

# ADHAR NEWS - Pulse

Issue-3/ October 2025 to December 2025



*“Honouring a Legacy... Empowering Families... Celebrating Ability”*

## About ADHAR

### ADHAR - Special Home For Specially Abled

Adhar is a pioneering non-profit organization committed to providing lifelong care for adults with intellectual disabilities. Since its inception in 1994, Adhar has grown to become one of India's largest and most respected institutions for this purpose, operating three centers in Maharashtra - Badlapur (since Jan 1994), Nashik (since June 2012) & Satara (since April 2024).

Caring for over 350 residents aged 18 to 82; Adhar offers not only a safe and nurturing environment but also fosters significant community impact by creating over 270 jobs in rural areas, including 84 for women. Additionally, Adhar supports two other institutions in Solapur and Jalgaon, aiding economically disadvantaged families. Each year, Adhar directly impacts around 2000 lives across 18 states in India.

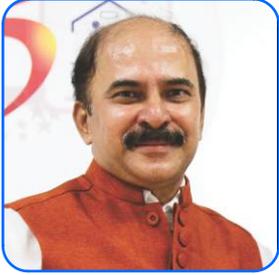


Recognized for its excellence, Adhar was awarded the 'Best Institution in Service to the Disabled' by the Government of India in 2014, with the award presented by then-President Shri Pranab Mukherjee. Through its innovative approach and dedicated service, Adhar continues to be a leading force in enhancing the lives of individuals with intellectual disabilities and setting a benchmark in compassionate care.

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## Chairman's Message



Dear Adhar Parivar,

**Wishing all our readers a very Happy New Year 2026!**

We are happy to share that Adhar completed 32 years of dedicated service this year. It has been a long and meaningful journey since 1994, when we began with our first lifelong residential home for adults with intellectual disabilities in Badlapur. At that time, very few residential facilities were available and awareness within society was limited.

This was the second year of the Madhavrao Seva Gaurav Award, instituted in the name of my late father, the Founder of Adhar which was conferred to 'Navshitij', an NGO based in Pune. We received numerous applications from across the sector. While reviewing them, we realized that many organizations have emerged over the past 10–15 years working dedicatedly for intellectually challenged adults. It is heartening to see the growing awareness and increased support now available. Many organizations are doing commendable work towards this cause, and Adhar too gained valuable insights and learnings through this process.

On 2nd November 2025, Adhar proudly hosted a State-Level Parents' Meet in Pune for families of individuals with Intellectual Disability, Autism, Cerebral Palsy, and Down Syndrome. The event brought together over 270 parents and representatives from 10 NGOs working across Maharashtra. The meet provided parents with a platform to share experiences, learn from one another, and explore practical ways to ensure a secure and dignified future for their children. We were honored to have

Mr. Achyut Godbole, renowned author and parent, and Commander Shrirang Bijur, retired naval officer and disability sector advisor, who shared valuable insights on parenting a child with special needs, fostering social acceptance and long-term planning for persons with disabilities.

I am proud to share that Adhar Satara, which we started last year, is currently supporting 35 special individuals with lifelong residential support. We continue to receive regular enquiries for admission and look forward to support more special individuals.

At our Badlapur unit, all three major up gradation projects are in full swing. These include the reconstruction of two dormitories and the construction of a state-of-the-art laundry to improve hygiene, along with a new reception block comprising a reception area, centralized store, and parents' room to ensure streamlined operations and functional campus beautification. We are deeply grateful to our donors -State Bank of India Foundation, Chellaram Foundation, and Dalal Family Foundation - for their generous support in transforming Badlapur into a safer, modern, and more dignified home for our residents.

As we step into 2026, we look forward to expanding our reach, supporting many more individuals, and continuously improving the quality of care and services for our special friends.

**Vishwas Gore**  
Chairman

## Editorial



Dear Readers,

This quarter was marked by the Madhavrao Gore Seva Gaurav Award, instituted to recognise organisations demonstrating sustained commitment to the field of intellectual disability work rooted in patience, structure, and dignity. Held in December 2025, the National-Level Award brought together parents, professionals, NGOs, and partners from across Maharashtra, encouraging meaningful dialogue and collaboration within the sector.

Beyond the recognition, the evening carried deep emotion through music, shared memories, and a collective resolve to strengthen long-term care. The event reflected Adhar's core values: collaboration over competition, dignity over sympathy, and sustained action over momentary applause, reminding us that true impact is built steadily over time.

### UTSAH: CONFIDENCE THROUGH EXPERIENCE

One of the defining moments of the quarter was UTSAH – A Trek for the Specially Abled, where Adhar residents participated in a guided trek with the support of trained staff and volunteers. The initiative was not positioned as an adventure alone, but as a carefully designed experience focused on confidence-building, teamwork, and self-belief.

