

ADHAR NEWS - Pulse

Issue-4/ January 2026 to March 2026



ADHAR Marks a New Milestone @TMM 2026



About ADHAR

ADHAR: Special Home For Specially Abled

Adhar is a pioneering non-profit organization committed to providing lifelong care for adults with intellectual disabilities. Since its inception in 1994, Adhar has grown to become one of India's largest and most respected institutions for this purpose, operating three centers in Maharashtra - Badlapur (since Jan 1994), Nashik (since June 2012) & Satara (since April 2024).

Caring for over 435 residents aged 18 to 82; Adhar offers not only a safe and nurturing environment but also fosters significant community impact by creating over 270 jobs in rural areas, including 84 for women. Besides the three centers, Adhar supports two other institutions in Solapur and Jalgaon, aiding economically disadvantaged families. Each year, Adhar directly impacts around 2000 lives across 18 states in India.

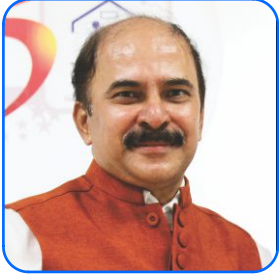


Recognized for its excellence, Adhar was awarded the 'Best Institution in Service to the Disabled' by the Government of India in 2014, with the award presented by then-President Shri Pranab Mukherjee. Through its innovative approach and dedicated service, Adhar continues to be a leading force in enhancing the lives of individuals with intellectual disabilities and setting a benchmark in compassionate care.

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Chairman's Message



Dear Adhar Parivar,

As we step into the new financial year 2026-27, I extend my warm greetings and heartfelt gratitude to all our donors, partners, and well-wishers who have continued to support Adhar's journey.

I would like to share a few steps we have taken in our ongoing effort to support the care and well-being of special individuals and their families. We have recently started RESPITE HOME facility at all our centres to provide temporary care to specially abled individuals when parents or caregivers need a short break from continuous caregiving. We hope this initiative brings reassurance and some relief to families, knowing their loved ones is being cared for in a safe and supportive environment.

At our Satara centre, we have taken a step towards sustainability by installing a solar-powered system with support from BNP Paribas India. At the same time, understanding the socio-economic context of the region, we have reconsidered and reduced the maintenance fees to make our services more accessible to families from agriculture-based backgrounds, whose economic status is relatively lower than in other regions, so that more such special individuals can benefit.

Infrastructure development, along with ensuring quality care, continues to remain a priority. Our two new dormitories for male residents at Badlapur are nearing completion, and soon our 100 residents will move into these modern, well-equipped living spaces that will enhance their comfort and dignity.

While we regret that our esteemed trustee, Mr. K. S. Daryani, popularly known as 'Dadaji' in the Adhar Parivar, has stepped down from his role due to health reasons, we remain deeply grateful for his invaluable contribution to the institution since its

inception, which cannot be overstated or ignored. At the same time, we are delighted to welcome two new trustees who have joined us in our mission Mr. Amit Dutt and Mr. Anil Daryani, son of Mr. Daryani. They bring with them compassion and diverse, strong experience, and we are confident that their guidance will further strengthen our organisation's mission.

I am proud to share that Adhar once again participated in the Tata Mumbai Marathon 2026 for the seventh consecutive year. With the unwavering support of our donors and partners, we have been recognized as an Elite Level NGO- the highest privilege level and recognition an NGO can achieve at TMM-an achievement that belongs to all our supporters.

As we move forward, we remain committed to expanding our impact and continuing our mission of care, inclusion, and empowerment.

Warm regards,
Vishwas Gore
Chairman

GRATITUDE

There is no happiness like knowing that you have made a difference in someone else's LIFE. This happiness we attribute to all the donors, well-wishers and friends who have supported us directly or indirectly over the years. We express our gratitude for their gesture and wish that our association continues in the times to come.

THANK YOU!!

- BOARD OF TRUSTEES

Editorial



Dear Readers,

As we reflect on the first quarter of 2026, what stands out most is not just the scale of activities at Adhar, but the spirit that continues to define everything we do: quiet resilience, collective effort, and a deep commitment to dignity and inclusion.

