milk & by-products such as curd, buttermilk and ghee which are also essential ingredients of the residents' daily diet.

We are thankful to Borderless Access Pvt. Ltd. for sponsoring Dairy Project at Adhar Nashik. We are happy to inform that now Adhar Nashik is not dependent on outside supply for milk & milk products. We have 3 Gir Cows & 1 Jersey Cow & 3 Calf at our Nashik

Cow Shed & it is fulfilling our daily requirement of milk. The dairy project started functioning from July 2022.

## ADHAR NEWS PULSE - BADLAPUR

### Educational visit of Nursing Students from Thane civil Hospital



18 students and one of their teachers visited our campus at Badlapur. They visited the dormitory and other facilities. They thanked the Adhar Trustees for



giving them this opportunity to visit the campus. The visit concluded with them shopping at the exhibition of Adhar products. They had lunch at



Adhar and also donated Rs. 1500/- from their pocket money, which shows their appreciation and support for us.

### Participation in Exhibition at Trident Hotel, Nariman Point

We participated in an exhibition-cum-sale at Trident Hotel, Nariman Point in collaboration with Rotary Club of Bombay Central on the occasion of India's 75th Independence Day Celebration.

This was an opportunity for ADHAR to reach out to people and make them aware about the issue of Intellectual disability and ADHAR.



### Corporate visit of Me-Hinites under Employees engagement.



Smt. Saraswathi Madam, Adhar Trustee, welcomed the Me-Hinites. Mr. Ambekar conducted a session about Intellectual Disability and the role of Adhar in providing lifetime care. Me-Hinites

spent quality time with the staff and residents. They participated in gardening, beautification/ coloring activity, campus cleaning and also helping residents in their production

work. They enjoyed and participated in the dance performances by Adhar residents. The visit concluded with their visit to the exhibition cum sale of the Adhar products.

## Visit of Mrs. Nandeeta Wagh



Mrs. Wagh is a Corporate HR consultant. She visited us to help us make our existing HR policies more impactful



with a reduction in human errors. Mrs. Wagh visited with her daughter. They were both impressed with the



facilities. They spent time with our Adhar residents and enjoyed the experience.

## Visit of Bhayani Family



They sponsored a special dinner for the residents. They spent time with our residents at the workshop and



thoroughly enjoyed the time spent. He and his family were happy to serve food to our Adhar residents.



Mr. Dilip and his family was very happy with their visit to the campus.

## Adhar's special ones participated in the Triumph Carnival



The carnival was organized in collaboration with Rotary Club of Thane at Viviana Mall Thane. Adhar Residents enjoyed the

games and rides at the Carnival. Rotary club of Thane organises this event every year but due to COVID-19 this event

was conducted after 2 years. Adhar residents and Staff enjoyed this carnival and created many happy memories.



## Visit of Dr. Dinesh Chandak



Dr. Dinesh Chandak & Officials of Adit Foundation, Pune visited Adhar Badlapur & Nashik.



Chairman Shri. Vishwas Gore and Ms. Sharayu Samarth accompanied him during this visit. Dr. Dinesh



Chandak was very impressed with the facilities provided for the residents.

## Visit of Ms. Bhavisha Mehta and family



Ms. Bhavisha has been a strong supporter of Adhar and we are thankful for her patronage. She has been supporting



Adhar activities since a long time. Ms. Bhavisha visited Badlapur Camps and spent time with the staff and residents.

Her family members were happy to see the free and clean atmosphere provided for the special ones.

## Visit of Swarupini Mahila Mandal, Dombivli



The Ladies social group from Dombivli visited Adhar. They toured the entire campus including the workshop and the



dormitories. They spent quality time with our special ones in the workshop. They also enjoyed the dance perfor-



mances by our residents. Their visit concluded with sweet memories of Adhar.

## Celebration of International Yoga Day



Yoga is one of our daily activities of our residents at Adhar. Our workshop activity starts with Yoga activities and

morning prayers. This year we celebrated YOGA Day with both residents and staff participating in the Yoga

sessions together. All the residents and staff were very happy with the celebration of the YOGA Day.