For many participants, UTSAH represented stepping outside familiar routines and environments navigating uneven terrain, following instructions, supporting one another, and completing a shared goal. Such experiences play an important role in reinforcing independence and resilience, demonstrating that with the right preparation and support, individuals with intellectual disabilities can engage meaningfully

with challenges beyond campus life.

More than the distance covered, UTSAH underscored the importance of exposure, encouragement, and structured opportunity in personal development.

### PARENTS, PREPARATION, AND LONG-TERM THINKING

Another meaningful engagement was the State-Level Parents' Meet, where families and caregivers came together to think collectively about the future. The conversations encouraged preparedness, shared learning, and the reassurance that no family walks this journey alone.

### CAMPUS UPGRADATION: STRENGTHENING THE FOUNDATION

Alongside programmatic initiatives, Adhar continued campus upgradation at the Badlapur centre, with a focus on hygiene, safety, and operational efficiency. The quarter saw progress toward a modern laundry facility, improved reception and parent interaction spaces, centralised storage planning, and enhanced recreational and landscaped areas. These upgrades quietly support everyday living improving routines, safety, and comfort for residents while enabling smoother workflows for caregivers and staff. Thoughtfully planned infrastructure becomes an enabler of dignity, supporting long-term care in ways that are often unseen but deeply felt.

### LOOKING AHEAD

Across the quarter, initiatives at Adhar whether events, experiences, or infrastructure continued to address both immediate needs and long-term responsibilities. Together, they reflect an approach centred on continuity of care, preparedness, and the belief that a secure, dignified life for adults with intellectual disabilities is built through consistent, thoughtful action over time.

-Arun Wadhwa  
Editor

## Key Highlights of the Quarter

### National-Level Madhavrao Gore Seva Gaurav Award 2025

On 7th December 2025, Adhar successfully organised the National-Level **Madhavrao Gore Seva Gaurav Award 2025** at Kohinoor Hall, Dadar East, in loving memory of our Founder Chairman, Late Shri Madhavrao Gore. The award was instituted to recognise NGOs that have been consistently working for over seven years in the field of intellectual disability, reflecting Shri Gore's lifelong commitment to care, dignity, and social inclusion for adults with intellectual disabilities.

The event brought together more than 200 parents, NGO representatives, professionals from the disability sector, dignitaries, and corporate partners, creating a strong platform for networking, knowledge-sharing, and collaboration among organisations

working towards common social goals. This year's award was conferred upon Navkshitij, Pune, for their exceptional commitment, dedication and sustained impact in improving the quality of life of individuals with intellectual disabilities.

Their work stood out among several nominations received from across India. In addition to the main award, Adhar also recognised six nationally shortlisted NGOs Aadhar Magaswargiya Mahila Sanstha, Aarambh Society for Autism and Slow Learners, Gharkul Parivar Sanstha, Sangopita – A Shelter for Care, Lokvishwas Pratishthan, and Tuljai Pratishthan Bahuudeshiya Sanstha appreciating their dedicated services in areas such as residential care, vocational training, therapy, family

support, and community-based rehabilitation. A special highlight of the day was the heartfelt musical tribute "Suron Ka Safar" by Swargandhar, featuring acclaimed artists Mr. Alok Katdare and Mrs. Sonali Karnik, which was a tribute to the compassionate journey and social vision of Late Shri Madhavrao Gore, creating an emotionally enriching experience for all attendees.

Through the Madhavrao Gore Seva Gaurav Award, Adhar continues to strengthen a national platform that celebrates best practices, encourages long-term commitment, and promotes collaboration among organisations dedicated to improving the lives of individuals with intellectual disabilities.



## State-Level Parents' Meet

### An Overwhelming Response, A Day of Inspiration!

On 2nd November 2025, Adhar proudly hosted the State-Level Parents' Meet at the J.P. Naik Centre for Education and Development, Kothrud, Pune. The gathering brought together 270+ parents and representatives from 10 NGOs working in the disability sector across Maharashtra, creating a nurturing and empowering space for families of

individuals with Intellectual Disability, Autism, Cerebral Palsy, and Down Syndrome.

This heartfelt meet offered parents the opportunity to share experiences, learn from one another, and explore practical ways to build a more secure and dignified future for their children. It was a day filled with inspiration, resilience, and unity.



### Inspiring Voices

- Mr. Achyut Godbole, renowned author and parent, shared his moving journey, offering insights on raising a child with special needs, navigating emotional challenges, and promoting social acceptance.
- Mr. Vishwas Gore, Chairman of Adhar, guided families on the importance of permanent residential care solutions for adults with special needs.
- Cdr. Shirang Bijur, retired naval officer and disability sector advisor, provided expert financial planning advice to help families secure their children's long-term future.