This quarter marked a defining moment for Adhar with our participation in the Tata Mumbai Marathon 2026, where we proudly achieved the distinction of being the highest fundraiser in the disability category. This milestone is not merely a recognition of numbers; it is a powerful affirmation of the belief that our community—our children, parents, caregivers, corporate partners, and supporters—shares in our mission. Seeing our children participate with confidence, embraced by the energy of the crowd, was a reminder that inclusion is not an aspiration; it is something we are actively building every day.

Beyond this landmark achievement, the quarter has been rich with meaningful progress across our centres. From infrastructure upgrades in Nashik to the establishment of a Special Care Centre and ambulance support in Satara, each step strengthens our ability to provide a safer, more supportive, and nurturing environment. These developments may appear operational on the surface, but at their core, they represent enhanced care, improved dignity, and better quality of life for our residents.

Equally heartening has been the vibrant participation of our children in a wide range of activities: sports days, competitions, cultural celebrations, and community events. Whether it was running marathons, dancing on stage, preparing dishes in competitions, or simply celebrating festivals together, each moment contributed to building confidence, joy, and a sense of belonging.

For many of us as parents, these moments go even deeper. In these activities, in the laughter that fills the campus, and in the everyday interactions we witness, it often feels like we are part of a normal school environment—something that every parent wishes for. The activities and the atmosphere at Adhar are full of happy laughter, warmth, and genuine care. It is this environment that makes Adhar truly special.

What also stands out this quarter is the growing engagement from the larger community. Visits from corporates, institutions, and well-wishers have added a new dimension to our journey. These interactions go beyond support; they build understanding, empathy, and long-term partnerships that are essential for sustained impact.

At Adhar, we have always believed that care is not just about providing facilities; it is about creating an ecosystem where every individual feels valued, empowered, and included. This quarter reinforces that belief. The progress we see today is the result of consistent effort over years, and the trust placed in us by our extended family.

As we move forward, our focus remains clear: to deepen our impact, expand our reach, and continue building a world where every child is given the opportunity to live with dignity and purpose.

We thank each one of you for being an integral part of this journey. Your support, in every form, continues to make a meaningful difference.

Together, let us keep building not just an institution but a community of care, compassion, and inclusion.

**Warm regards,
Arun M. Wadhwa**

Key Highlights of the Quarter

ADHAR Marks a Milestone @Tata Mumbai Marathon 2026

On 18th January 2026, Team Adhar came together at the Tata Mumbai Marathon 2026 with a large and diverse group of special adults, staff members, corporate partners, individual donors, and supporters, reflecting the strength of a growing and inclusive movement.

Running alongside thousands of participants, our special adults experienced the true spirit of the marathon receiving encouragement from the crowd, engaging with the larger community, and confidently representing their abilities on a national platform. Their determination and enthusiasm stood as a testament to the continuous efforts at Adhar towards building confidence, independence, and overall development.

A Milestone Achievement

This year marked a significant milestone as Adhar attained the Elite Level, emerging as the highest fundraiser in the disability category at the Tata Mumbai Marathon. This achievement highlights not only the scale of participation but also the strong belief and support extended by our corporate partners, individual donors, and well-wishers who continue to stand by our mission.

The collective effort of runners, supporters, and partners transformed this participation into a meaningful journey that goes beyond the event itself strengthening awareness, inclusion, and long-term impact.



A heartfelt THANKS to the selfless **Runners**, Dedicated **Supporters**, Incredible **Fundraisers**, and the proud Adhar **Parents** and our **Special Friends** who made this event truly meaningful for **Adhar**. Your perseverance, enthusiasm, and generosity are an inspiration to us all!

A huge thank you to our 9 corporate teams for your incredible support over the last 4 consecutive years.

Sr.No.	Corporate Supporters
1	HDFC ERGO General Insurance Co. Ltd.
2	Godrej Enterprises Group
3	e-Emphasys Systems Pvt. Ltd.
4	Resowhiz Biz Solutions Private Limited
5	TeamSpace Financial Services Pvt. Ltd.
6	Zeel Infotech Private Limited.
7	PAMAC Finserve Pvt. Ltd.
8	Envisage Insights LLP.
9	Harmony Family Trust

A key highlight of the quarter, this milestone reinforces Adhar's commitment to creating inclusive opportunities and driving meaningful change in the lives of our special adults.