## Visit to Corporates

Visits to corporates is an essential part of sensitizing people of the issue of Intellectual Disability and Adhar's role in taking lifetime care of these special ones.

On 23<sup>rd</sup> June 2022, Mr. Ambekar visited M/s. Gunnebo Company, Thane. He conducted online meetings with their staff members. The meeting was well received and people were genuinely appreciative of the challenges of the intellectually disabled.

The staff members of Gunnebo Pvt. Ltd. Khopat, Thane, donated a handsome amount to Adhar. This donation was done by the winning team of the corporate cricket matches of Gunnebo Co. Mr. Yogesh Jadhav, one of our well-wishers coordinated this activity.



*The staff members of Gunnebo Pvt. Ltd. Khopat, Thane, donated a handsome amount to Adhar.*

## Visit of Suyash Global Company



The team of Suyash Global visited to know more about Adhar and the opportunities available for their staff engagement programs. Ms. Kanchan Palekar and her colleagues appreciate the facilities and the way the caretakers take care of the residents. They have their own musical group and

assured us of a long association with Adhar including staff engagement programs, entertainment programs, direct donations, etc.

Accordingly, the CSR visit of Suyash Global was done successfully on 30<sup>th</sup> July, 2022. They visited the entire campus including the workshop and

the dormitories. They appreciated the dedication and cooperation of the Adhar staff to provide 24x7 care facilities to the residents.

Their company music group also performed for our residents. All our residents enjoyed this performance a lot.

## Training programme for Staff - Manshakti Research Center, Lonavala



We conducted 4 training sessions for the 22 Supervisory staff, Teachers and Admin staff from 26<sup>th</sup> March, 2022 to 25<sup>th</sup> June, 2022 . This was done in

collaboration with the Manshakti Research Center, Lonavala. They covered many topics such as Time Management, Health, etc. Our supervi-

sory staff enjoyed this training. We are thankful to the team of Manshakti Research Center, Lonavala.

## Celebration of International Paper Bag Day



This was celebrated in collaboration with HDFC Ergo at 5 different locations including Mumbai and Nashik. It was a training programme for the staff of HDFC Ergo for making newspaper bags on the occasion of International Paper Bag Day. 5 teams

of Adhar residents and staff were deployed at different locations including Nashik, Mumbai and Thane. Our residents demonstrated the paper bag making process.

HDFC Ergo employees learnt from our residents and enjoyed the process of

paper bag making. They also prepared a good quantity of newspaper bags under close monitoring by our ADHAR staff and teachers.

HDFC Ergo Staff and ADHAR residents enjoyed the experience of working together.

## COVID-19 Precautionary Booster Dose Camp



A total of 221 Residents and 172 staff were given the Booster Precautionary dose. We had three camps to complete the precautionary booster dose of COVID-19 to ADHAR Staff and

Residents on 27<sup>th</sup> July 2022, 28<sup>th</sup> July 2022 and 8<sup>th</sup> August, 2022. We are thankful to Mr. Ajay Mehta our Trustee and MeHin Team for co-ordinating one of these camps in collaboration with

Mamta Hospital, Dombivli. Other two camps were conducted by Local Public Health Centers of Badlapur. ADHAR is also thankful to the Medical Team of PHC, Mulgaon.

## India's 75<sup>th</sup> Independence Day Celebration & Parents Meet



More than 170 guests visited the campus to take part in the celebrations and the parents meet. We had a very

good meeting with the Parents which was conducted by Chairman Shri. Vishwas Gore. We exhibited our Adhar

and Green Adhar products to the parents. Parents support these activities and help us sell these products.

## CSR Visit of Connect-Well Co., Dombivli



Mr. Vijay Saheta, Mr. Satish Kazi and Green ADHAR Consultant Mr. Santosh Bhadsavle visited our campus. Mr. Vijay Saheta is a strong supporter of our "GREEN ADHAR"

Project at Badlapur. Mr. Badsavle also visited our Nashik campus to learn and start a similar activity of "GREEN ADHAR".