Adding to the emotional connect, three proud Adhar parents Mr. Amol Devasthali (Badlapur Parent), Mrs. Kirti Mijar (Nashik Parent), and Mrs. Anuradha Patwardhan (Satara Parent) shared their personal and inspiring experience, powerful reflections of the resilience and hope they found through Adhar.

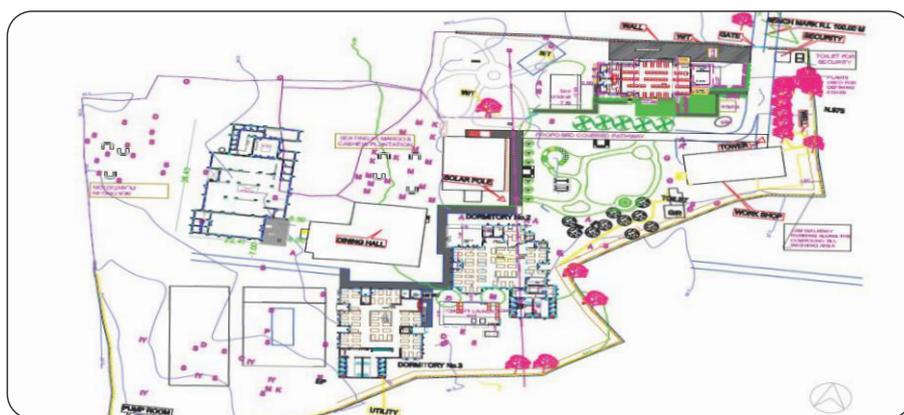
**Empowerment in Action** Informative stalls by METCO and IDBI offered valuable guidance on planning, support schemes, and financial security for families. This meet was more than an event it was a milestone in empowerment, bringing together a compassionate and courageous community of parents united by purpose.

आज जागतिक अक्षमता दिवस आणि या दिवशी अशा मुलांना आणि मुख्यतः त्यांच्या पालकांना खऱ्या अर्थाने "आधार" देणाऱ्या संस्थेच्या सातारा युनिटला भेट देण्याचा योग आला. वास्तविक मागची ३९ वर्षे या क्षेत्रात काम केल्यानंतरही काहीतरी वेगळे नविन आणि अत्यंत गरजेच्या प्रश्नाकडे पाहण्याची एक नवि दृष्टी यानिमित्ताने मिळाली, अत्यंत तळमळिने काम करणाऱ्या सर्व कर्मचाऱ्यांना मनापासून धन्यवाद! मार्कडे मॅडम यांचे योगदान हा उपक्रम सक्षमतेने पुढे नेण्यास मोलाचे!! - पवन खेबुडकर, कार्याध्यक्ष आणि नरेश वगरे, अध्यक्ष - चेतना अपंगमती विकास संस्था, कोल्हापूर.

## Landscaping at ADHAR Badlapur: A Step Towards Dignity, Hygiene, and Well-Being

Adhar is undertaking a major campus upgradation and landscaping initiative at its Badlapur campus with the generous support of the Dalal Family Foundation. This initiative reflects a shared commitment to creating a safe, hygienic, dignified, and engaging environment for adults with intellectual and developmental disabilities. A key highlight of this initiative is the establishment of a state-of-the-art laundry facility serving over 225 residents, aimed at strengthening hygiene standards and improving operational efficiency. The project includes the installation of commercial-grade equipment, construction of a dedicated RCC laundry structure, provision of backup power, staff training, and maintenance support. Other important upgrades include a new reception area, a parents' interaction room, and a centralised store facility,

enhancing campus organisation, safety, and functionality. Landscaped spaces with accessible pathways, solar lighting, sports practice nets, and renovation of the security cabin will further contribute to resident well-being, safety, and sustainability. The work has already commenced, and we look forward to witnessing a transformed Badlapur campus in the coming months. Adhar is deeply grateful to the Dalal Family Foundation for extending their valuable support in strengthening holistic care and improving the quality of life for our residents at the Badlapur campus.



Mrs. Aditi Anant Joshi, parent of our Adhar Nashik resident Ms. Poorva Anant Joshi, generously donated towards the construction of a toilet block for the female section of the

Adhar Nashik Vocational Training Center. This facility was a long-standing and essential need, and her thoughtful support has helped address it meaningfully. We extend our heartfelt gratitude to Mrs. Aditi Joshi for her generosity and for standing with Adhar in strengthening care and dignity for our special adults.