ADHAR Welcoming our New Trustee's

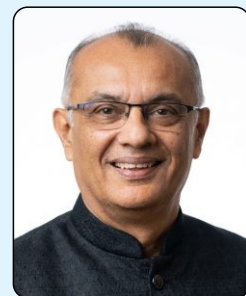


Welcome Mr. Anil Daryani

We are delighted to welcome Mr. Anil Daryani as a Trustee at Adhar. A graduate in Mechanical Engineering from Mumbai University and a Master of Science in Industrial Engineering from Georgia Tech, Atlanta, he has built a distinguished career as the Founder and Managing Director of Kunhar Peripherals Pvt. Ltd. Since 1990, he has successfully led the company's growth in the manufacturing and distribution of power backup and home audio products under the ARTIS brand. Alongside his entrepreneurial journey, he has also been an active member of business and entrepreneurial networks. He is the son of Mr. K.S. Daryani, Trustee at Adhar, and we are proud to see the legacy being carried forward. We are confident that his blend of business acumen and community involvement will bring valuable perspective to Adhar's mission. and we extend him a warm welcome to the organisation.

Welcome Mr. Amit Dutt

We are pleased to welcome Mr. Amit Dutt as a Trustee at Adhar. A Chartered Accountant from the Institute of Chartered Accountants of India and a Commerce graduate from the University of Mumbai, he brings over three decades of experience in finance and banking. His career includes long tenures in finance sector where he held senior leadership positions and retired as Managing Director- Network & International Banking with a leading multinational banking and financial services company in year 2025. He currently serves as a Consultant and Advisor to a leading multinational organisation. Along with his professional expertise, his compassion for the cause further strengthens his association with Adhar. His extensive experience and empathetic outlook will be invaluable in supporting Adhar's vision, and we extend him a warm welcome to the organisation.



ADHAR Testimonials

On behalf of our students and institution,

I would like to express our sincere gratitude for allowing our students to visit your center.

The visit was truly a great and enriching experience for all of us. Our students gained valuable insights, developed a deeper sense of empathy, and were inspired by the strength, resilience, and positivity of the individuals at your center. It was not only an educational visit but also a meaning-

ful life lesson that will stay with them for a long time.

We deeply appreciate your warm welcome, guidance, and the time you dedicated to making this visit so impactful.

Thank you once again for your support and cooperation. We look forward to future opportunities to collaborate.

Sayali Jadhav
Coordinator

Arogya Yoga & Naturopathy Institute

ADHAR Testimonials

A HOME

A home away from home.

A trusted home for senior citizens.

As they say, life is a journey full of experiences, and we recently went through one ourselves. After retirement, when children move abroad, one often wishes to spend time with grandchildren, but situations change.

During this time, we visited 7–8 different places, gathered information, and finally found a safe and reliable place.

That place is truly a trusted home for senior citizens. Located in the scenic surroundings of Nashik district, this facility is run by the Association of Parents of Mentally Retarded Children, an organization doing remarkable social work.

Here, meals including tea, breakfast, and lunch are provided at very reasonable rates. We personally experienced the services and found the arrangements extremely satisfactory.

The residential facilities are well-maintained, clean, and comfortable. Each resident is provided

with a separate, neat room with proper hygiene standards.

Facilities include bed tea, blankets, a small fridge, TV, AC, and 24-hour hot water. In addition, there is CCTV security, police verification, and regular provision of tea, coffee, and other refreshments.

For relaxation and recreation, there is a small garden, seating areas, and spaces where residents can interact freely and spend quality time together.

The entire arrangement is highly satisfactory, with 24-hour support available. We stayed here for a month and experienced the warmth, care, and personal attention provided by the staff.

We truly feel that senior citizens can live here comfortably and securely. Having personally experienced this place, we can say it is a trustworthy and caring environment.

We extend our best wishes to everyone who chooses to begin a new phase of life here.