## Raksha Bandhan Celebration

Our all-girl residents tied a Rakhi to our Boys Residents. This is a very special day of a sister and Brother also. Some of our residents missed their brothers and Sisters



on this special day. But due to such events all residents give up their sadness and enjoyed a lot. Such events always spread the joy and happiness in whole campus with positive energy.

## Dahi handi Celebration



Adhar residents enjoyed the celebration of Krishna Janmashtami in the campus. They celebrated Dahi Handi festival with the all staff members. Both our girl & boy residents danced and participated in the celebration with full gutso and enthusiasm.

## Ganpati Festival Celebration



ADHAR celebrated the Ganpati Festival (31<sup>st</sup> August, 2022 to 4<sup>th</sup> September, 2022).

All the residents participated with enthusiasm and joy. They look forward to this annual celebration every year



and their mental preparation starts quite early.

Their joy was visible right from bringing BAPPA to Pandal, while doing Aarti, during Mahapooja and of course while listening to Bhajans. They all enjoyed all



the functions including the Ganpati idol immersion.

On all the five days, the camps was filled positive energy, enthusiasm and “Ganpati Bappa Morya” greetings throughout the day.

## Vivekanand High School Student's Visit



The campus was visited by the students of Vivekanand High School, Sanpada, Navi Mumbai on 15<sup>th</sup> September, 2022. A total of 154 students including boys and girls visited the campus.

They donated some daily diet items, cleaning material and hygiene materials. The visit was enjoyed by all the children



– school children as well as our residents. The material donated to Adhar were collected by the school students.

They had collected daily use items like Grains, Sugar, Tea powder, etc. Cleaning material like Soaps, Liquid Soaps, Washing powder, personal hygiene items like tooth brush, Tooth paste, etc.

## Visit of Lions Club of King circle



Mr. Milan Mehta, Trust Board Chairman of Lion's Club of King Circle and Mrs. Rupal Shah, President of Lion's Club of King Circle visited the campus with their Club members. They spent quality time at the campus and gather



information about ADHAR and their role in providing 24x7 lifelong care for the Intellectually Disabled adults.

They appreciated the facilities and the dedicated and caring team of Adhar. The club donated daily use material like



- Grocery items, cleaning materials, etc. Apart for this, Mr. Milan Mehta donated Green Gym Equipment for Adhar Badlapur Garden. Adhar is thankful to the support extended by the Lion's Club of King Circle and their club members.

## Participation in a Book Launch (Thane)

We participated in an exhibition organised on occasion of the book launch of “The Power of Connections” a book on the need of Corporate networking. The book launch was organized at Kalpatru Prime, Wagle Estate, Thane. The book has been authored by experts from the field of HR. We are proud of the fact that our Mehek Wadhwa has also written a section of this book.

This event provided us a nice opportunity to interact with senior HR professionals and sensitise them about the work being done by Adhar in the field of intellectual disability. They were excited to know about Adhar and the way Adhar provides 24x7 lifelong care to the intellectually disabled. We are thankful to Mrs. Mehek Wadhwa for inviting us to this event.



Adhar is thankful to Mrs. Mehek Wadhwa (Left) for inviting us to the 'Book Launch' event.

## ADHAR NEWS PULSE - NASHIK

### Gudi Padwa Celebration at Adhar Nashik



"Gudipadva" the Hindu New Year celebrated at Adhar Nashik with full of Josh. This is the day when Lord Bramha created the universe. This is an important Hindu festival and it is believed that



it brings a lot of good luck, success, wealth, and happiness. Like every year a 'Gudi Pujan' was performed at the campus. All residents & staff participated & enjoyed the program.



The sweet dish 'Gulabjamun' was sponsored by Mr. Shreyas Thergaonkar of Mahalaxmi Caterers (food provider of Adhar Senior Citizens Home) for residents & staff.

### SMBT Ayurved College First Year Post Graduate Students Visit



20 students of SMT College along with their teachers visited Adhar Nashik on 11<sup>th</sup> May 2022. They



understood the working of Adhar & observed the day-to-day activities being conducted. They spent the



whole day at Adhar with the advised our staff an how to manage basic health of the residents.