### GRATITUDE

There is no happiness like knowing that you have made a difference in someone else's LIFE. This happiness we attribute to all the donors, well-wishers and friends who have supported us directly or indirectly over the years. We express our gratitude for their gesture and wish that our association continues in the times to come.

THANK YOU!!

- BOARD OF TRUSTEES

## Activities & Celebrations

### ADHAR Centers: Honoring the Vision of Shri M. G. Gore

On 4th October 2025, the Adhar family commemorated the 26th Death Anniversary of our Founder, Late Shri M. G. Gore, across all centers. At Adhar Badlapur, the day began with a heartfelt tribute at his statue, followed by a soulful musical performance by specially abled artists from Pune, guided by Shri Dattatrey Bhawe in collaboration with Bal

Kalyan Sanstha.

The remembrance was also observed at Adhar Nashik and Adhar Satara, where families and staff joined together to honor his enduring legacy. Each celebration reflected Shri Gore's vision of dignity, love, and inclusion, and reminded us of the limitless potential within every individual.



### ADHAR Centers: Weekly Picnics

From October to December 2025, Adhar organised weekly picnics across all centres, giving residents joyful opportunities to relax, explore, and experience life beyond campus through well-planned boys' and girls' outings. At the Nashik centre, residents visited Anna Ganpati and Renuka Mata temples and completed a memorable trek to Kalsubai, Maharashtra's highest peak, building confidence and a sense of achievement. At the

Badlapur centre, separate outings included visits to the Shani Temple and Sai Mandir, Kanur, along with a fun-filled day at Harmony Village Resort. At the Satara centre, residents enjoyed peaceful spiritual visits to temples at Karanjoshi, Ganeshwadi, and Harpalwadi. These regular picnics created happy memories while nurturing bonding, confidence, and companionship among residents and staff across all Adhar centres.



## ADHAR Centers: Diwali Celebration

This Diwali, joy spread across all Adhar centers Nashik, Satara, and Badlapur as our Adhar Parivaar came together to celebrate the festival of lights with warmth, music, and happy moments. At each center, lamps were lit in tribute to our beloved Founder Chairman, Late Shri M. G. Gore. The celebrations continued with sweet distribution, snack parties, joyful dance, and fireworks that filled

the day with smiles and excitement. From melodious moments in Satara, to heartfelt tributes in Nashik, and a lively DJ celebration in Badlapur, our Chairman and Trustees joined the festivities with our special friends, making the day even more meaningful. The celebrations truly reflected the togetherness, care, and happiness that are at the heart of the Adhar family.



## ADHAR Badlapur: Musical Performance by Omkar Bhajan Mandal

On 19th October 2025, Omkar Bhajan Mandal (Dombivli) presented a devotional musical performance at Adhar Badlapur. The campus was filled with positive energy and devotion as melodious

bhajans created a calm and joyful atmosphere. Adhar Badlapur residents enjoyed the musical performance wholeheartedly, spending a refreshing and spiritually uplifting time together.



## ADHAR Badlapur: Girish Khandkar Birthday

On 1st November 2025, Adhar Badlapur celebrated the golden jubilee (50th birthday) of Mr. Girish Khandkar, brother of our Trustee Mr. Sunil Khandkar, with great warmth and joy. Mr. and Mrs. Khandkar, along with their family, celebrated this special milestone with our residents and staff,

making the occasion truly meaningful. The celebration included cake cutting, cheerful interactions, and joyful moments, which our special friends thoroughly enjoyed. Such celebrations beautifully reflect the extended family culture at Adhar.



## ADHAR Badlapur: Table Mannerisms Activity

At Adhar Badlapur, a structured Table Manners activity has been introduced to strengthen residents' self-care and daily living skills. The focus of the activity is to help residents develop independence, responsibility, and confidence through simple, consistent practices. Through this activity, residents are learning dining habits such as washing hands before meals, self-service including filling own water bottles, taking food in plate, keeping the plates for



washing after removing leftovers and rinsing etc. Conducted regularly under staff supervision, the activity encourages repetition and positive behaviour in a supportive environment. Over time, residents are becoming more confident in managing their own routines, taking pride in their actions, and participating actively in daily life.

## ADHAR Badlapur: Music Classes Begin

On 5th November 2025, Adhar Badlapur started regular music classes for our special friends, creating a joyful space for learning through rhythm and melody. These sessions aim to encourage self-expression, improve emotional well-being, and build confidence through music-based activities. The music classes are designed to be

interactive and engaging, helping residents explore their creativity while enjoying group participation and structured learning in a fun environment. This initiative is another step towards enriching daily routines and supporting the overall development of our special friends at Adhar Badlapur.