Shri Asharam Harishchandra Pandit (Age 84)
Shri Harishchandra Shankar Pandit (Age 86)

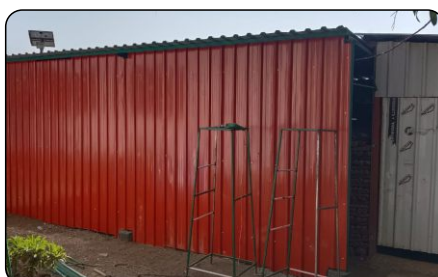
ADHAR Nashik: Infrastructural Upgrades

Adhar Nashik has successfully completed a significant infrastructure upgrade with the support of **Gyan Prakash Foundation**, further strengthening the centre's overall facilities.

As part of this development, a car parking shed, a Go-cast shed, and a dedicated storeroom have been constructed. These additions were made to

enhance functionality, improve organization, and centralize inventory and operations. The upgraded infrastructure provides better support for both residents and staff while improving day-to-day efficiency.

These improvements contribute to a more organized and functional environment at the centre.



Activities & Celebrations

ADHAR Badlapur: Participates in Triumph Run Carnival

On 4th January 2026, our special friends from Adhar Badlapur participated in the Triumph Run Carnival held at Thane. The event was filled with energy and excitement, giving the children an

opportunity to actively engage in a lively and encouraging environment. Parents also joined in and enjoyed the event alongside their children, making it a joyful experience for all.



ADHAR Badlapur: Participates in Cooking Competition

On 6th January 2026, our special friends participated in a cooking competition organized by AWHAN Palak Sangh at Dadar. Despite only three institutions taking part, the enthusiasm of our residents was truly remarkable. The event gave them an opportunity to explore a new place, engage in a creative activity, and enjoy the outing,

making it a meaningful experience. Our special residents prepared a variety of dishes including Nimbu Sabja Shikanji by Nikhil Shanbhag, Classic Basket Chaat by Rita Baid, Rajwadi Dahi Chaat by Jignesh Modi, and Crunchy Papad Magic by Vandana, making the experience enjoyable and memorable for all.



ADHAR Satara: Solar Setup Initiative

At Adhar Satara, a solar power setup was successfully installed with the support of **BNP Paribas India**. This initiative promotes sustainable energy usage and marks an important step towards an eco-friendly future. It also supports efficient resource management and reduces dependence on conventional energy sources, contributing to a cleaner and greener environment at the centre.



ADHAR Badlapur: Annual Sports Day

On 7th January 2026, the special friends of Adhar Badlapur celebrated their Annual Sports Day with great joy and enthusiasm at Jagannath Krida Sankul. The event provided a wonderful platform for the children to participate in various activities, encouraging teamwork, confidence, and a spirit of

healthy competition. We are deeply grateful to Mayur Pisekar, who generously offered his turf at no cost, making this memorable day possible for our children. His thoughtful gesture and support contributed immensely to creating a joyful and enriching experience for all.



ADHAR Badlapur: Celebrates Anniversary with Special Adults

On 10th January 2026, Mr. Shivdas Nair from Transrail Lighting Ltd. visited the Adhar Badlapur campus to celebrate his anniversary with our special adults. He was accompanied by his wife and daughter, making the occasion even more special. During the visit, the family enjoyed a lively

dance performance presented by the residents and celebrated the occasion by cutting a cake with them. He also generously sponsored a special lunch for all the residents. The celebration was full of happiness and warmth, leaving behind cherished memories for everyone.



ADHAR Nashik: Participates in Nashik Run 2026

On 10th January 2026, 14 special friends from Adhar Nashik participated in the 24th Nashik Run 2026. The event was made possible through the generous support of the parents of Ku. Sandesh Walke, Mr. & Mrs. Mali, along with Epiroc Mining India Limited.

We are grateful to Katrina, who joined the mara-

thon alongside our special friends, offering encouragement and support throughout. The participants embraced the vibrant and energetic atmosphere, enthusiastically joined in group dance activities, and were felicitated on stage by the Nashik Run management making it a proud and unforgettable experience for everyone.



ADHAR Satara: Special Care Centre & Ambulance Support

At Adhar Satara, a fully equipped Special Care Centre has been set up with the generous support of **Fine Organic Industries Ltd**.

The initiative also includes an ambulance facility, ensuring timely medical support and enhanced care for our special friends, strengthening the centre's overall healthcare infrastructure.