## 10<sup>th</sup> Anniversary Celebration at Adhar Nashik



Adhar Nashik has completed 10 years on 2nd June, 2022. The 10<sup>th</sup> Anniversary of Adhar Nashik was celebrated with enthusiasm & joy by the residents and staff. A special cake was cut by the 4 residents admitted at Adhar Nashik.

'Satyanarayan Pooja' was organised on

the special occasion of 10<sup>th</sup> Anniversary. Chairman Shri Vishwas Gore, Mrs. Sharmila Gore, Trustees Shri. Sitaram Chandawarkar, Shri. Sunil Khandkar, Shri. M. L. Talwar, Shri. Ajay Mehta, officials Mr. Ganesh Ambekar, Mrs. Sharayu Samarth were present for the celebration. Few local authorities

visited Adhar to grace the program & expressed their goodwill. Few Special Guests Smt. Aditi Joshi, Smt. Seema Rajendra, Dr. Puni Bakshi & Mr. Sundar Raman were also felicitated to recognize their valuable support while starting the Nashik project. Programme was followed by lunch.

## Mr. Prakash & Mrs. Jyotika Wadhvani visited Adhar Nashik



Our Ex-Parent & Donor Mr. Prakash Wadhvani visited Adhar Nashik with Mrs. Jyotika Wadhvani on the way to their Shirdi trip. Mr & Mrs. Wadhvani were

very happy to see the progress of Adhar Nashik. They were especially happy to see the dairy project. He promised to donate a cow for Adhar Nashik Dairy

Project. They also visited Adhar Senior Citizens Home. We are thankful to Mr. and Mrs. Wadhvani for spending valuable time with our residents.

## Fire Audit Inspection Conducted



Adhar organised the annual fire audit on 29th June 2022. Mr. Prashant & Mr. Shardul visited & inspected the entire campus & checked all the installed fire extinguishers. They also conducted a mock drill for the staff so that they will perform actively during any emergencies.

## Ashadi Ekadashi celebration



Ashadi Ekadashi is one of the most important religious festivals that is celebrated in Maharashtra. All traditions and cultures are observed at



Adhar. Spirituality is important in life. These spiritual activities provide a positive energy on the occasion of Ashadi Ekadashi. All the residents of



Adhar participated in "Pandharichi Vari". Vari went on to name of Vitthal in traditional costumes. All residents enjoyed this bustling atmosphere.

## Covid Booster Dose



On 16<sup>th</sup> July 2022 covid booster dose camp was arranged in Adhar Nashik campus. Total 101 Residents and 10 Staff members were vaccinated.

## Birthday Celebration of Residents & Staff

At Adhar we celebrate the birthday's of our residents & staff on every 4<sup>th</sup> Saturday of the month. Cake cutting & celebration dance is the main attraction of the function. The celebration of August 2022 was made more special by the visit of students of SMBT college. They performed songs for our residents. Adhar is thankful to all students for participating in birthday celebration with our special friends & staff.



## 15<sup>th</sup> August 2022 & Best Employee Month Celebration



Independence Day was celebrated at the campus. Our senior trustee, Shri. S. M. Chandawarkar and parents Smt. Aditi Joshi & Shri. Anil Muzumdar also

attended the Flag Hoisting program. The flag was hosted by our senior parents and trustee. Our special residents put up a dance program. All

enjoyed a lot. 13 staff members were awarded with "Employee of the Month". The program was followed by the lunch.



## Rotary Club of Devalali Visit



Rotary Club of Devalali president Dr. Anil Kanade and Mr. Sundar Raman along with a few Rotarians visited our Adhar Nashik facility and

the Senior Citizen Home on 27<sup>th</sup> August 2022.

They spent quality time with our residents and donated around 50

bedsheets and towels. Adhar is thankful to all the dignitaries for spending their valuable time with Adhar residents.

## Ganpati Festival Celebration



Ganpati Festival was celebrated from -31<sup>st</sup> August, 2022 to 4th September, 2022 ADHAR. People believe that success & prosperity follow the arrival of lord Ganesha. We welcome Lord Ganesha in our Home during this festival with the belief that He will remove all their sufferings.