## ADHAR Badlapur: "UTSAH" – A Trek for the Specially Abled

On 8th November 2025, Adhar Badlapur residents took part in "UTSAH" – A Trek for the Specially Abled, organised by the Rotary Club of Mumbai Neo at Ghodbandar Fort and Vasai Fort. With great enthusiasm, our special friends completed the trek with support from staff and volunteers, experienc-

ing adventure, teamwork, and a strong sense of achievement. The activity helped build confidence, physical fitness, and social bonding. Adhar sincerely thanks the Rotary Club of Mumbai Neo for creating this memorable and empowering experience for our residents.



## ADHAR Badlapur & Nashik: Children Day Celebration

On 14th November 2025, Children's Day was celebrated with joy at Adhar Badlapur and Adhar Nashik. At Adhar Badlapur, residents enjoyed an entertaining magic show, which brought smiles and excitement to the campus. At Adhar Nashik, the

celebration featured music and dance, with residents actively participating and enjoying the festive atmosphere. The celebrations created cheerful moments and added warmth and happiness to the day at both centres.



## ADHAR Nashik: Participation in 15th 26/11 Shaheed Marathon

On 23rd November 2025, 15 residents and 5 staff members from Adhar Nashik proudly participated in the 15th 26/11 Shaheed Marathon held at Mukti-Dham, Nashik. The marathon was organised to honour the brave martyrs who lost their lives in the

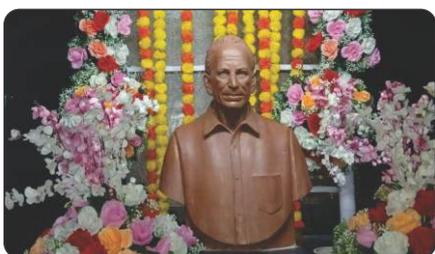
2008 Mumbai terror attacks. This meaningful participation reflected unity, respect, and social awareness, allowing residents to be part of a national tribute through a community-driven initiative.



## ADHAR Badlapur and Nashik: Founders Birthday Celebration

On 23rd November 2025, Adhar observed the 101st Birth Anniversary of our Founder Chairman, Late Shri Madhavrao Gore, at the Badlapur and Nashik centres. Residents and staff paid heartfelt tribute, remembering Shri Gore's lifelong commitment to building a safe, respectful, and caring home for individuals with intellectual

disabilities. The day was observed with dignity and gratitude, reflecting the strong values of compassion, responsibility, and lifelong care that continue to guide Adhar's journey. His vision remains the guiding light of Adhar's mission, inspiring every effort made for the well-being and future security of our special friends and their families.



## ADHAR Nashik: Joint Birthday Celebration

On 29th November 2025, a joint birthday celebration was held at Adhar Nashik for those whose birthdays fell in the month of November. The celebration included 6 male and 2 female special children, along with 4 male and 1 female staff members. On this joyful occasion, everyone was treated with snacks at a special “Chaat Corner” set

up in the campus. In the evening, special children were served freshly prepared Medu Vada and tea, which was prepared with the support of Teacher Mrs. Shila Awari and her team.

The celebration brought smiles, togetherness, and warmth, making it a memorable day for both residents and staff.



## ADHAR Nashik: Participation in Grace O2 Marathon

On 14th December 2025, 15 special children and 5 staff members from Adhar Nashik participated in the 1st Grace O2 Marathon, held in Nashik. Our special children successfully completed a 3 km run and also presented a special dance performance that was warmly appreciated by the audience. On public request, the dance was performed once again, bringing great joy to everyone present. The

children enjoyed the energetic sports atmosphere and were served breakfast after the run. The day concluded with a peaceful visit to the Swaminarayan Temple, Nashik, adding a spiritual touch to an already fulfilling experience. The event turned into a memorable experience filled with confidence, celebration, and happiness for our special friends and staff.



## BNP Paribas Employees Extend Support to ADHAR During Daan Utsav 2025

During Daan Utsav, employees of BNP Paribas from across India came together in a wonderful expression of generosity by collecting grocery supplies for Adhar’s special homes. Such collective acts of kindness not only strengthen essential care for our special residents but also reaffirm the power of community in creating meaningful impact. Adhar sincerely appreciates this gesture and the continued support extended by BNP Paribas.

## ADHAR–Badlapur residents participated in the Sports for Unique Athletes

On 20th December 2025, Adhar–Badlapur residents participated in the Sports for Unique Athletes (S4UA) Games 2025–26 at Kalyan and achieved remarkable success. Our athletes won multiple medals across shot put, medical ball throw, and rope skipping, showcasing confidence, discipline, and determination. Their performance stands as a proud reminder that with opportunity and support, every ability shines.