ADHAR Nashik: Participates in MPV Run 2026

On 11th January 2026, 14 special friends and 7 staff members from Adhar Nashik participated in the 15th State & 10th National Level Nashik MPV Run 2026, organized by Maratha Vidya Prasarak

Kendra. Our Special Friends enjoyed the energetic and sporty atmosphere and actively took part in group dance, making it a joyful and engaging experience.



ADHAR Centers: Celebrates Makar Sankranti

On 14th January 2026, Makar Sankranti was celebrated with great joy and enthusiasm across Adhar Badlapur, Nashik, and Satara centres. At Adhar Badlapur and Nashik, the day was marked by traditional festivities as our special friends enjoyed flying kites and sharing tilgul laddo,

spreading happiness and togetherness. At Adhar Satara, the celebration was made more vibrant with energetic dance performances by our special friends, adding to the festive spirit. The celebrations across all centres brought smiles, joy, and a strong sense of togetherness.



ADHAR Nashik: Cricket Tournament 2026

On 21st January 2026, Adhar Nashik organized Cricket Tournament 2026 with active participation from staff and special friends, making it an energetic and enjoyable event for all.



ADHAR Centers: Celebrates 77th Republic Day

On 26th January 2026, the 77th Republic Day was celebrated with pride across all Adhar centres with flag hoisting and a spirit of unity and patriotism. At Adhar Badlapur, the celebration was held in the presence of trustees and parents, followed by dance performances and a parents' meeting. Residents were also honoured with medals for vocational training, Annual Sports Day, and draw-

ing competition, recognizing their achievements. At Adhar Nashik, the campus was filled with energy through dance performances, spreading joy among residents and staff. At Adhar Satara, children showcased their creativity by making a clay model of a fort, reflecting teamwork and patriotic spirit. The day was filled with pride, joy, and recognition of every effort and achievement.



ADHAR Badlapur: Birthday Celebration by Go-Dharmik Team

On 31st January 2026, the team from Go-Dharmik visited Adhar to celebrate the birthday of their Trustee, Ms. Madhavi Vora. The celebration was

marked with warmth as our special friends cut the cake on behalf of Madhavi Madam, making the occasion joyful and memorable.



ADHAR Badlapur: Participates in Udaan Dance Competition

On 1st February 2026, special friends from Adhar Badlapur participated in the Udaan Dance Competition, where they performed on retro songs. The performance was filled with energy and enthusiasm, making it an enjoyable experience for all.



ADHAR Satara: Wada Pav Treat Sponsored by Chairman

On 7th February 2026, a joyful Wada Pav party was organized at Adhar Satara, generously sponsored by our Chairman, Shri Vishwas Gore Sir. Our special friends enjoyed the delicious treat together,

creating moments filled with happiness, laughter, and togetherness, making the day even more special. The thoughtful gesture brought smiles to everyone.



ADHAR Badlapur: Valentine's Day Celebration

On 14th February 2026, Valentine's Day was celebrated at Adhar Badlapur with music, warmth, and togetherness. The evening featured a performance by the SwarSadhana Karaoke Group, setting a joyful and engaging tone for the celebration. Special Residents, staff, and guests came together to share smiles, sing along, and enjoy the festive spirit. The interactive nature of the perfor-

mance encouraged participation, making the event inclusive and lively. At Adhar, the day is celebrated as an expression of universal love bringing together friends, caregivers, and the community, and strengthening a sense of connection and belonging. The celebration concluded with appreciation to the SwarSadhana Karaoke Group and the Adhar team for making the evening special.



ADHAR Badlapur: Participation in Special Sports Day, Andheri

On 18th February 2026, our special residents participated in a Special Sports Day organized by My Achievers Trust and Sports For Unique Athletes at Andheri Sports Ground, Mumbai. Our special friends delivered an outstanding performance,

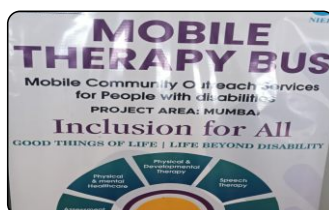
winning 2 Gold, 2 Silver, and 4 Bronze medals, making us proud and celebrating their achievements. The event was a wonderful platform that promoted confidence, inclusion, and the true spirit of sportsmanship.



ADHAR Badlapur: Awareness Session on Good Touch, Bad Touch & Hygiene

On 25th February 2026, an awareness session on Good Touch, Bad Touch, and hygiene was conducted at Adhar Badlapur through a mobile van initiative.