All the residents participated with enthusiasm and joy. They look forward to this annual celebration every year and their preparation starts quite early.

Their joy was visible right from the bringing while beginning Bappa to the pandal, while doing arti, during

mahapooja and of course while listening to Bhajans. They enjoyed all the functions including the Ganpati idol immersion.

On all the five days, the camps was filled with positive energy, joy, enthusiasm and “Ganpati Bappa Morya” chants greetings throughout the day.

## Adhar Nashik 2<sup>nd</sup> October 2022 Parents Meet



Around 70 to 80 parents visited the campus for parents meet. We had very good meeting and new guardians were introduced. Parents enjoyed the dance

performance by Adhar residents. Our donor Shri. Sanjeev Sadhale sponsored awards to our “Maximum Days Attended Staff” with gifts.

We exhibited our Adhar and Green Adhar products to the parents. Parents support these activities and help us sell these products.

## Founder's Day Celebration



Founder's day was celebrated on 4<sup>th</sup> October, 2022 on an occasion of 23<sup>rd</sup> Death Anniversary of loving Founder/ Chairman Late Shri. Madhavrao Gore. The day was celebrated in the presence of our trustee Shri. S. M. Chandavarkar. Staff, Parents and Adhar special Children participated in

this programme with enthusiasm. Our trustee Shri. S. M. Chandavarkar Garlanded the Statue of Late. Shri. Madhavrao Gore Sir. All Staff, Trustees and residents offered prayers in the beginning of the celebration. Staff and Trustees shared their experiences with Late Shri.

Madhavrao Gore with audiences. All new staff members and guest were appreciative the great work done by him for society. This programme enthuses the staff and helps them visualise a better future for ADHAR to the next level gradually.

## Dussehra Celebration 05<sup>th</sup> October 2022



On the occasion of Dussehra, let's take a pledge to burn all the negative

energies from our life by inculcating the spirit of love and lights. Let's

celebrate the victory of good over evil, together!

## ADHAR-NASHIK Dhamaal Dandiya 2022



We had fun at ADHAR-NASHIK the Dhamaal Dandiya 2022 with Harmony Band at Nandanwan Lawns. Here are some of the happy moments of the

Dandiya celebration at Nandanwan Lawns. Our loved ones at Adhar enjoyed on dandiya night with friends. The joy that reflects on their faces reminded

us of our innocent childhood. The Specially Abled adults at the Adhar Nashik unit like to dance together and enjoyed the moment.

## ADHAR Senior Citizen's Home (Our Trusted Home)

Gat No. 286, Pimpalgaon Dukra, Sakur Phata, Ghoti-Sinner Road, Tal. Igatpuri, Dist. Nashik

**ADHAR Senior Citizen's Home is fully  
functional from on 2<sup>nd</sup> April 2022**

**: Admissions are Open Now :**

### Charges for Residents:

#### Admission Fees :

- Rs. 1.00 lac Per Person for Twin Sharing & Couple (A twin sharing room utilized by two occupants or a couple)
- Rs. 2.00 lac for Single Occupancy (A twin sharing room utilized by a single occupant)

#### Security Deposit:

- Rs. 1.00 lac per person

#### Monthly Fees :

- Rs. 15000/- for Couple/per person
- Rs. 17000/- for Twin Sharing/per person
- Rs. 25000/- for Single Occupancy

### Walk-in Residents:

- **Stay Upto 3 Days -**  
Rs. 1500/- per person/24 Hrs. (Incl. Food)
- **Stay for 1 Week -**  
Rs. 10000/- per Person/7 days (Incl. Food)
- **Stay for 2 weeks -**  
Rs. 20000/- per person/14 days (Incl. Food)

Age Eligibility: 60 yrs. & above

### Long Stay (1 month at a time)

#### Corpus Donation:

- Rs. 1.00 lac Walk-in for Long Stay / Per Person (donation is valid for 3 years only)

#### Monthly Charges (Incl. Food) :

- Rs. 15000/- for Couple (for 1 month) / per person
- Rs. 17000/- for Twin Sharing (for 1 month) / per person
- Rs. 25000/- for Single Occupancy (for 1 month)