## Dr. Manisha Kamat Support to ADHAR

The launch of **Manomani**, a poetry collection by psychologist Dr. Manisha Kamat at Dahanukar College, Mumbai, marked a meaningful occasion as the book sale proceeds were generously donated by Dr. Manisha Kamat to Adhar. We are grateful to Mr. Amol Devasthali for his support in facilitating this donation. The gesture reflects a shared commitment to dignity, care, and inclusion for individuals with intellectual disabilities.

## Rotary Club of Mumbai Juhu Support to ADHAR Badlapur

Rotary Club of Mumbai Juhu extended generous support to Adhar Badlapur by donating 2 TVs, 1 cupboard, Maggie packets, a BP monitor, and a nebuliser. This valuable contribution will greatly help in the daily care, comfort, and well-being of our special residents. Adhar is thankful to Rotary Club of Mumbai Juhu for this support.

## ADHAR Badlapur and Nashik: Christmas Celebrations

On 25th December, Christmas was celebrated with great joy at Adhar Badlapur and Adhar Nashik, filling both centres with warmth, smiles, and festive spirit. At Adhar Badlapur, the day began with blessings at the Badlapur Church, followed by a lively celebration on campus. An engaging magic show, Santa's cheerful visit, and the distribution of

cookies and chocolates brought immense happiness to our special friends and created moments of pure joy. At Adhar Nashik, the festive mood continued with Santa's arrival, cake cutting, music, and an energetic dance celebration. The campus echoed with laughter and excitement as residents enjoyed every moment of the Christmas festivities.



## ADHAR Badlapur: Pre-Wedding Celebration of Yash & Hinal

On 27th December 2025, Adhar Badlapur hosted the pre-wedding ceremony of Yash and Hinal, which was celebrated in the presence of family members, friends, and Adhar residents, creating a joyful and memorable atmosphere on the campus. The celebration included cake cutting and lively dance performances by residents, adding warmth and happiness to the occasion. These heartfelt moments of togetherness made the event truly special for everyone present. Hinal, the beloved

daughter of Adhar Trustee Mr. Ajay Mehta, marked this beautiful milestone surrounded by love, blessings, and the warmth of the extended Adhar family. The celebration beautifully reflected what Adhar stands for - not just care and support, but a family that celebrates life's special moments together. The Adhar Parivaar warmly congratulates the Mehta and Kapadia families and the new couple and wishes them joy and happiness as they begin this new chapter together.



## Exhibitions:

### ADHAR Product Stall at Axis Bank



On 7th October at Axis Bank, Worli, and on 8th October at Airoli, Adhar's special residents proudly showcased their handcrafted products through engaging exhibitions. These events offered a vibrant platform for our residents to present their creativity, skills, and dedication, while also building confidence through direct interaction with visitors. The exhibitions were warmly received, with attendees appreciating the quality and uniqueness of the products and encouraging our residents for their efforts making the experience both empowering and memorable for everyone involved. Thank You Axis Bank for this opportunity.

### ADHAR Product Stall at HDFC ERGO, Bhandup & Andheri

On 15th October 2025, Adhar's special friends showcased their handcrafted products at the Bhandup and Andheri branches of HDFC ERGO. Their creativity and dedication were warmly appre-

ciated by employees and visitors alike. Adhar extends heartfelt thanks to HDFC ERGO for providing this wonderful platform to celebrate talent and ability.



### ADHAR Product Stall at Inner Wheel Club, Kalyan & Godrej BKC

On 16th October 2025, Adhar Badlapur residents showcased their handcrafted products at two venues the Inner Wheel Club, Kalyan, and a product exhibition stall at Godrej BKC. A wide range of products prepared by our special friends was displayed, reflecting their creativity, patience, and skill. The stalls received warm appreciation and encouraging responses from community members, employees, and visitors. These exhibitions not only boosted the confidence of our residents but also strengthened Adhar's connection with both community groups and corporate partners, promoting inclusion and dignity through meaningful engagement. Thank you Inner Wheel Club Kalyan and Godrej BKC for this opportunity.



## ADHAR Product Stall at BNP Paribas, Thane

On 27th October 2025, Adhar Badlapur organized a product exhibition stall at BNP Paribas, Thane, where residents showcased their handcrafted items. The stall received an encouraging response

from employees, who appreciated the creativity behind each product. We thank BNP Paribas for the support, making the exhibition a meaningful step toward inclusion and empowerment.