The session helped our special friends understand personal safety and hygiene in a simple and engaging manner, making it an informative and meaningful experience.



ADHAR Centers: Short Weekly Outings

Between February and March, special residents and staff from Adhar centres participated in a series of short outings that combined recreation with meaningful experiences. At Adhar Badlapur, visits to Kanhor Gajanan Temple and Mulgaon Khandoba Temple during the annual Jatra included short treks and temple darshan, offering both enjoyment and active engagement. In addition, children from Dormitory No. 3 visited Karav Sai Mandir for a short picnic, where they spent quality time together and experienced a peaceful and refreshing environment. At Adhar Nashik, 14

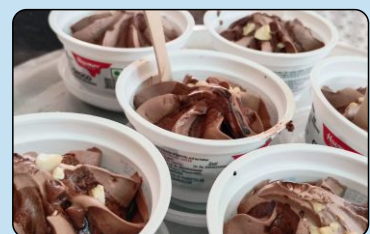
special friends and 7 staff members visited Akhil Bhartiya Shree Swami Samarth Guru Peeth, Trimbakeshwar Jyotirling Mandir, and Shri Navnath Mandir. The visit offered a peaceful and fulfilling experience for all. At Adhar Satara, a visit to the Shiv Temple at Harpalwadi on the occasion of Mahashivratri provided a calm and spiritually enriching experience, where prayers were offered in a peaceful setting. These outings provided a welcome change from routine, encouraging togetherness, participation, and overall well-being across centres.



ADHAR Centers: Ice Cream Party

Ice Cream Parties were organised every month across all Adhar centres - Badlapur, Satara, and Nashik.

Our special friends had a delightful time enjoying their favourite treats, sharing joy and laughter, making it a fun-filled and refreshing experience for everyone.



ADHAR Nashik & Satara: Holi Celebration

On 3rd March 2026, Holi was celebrated with enthusiasm at Adhar Nashik and Satara centres. At Nashik, our special friends enjoyed playing with

colours, while at Satara, the festival was marked with Holika Dahan. The celebrations brought joy, togetherness, and festive spirit to everyone.



ADHAR Badlapur: International Women's Day Celebration

On 9th March 2026, International Women's Day was celebrated at Adhar Badlapur with enthusiasm. Our special women, along with women staff

members, presented dance performances, creating an atmosphere of joy, confidence, and empowerment, making the celebration memorable.



ADHAR Nashik: Gudi Padwa Celebration



On 19th March 2026, Adhar Nashik marked the occasion of Gudi Padwa with joy and traditional spirit. The campus was filled with festive energy as the gudi was raised, symbolizing prosperity and new beginnings. Our special friends and staff came together to observe the occasion, creating a positive and cheerful atmosphere. The celebration reflected cultural values while bringing a sense of togetherness and fresh beginnings at the centre.

ADHAR Centers: Holi Colour Making Initiative

Across all Adhar centres, a Holi colour-making activity has been initiated this holi with the support of Craftizen Foundation. Residents are actively engaged in preparing eco-friendly colours using flower petals, making the celebration creative, meaningful, and environmentally conscious. The entire process—sorting flowers, removing petals, drying, powder making, and packaging served as a hands-on learning experience, which residents are thoroughly enjoying.



ADHAR Badlapur: Male Special Care Unit Supported by Sanjeev Widge Welfare Trust

Adhar sincerely thanks Sanjeev Widge Welfare Trust for their valuable support towards the Male Special Care Unit at Adhar Badlapur.

Your contribution has helped strengthen our facilities and improve the care provided to our residents. We truly appreciate your support and trust in our mission.



ADHAR Centers: Annual Preventive Health Check-up Camp

On 28th and 29th March 2026, Adhar conducted Annual Health Check-up Camps across its centres, prioritizing the health and well-being of special friends and staff members. The camp was held at Adhar Satara on 28th March, followed by Adhar Badlapur and Nashik on 29th March 2026. The camps were supported by medical teams from

Matrix Hospital (Badlapur), Shree Maulii Multi-speciality Hospital (Nashik), and Metropolis Healthcare Ltd. (Satara). All children and staff members underwent health check-ups and received appropriate medical guidance. The initiative was coordinated by the respective medical officers and their teams across all centres.