### Additional Expenses on Actual Basis

- Washing (for more than 6 Clothes per day)
- Ironing
- Hospitalisation & Personal Medicines
- Arrangement of Vehicle for personal work
- Provision of personal assistant
- Food & Accommodation Expenses for Personal Guests
- Charges for Tata Sky Add on Channels

**For Admission & Information please contact :**

- Sharayu Samarth @ 99873 22050
- Dr. Kiran Wani @ 82087 69065
- Sandesh Sawant @ 74474 76047

## HOW YOU CAN HELP ADHAR ?

### CO-GUARDIANSHIP OF A CHILD

| Sr. No. | No. of Special Children | 1 Month Sponsorship (INR) | Annual Sponsorship (INR) |
|---------|-------------------------|---------------------------|--------------------------|
| 1       | 1                       | 4,000/-                   | 48,000/-                 |
| 2       | 10                      | 40,000/-                  | 4,80,000/-               |
| 3       | 25                      | 1,00,000/-                | 12,00,000/-              |

### SPONSORSHIPS

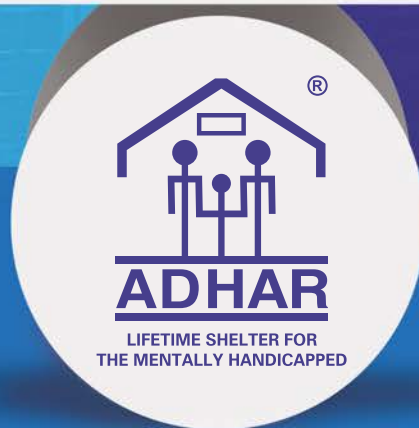
| Sr. No. | Particulars   | Donation Amount         |
|---------|---|-------------------------|
| 1       | 1 Month's Deficit of 1 Resident                       | 4,000/- (In Multiples)  |
| 2       | 1 Month's Entire Expenses of 1 Resident               | 19,000/- (In Multiples) |
| 3       | Annual Picnic of Residents                            | 50,000/-                |
| 4       | 1 Month's Raw Material for Vocational Training Centre | 30,000/-                |
| 5       | 1 Month's Cattle Feed for Dairy Project               | 50,000/-                |
| 6       | 1 Month's General Medicines Expenses                  | 20,000/-                |
| 7       | Annual Medical & Dental Camp                          | 2,50,000/-              |

### ADOPTION of ACTIVITIES (Funding Annual Budget)

| Sr. No. | Particulars                          | Amount (INR - Yearly) |             |
|---------|--------------------------------------|-----------------------|-------------|
|         |                                      | BADLAPUR              | NASHIK      |
| 1       | Dining & Kitchen                     | 50 Lakhs              | 25 Lakhs    |
| 2       | Vocational Training Centre           | 30 Lakhs              | 15 Lakhs    |
| 3       | Medical & Special Care Units         | 45 Lakhs              | 22.50 Lakhs |
| 4       | Laundry Unit + Cleaning & Sanitation | 15 Lakhs              | 7.50 Lakhs  |
| 5       | Ladies' Dormitory                    | 50 Lakhs              | 25 Lakhs    |
| 6       | Gent's Dormitory                     | 50 Lakhs              | 25 Lakhs    |
| 7       | Dairy Unit                           | 8 Lakhs               | 4 Lakhs     |

YOU TRUSTED ADHAR  
WHEN YOU WANTED  
LIFELONG CARE OF  
YOUR SPECIAL CHILD

YOU CAN TRUST ADHAR  
TO TAKE CARE OF YOU  
IN YOUR OLD AGE.



**ADHAR Home H.O.:** 301, Giri heaven Building, Hari Niwas Circle,  
Lalbahadur Shastri Road, Thane West - 400 602.

**Senior Citizens Home Site Address:** Gate No. 286, Village Pimpalgaon (Dukra), Ghoti - Sinner Road,  
Sakur Phata, Behind Indian Oil Petrol Pump, Tal. - Igatpuri, Dist. - Nashik

 [contact@adhar.org](mailto:contact@adhar.org)

 022-25426753 / 022-25341708