## ADHAR Product Stall at Swadeshi Mela, TISS Deonar

On 12th November 2025, our special residents participated in the Swadeshi Mela hosted by the Tata Institute of Social Sciences, Deonar, where they showcased their beautiful handcrafted products. The warm appreciation and strong support

from visitors brought great joy and confidence to our residents, making the experience truly memorable. We sincerely thank CIF India for providing this valuable opportunity to promote inclusion and empower our special friends.



## ADHAR Visit and Employee Engagement

### ADHAR Badlapur: Employee Engagement Visit by Team Apraava Energy

On 17th October 2025, Adhar was delighted to host a special employee engagement visit by the Apraava Energy team. The team spent quality time interacting with our residents, participating in friendly conversations, and encouraging them through warm and positive interactions. During the visit, the team also explored the Adhar campus to understand our facilities, daily routines, and the

various activities that support the overall development and well-being of our special residents. The interaction helped build mutual understanding, empathy, and a connection between the corporate team and the Adhar family. The visit concluded on a happy note, leaving behind smiles, motivation, and memories that will be cherished by both our residents and the visiting team.



## ADHAR Visit's



On 07th October 2025 Ms. Toral Mehta from Dalal Family Foundation visited Adhar Badlapur.



On 11th October 2025 Brahman Seva Samuha Dombivli visited Adhar Badlapur.



On 13th October 2025 Inner Wheel club of Kalyan visited Adhar Badlapur.



On 30th October 2025 Badlapur Podar International School visited Adhar Badlapur.



On 17th November 2025 Dr. Naikwadi Collage of Nursing visited Adhar Nashik.



On 01st December 2025 Adhar Badlapur Parents visited Adhar Nashik.



On 01st December 2025 Mr. Kiran Kaushik and his Wife visited Adhar Nashik.



On 05th December 2025 Dr. Ashok Gavande from Chellaram foundation visited Adhar Badlapur.



On 07th December 2025 Mr. Girish Saive Consultant visited Adhar Satara.



On 10th December 2025 Rotarian Mr. Rajan Dua DG of Rotary visited Adhar Badlapur.



On 12th December 2025 Mr. Shashi Bhushan & Mr. Atul Telange from SBI Foundation visited Adhar Badlapur.



On 13th December 2025 Team PAMAC visited Adhar Badlapur.

## ADHAR Senior Citizen's Home (Our Trusted Home)

Gat No. 286, Pimpalgaon Dukra, Sakur Phata, Ghoti-Sinner Road, Tal.Igatpuri, Dist. Nashik

ADHAR Senior Citizen's Home is fully  
functional from 2<sup>nd</sup> April 2022

### Admissions are Open

#### Charges for Residents:

##### Admission Fees :

- Rs. 1.00 lac Per person for Twin Sharing & Couple ( A twin Sharing room utilized by two occupants or a Couple)
- Rs. 2.00 lac for Single Occupancy ( A twin sharing room utilized by a single occupancy)

##### Security Deposit :

- Rs. 1.00 lac per person

##### \* Monthly Fees :

- Rs. 15000/- for Couple/per person
- Rs. 17000/- for Twin Sharing/per person
- Rs. 25000/- for Single Occupancy

#### Walk-in Residents:

- **Stay Upto 3 Days -**  
Rs. 1500/- Per Person/24 Hrs. (Inc Food)
- **Stay for 1 Week -**  
Rs. 10000/- Per Person/7 Days (Inc Food)
- **Stay for 2 Weeks -**  
Rs. 20000/- Per Person/24 Hrs. (Inc Food)

#### Long Stay (1 Month at a time)

- **Monthly Charges** same as Monthly fees for Residents.

**Age Eligibility : 60 yrs. & above**

For Admission & Information please contact :

**Sharayu Samarth @ 99873 22050**

**Sandesh Sawant @ 74474 76047**

\*Includes all maintenance costs, housekeeping, all meals at the canteen, staff expenses, and other overhead cost.

### How you can Help ADHAR?

- **Donate for the cause:** Your financial contributions will help us provide lifelong care, vocational training and rehabilitation to special individuals.
- **Collaborate through CSR Partnership-** Support projects aiming to provide a meaningful life to special individuals
- **Volunteer Your Time and Skills:** Join us as a volunteer and bring your unique skills to support our residents.
- **Celebrate Your special days** like pre-wedding, anniversary, birthday, foundation day etc. with our special friends.
- **Contribute In-Kind:** Donate essential supplies like grocery, sanitation material medical equipment's, or other resources needed for daily care and comfort of our residents.
- Participate in **events** like the **Tata Mumbai Marathon** to advocate for disability rights
- **Spread the Word** – Raise awareness about Adhar