Exhibition:

ADHAR Centers: Annual Preventive Health Check-up Camp

On 13th February 2026, an exhibition was held at Times Square, Andheri on the eve of Valentine's Day. The event received a warm and encouraging response from visitors, who appreciated the creativity, effort, and presentation of the displays. The exhibition created an engaging and lively environment, drawing attention to the work showcased and generating positive interactions throughout the day. It proved to be a rewarding and fulfilling experience for everyone involved.



ADHAR Visit and Employee Engagement

ADHAR Badlapur: Employee Engagement Visit by Team Johnson & Johnson

On 18th March 2026, Adhar Badlapur was pleased to welcome Mr. Pushkar Kulkarni, General Manager - India & South Asia, Johnson & Johnson, along with the Senior Management Team. During the visit, the team toured our campus and interacted with our special adults. They appreciated their abilities, daily activities, and progress, and

also acknowledged the dedicated efforts of team and the meaningful work being carried out at Adhar, which is reflected in the smiles on our residents' faces. Adhar is grateful for this visit, which concluded on a warm and encouraging note. It has further strengthened our association and paved the way for continued collaboration.



ADHAR Visit's



On 14th January 2026 Budhrani Trust visited Adhar Badlapur.



On 22nd January 2026 Giants Group of Ghatkopar and Vasind visited Adhar Badlapur.



On 6th February 2026 Mr. Jivan Kayande President MSSO, Toronto, Canada visited Adhar Badlapur.



On 24th February 2026 Animedh Charitable Trust visited Adhar Badlapur.



On 27th February 2026 Dr. Ashok Gawande from Chellaram Foundation visited Adhar Badlapur.



On 16th March 2026 Mr. Shirish and Kaustubh visited Adhar Satara.



On 17th March 2026 Bondioli and Pavesi visited Adhar Satara.



On 30th March 2026 Mr. Vijay Panchwatkar and Rakesh Jain from BNP Paribas visited Adhar Nashik.

ADHAR Senior Citizen's Home (Our Trusted Home)

Gat No. 286, Pimpalgaon Dukra, Sakur Phata, Ghoti-Sinner Road, Tal.Igatpuri, Dist. Nashik

ADHAR Senior Citizen's Home is fully
functional from 2nd April 2022

Admissions are Open

Charges for Residents:

Admission Fees :

- Rs. 1.00 lac Per person for Twin Sharing & Couple (A twin Sharing room utilized by two occupants or a Couple)
- Rs. 2.00 lac for Single Occupancy (A twin sharing room utilized by a single occupancy)

Security Deposit :

- Rs. 1.00 lac per person

* Monthly Fees :

- Rs. 15000/- for Couple/per person
- Rs. 17000/- for Twin Sharing/per person
- Rs. 25000/- for Single Occupancy

Walk-in Residents:

- **Stay Upto 3 Days -**
Rs. 1500/- Per Person/24 Hrs. (Inc Food)
- **Stay for 1 Week -**
Rs. 10000/- Per Person/7 Days (Inc Food)
- **Stay for 2 Weeks -**
Rs. 20000/- Per Person/24 Hrs. (Inc Food)

Long Stay (1 Month at a time)

- **Monthly Charges** same as Monthly fees for Residents.

Age Eligibility : 60 yrs. & above

For Admission & Information please contact :

Sharayu Samarth @ 99873 22050

Sandesh Sawant @ 74474 76047

*Includes all maintenance costs, housekeeping, all meals at the canteen, staff expenses, and other overhead cost.

How you can Help ADHAR?

- **Donate for the cause:** Your financial contributions will help us provide lifelong care, vocational training and rehabilitation to special individuals.
- **Collaborate through CSR Partnership-** Support projects aiming to provide a meaningful life to special individuals
- **Volunteer Your Time and Skills:** Join us as a volunteer and bring your unique skills to support our residents.
- **Celebrate Your special days** like pre-wedding, anniversary, birthday, foundation day etc. with our special friends.
- **Contribute In-Kind:** Donate essential supplies like grocery, sanitation material medical equipment's, or other resources needed for daily care and comfort of our residents.
- **Participate in events** like the **Tata Mumbai Marathon** to advocate for disability rights
- **Spread the Word** – Raise awareness about Adhar

Join Us in Making a Difference

**JOIN US IN MAKING A DIFFERENCE - YOUR SUPPORT COUNTS!
HOW YOU CAN HELP ADHAR?**

CO-GUARDIANSHIP OF A CHILD (In Multiples) w.e.f from 1st April 2026	
1 Month Sponsorship per Resident (₹)	Annual Sponsorship per Resident (₹)
7,000/-	84,000/-

Special Sponsorship (₹)	Badlapur	Nashik	Satara
Sponsor a Special Lunch / Dinner	10,000/-	5,000/-	2,000/-
Annual Picnic of Residents	2,50,000/-	1,50,000/-	50,000/-
Annual Medical & Dental Camp	2,50,000/-	1,25,000/-	50,000/-

SPONSORSHIPS (₹ - MONTHLY)	
Particulars	Donation Amount
1 Month's Entire Expenses of 1 Resident	25,000/- (In Multiples)
1 Month General Medicine	35,000/-
1 Month Raw Material for Vocational Training Centre	45,000/-
Monthly Outing	21,000/-
1 Month's Cattle Feed for Dairy Project for all Centres	1,50,000/-
1 Month's Expenses for Cleaning & Sanitation for all Centres	1,75,000/-

ADOPTION of ACTIVITIES (Funding Annual Budget)		
Particulars	Amount (₹ - Yearly)	
	Badlapur	Nashik
Dining & Kitchen	50,00,000/-	25,00,000/-
Vocational Training Centre	40,00,000/-	28,00,000/-
Medical & Special Care Unit	76,00,000/-	32,00,000/-
Laundry Unit+ Cleaning & Sanitation	25,00,000/-	12,00,000/-
Ladies Dormitory	60,00,000/-	30,00,000/-
Gent's Dormitory	60,00,000/-	30,00,000/-
Dairy Unit	18,00,000/-	10,00,000/-

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Donations to Adhar are exempted under 80(G) of the Income Tax, Adhar can accept Foreign Currency Contribution as per the Registration granted by Government of India Reg. No. 083990108 Cheques/DD to be drawn in favour of " Association of Parents of Mentally Retarded Children "

Edited, Published & Printed by : Mr. Arun Wadhwa, on behalf of Association of Parents of Mentally Retarded Children, 301, Giri Heaven, Hari Niwas Circle, LBS Road, Near Male Hospital, Thane (W) 400602
Phone: 99205 23427 | 90826 40413



What happens
after us?
Who will take
care of our
child?



ADHAR IS THE ANSWER TO CONSTANT WORRY OF THE PARENTS OF INTELLECTUALLY CHALLENGED

ADHAR IS A SAFE HAVEN FOR SPECIAL ADULTS THAT PROVIDES THEM

Dignified
Living

Opportunity for
socialization

Happy and
Meaningful Life

Psychological Relief To
Their Parents

OUR STRENGTHS AND ACCOMPLISHMENTS

- Largest institution in India taking life-long care of 400+ specially abled adults
- 1000+ specially abled adults impacted across 18 states of India till date
- 2000 + Parents/Guardians directly supported
- 275+ employment created from rural area, 40% of whom are women
- Adhar has become a Role model for other institutions - 32 year long experience working with specially abled
- Best Parents' Association Award (2006-07) by The National Trust, an autonomous body of Ministry of Social Justice and Empowerment, Government of India
- Best Institution Award 2014 by Ministry of Social Justice & Empowerment, Govt. of India - presented by then Hon. President Shri Pranab Mukherjee
- "Spirit of Humanity Award- 2017" for Excellent Contribution in the field of Disability by AMERICARES India

Be Their Hope.... Donate Today!

Contact: ADHAR - Association of Parents of Mentally Retarded Children

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Thane (W) 400602, **Phone:** 99205 23427 | 90826 40413

Badlapur Project: ADHAR (I)

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421503, Dist: Thane
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Nashik Project: ADHAR (II)

Gat No. 286, Village Pimpalgaon (Dukra),
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Satara Project: ADHAR (III)

Gat No. 922, Village Harpalwadi, Near
Karanjoshi, Nagthane, Taluka Karad, Dist.
Satara - 415014
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