**Join Us in Making a Difference**

**JOIN US IN MAKING A DIFFERENCE - YOUR SUPPORT COUNTS!  
HOW YOU CAN HELP ADHAR?**

CO-GUARDIANSHIP OF A CHILD (In Multiples)	
1 Month Sponsorship per Resident (INR)	Annual Sponsorship per Resident (INR)
6,000/-	72,000/-

Special Sponsorship	Badlapur	Nashik	Satara
Sponsor a Special Lunch / Dinner	10,000/-	5,000/-	2,000/-
Annual Picnic of Residents	2,50,000/-	1,50,000/-	50,000/-
Annual Medical & Dental Camp	2,50,000/-	1,25,000/-	50,000/-

SPONSORSHIPS (MONTHLY)	
Particulars	Donation Amount
1 Month's Entire Expenses of 1 Resident	23,000/- (In Multiples)
1 Month General Medicine	35,000/-
1 Month Raw Material for Vocational Training Centre	45,000/-
Monthly Outing	21,000/-
1 Month's Cattle Feed for Dairy Project for all Centres	1,50,000/-
1 Month's Expenses for Cleaning & Sanitation for all Centres	1,75,000/-

ADOPTION of ACTIVITIES (Funding Annual Budget)		
Particulars	Amount (INR - Yearly)	
	Badlapur	Nashik
Dining & Kitchen	50,00,000/-	25,00,000/-
Vocational Training Centre	40,00,000/-	28,00,000/-
Medical & Special Care Unit	76,00,000/-	32,00,000/-
Laundry Unit+ Cleaning & Sanitation	25,00,000/-	12,00,000/-
Ladies Dormitory	60,00,000/-	30,00,000/-
Gent's Dormitory	60,00,000/-	30,00,000/-
Dairy Unit	18,00,000/-	10,00,000/-

## BOARD OF TRUSTEES



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Donations to Adhar are exempted under 80(G) of the Income Tax, Adhar can accept Foreign Currency Contribution as per the Registration granted by Government of India Reg. No. 083990108 Cheques/DD to be drawn in favour of " Association of Parents of Mentally Retarded Children "

Edited, Published & Printed by : Mr. Arun Wadhwa, on behalf of Association of Parents of Mentally Retarded Children, 301, Giri Heaven, Hari Niwas Circle, LBS Road, Near Male Hospital, Thane (W) 400602  
Phone: 99205 23427 | 90826 40413



What happens  
after us?  
Who will take  
care of our  
child?



## ADHAR IS THE ANSWER TO CONSTANT WORRY OF THE PARENTS OF INTELLECTUALLY CHALLENGED

ADHAR IS A SAFE HAVEN FOR SPECIAL ADULTS THAT PROVIDES THEM

Dignified  
Living

Opportunity for  
socialization

Happy and  
Meaningful Life

Psychological Relief To  
Their Parents

### OUR STRENGTHS AND ACCOMPLISHMENTS

- Largest institution in India taking life-long care of 400+ specially abled adults
- 1000+ specially abled adults impacted across 18 states of India till date
- 2000 + Parents/Guardians directly supported
- 275+ employment created from rural area, 40% of whom are women
- Adhar has become a Role model for other institutions - 31 year long experience working with specially abled
- Best Parents' Association Award (2006-07) by The National Trust, an autonomous body of Ministry of Social Justice and Empowerment, Government of India
- Best Institution Award 2014 by Ministry of Social Justice & Empowerment, Govt. of India - presented by then Hon. President Shri Pranab Mukherjee
- "Spirit of Humanity Award- 2017" for Excellent Contribution in the field of Disability by AMERICARES India

**Be Their Hope.... Donate Today!**

**Contact: ADHAR - Association of Parents of Mentally Retarded Children**

**Head Office:** 301, Giri Heaven, Hari Niwas Circle, LBS Road, Near Male Hospital,  
Thane (W) 400602, **Phone:** 99205 23427 | 90826 40413

#### Badlapur Project: ADHAR (I)

Thakurwadi, Post Chargaon, Village  
Mulgaon, Off Barvi Dam Road, Badlapur (w)  
421503, Dist: Thane  
Contact: 91+ 9869412311 /+91 89280 05282  
/80 badlapur.admin@adhar.org

#### Nashik Project: ADHAR (II)

Gat No. 286, Village Pimpalgaon (Dukra),  
Ghoti Sinner Road, Sakur Phata, Behind  
Petrol Pump, Tal.- Igatpuri, Dist. - Nashik  
Contact: +91-74474 76047,  
nasik.admin@adhar.org

#### Satara Project: ADHAR (III)

Gat No. 922, Village Harpalwadi, Near  
Karanjoshi, Nagthane, Taluka Karad, Dist.  
Satara - 415014  
Contact: +91 8928005273 / 9823551967  
sushma.markande@adhar.org

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